



2023

**SRC VIRTUAL
CONFERENCE**

**“A PREPARED
PLACE FOR
PREPARED
PEOPLE”**

**NOVEMBER
8TH - 9TH**

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TABLE OF CONTENTS

Sponsors	pg 4
Day of Program	pg 5
Workshop Descriptions	pg 6-9
Sponsor Highlights	
Senior Star Sponsors	pg 10-13
Webinar Champion Sponsors	pg 14
National Caregiver Month Spotlight	pg 15
Exhale Spotlight	pg 16-17
CTCC Caregiver Coalition Spotlight	pg 18
I Am Senior Strong Award Nominees	pg 19-25
Facilitator and Panelist Biographies	pg 26-29
	<u>click HERE for a list of each speakers contact info</u>

SPONSORS



Serving Detroit, Hamtramck,
Harper Woods, Highland Park
and the five Grosse Pointes



click each logo to visit their website



SRC VIRTUAL CONFERENCE

“A Prepared Place for Prepared People”

November 9, 2023

2
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3

8:45 am

Event Opening Announcements

Welcome from Congresswoman Rashida Talib

9:00am

What You Should Know About Housing

Lakeshore Legal Aid

10:15am

Preparing a Place Housing Panel

Moderator: Phyllis Edwards - Bridging Communities
Tonya Phillips - Right to Counsel
Matthew A. Tommelein - Community Home Supports
Donald Rencher - City of Detroit Housing

11:45am

Visit Vendor Gallery

12:00pm

I Am Senior Strong Award Presentation

Presenter: Laurie Arora- PACE Southeast Michigan

Sponsorship Announcements

12:15pm

Lunch

Visit Vendor Gallery

12:45pm

Announcement Video

Representative Ericka Geiss

1:00pm

Older Adults, Incarceration, & Housing

Dr. Rodlescia Sneed

2:15pm

Visit Vendor Gallery

2:30pm

Future Housing Options - The Prepared People!

Moderator: Phyllis Edwards - Bridging Communities
Whitney Moyer - Commonwealth Care Alliance
Erica Thrash- Sall - Horizon House, Seattle Washington
Tom Woodman - Citizens Robotics

3:45pm

Closing Remarks

WORKSHOP DESCRIPTIONS

Day 1

CEO BREAKFAST

Rise and shine CEOs! Grab yourself a cup of coffee and a snack on us for this CEO Breakfast event! You will be able to network with other organizations and learn valuable information to help your organization with succession planning.

QPR SUICIDE PREVENTION TRAINING

QPR stands for **Question, Persuade, and Refer.**

Three simple steps that can save a life!!!

Trainees will learn the risk factors and warning signs of suicide and how to respond to someone in crisis. Trainees will understand suicidal communications and learn which groups are most at risk. Trainees will receive a QPR booklet and wallet card as a review and resource tool. Additionally, 2 CE hours are approved for social workers.

WORKSHOP DESCRIPTIONS

Day 2

WHAT YOU SHOULD KNOW ABOUT HOUSING

Join Lakeshore Legal aid as they discuss all things legal as it pertains to housing. Lakeshore legal aid provides a variety of legal options for seniors regarding housing. Come take a listen as they give details on housing diversion, evictions, landlord/tenant matters and more. Bring your questions as they kick off the full day conference and set the tone for your learning experience.

PREPARING A PLACE

This unique panel discussion will focus on housing solutions for seniors (& others) that are unhoused or facing being unhoused in and throughout Southeast Michigan. This session highlights options and resources found at the local and state level from a variety of organizations that support housing initiatives and development.

WORKSHOP DESCRIPTIONS

Day 2

I AM SENIOR STRONG AWARD sponsored by PACE Southeast Michigan

Inspiration starts here. More than 2.2 million strong, Michigan seniors built the communities we call home, raised a generation and each day they continue to grow, learn and serve. Volunteers, mentors, leaders, elders, teachers, artists, students, athletes, advocates. Now is the time to tell their stories! Sponsored by PACE Southeast Michigan, we honor local seniors who are everyday heroes serving the community with true strength and continue to do great work across our state with no intentions of slowing down - making our corner of the world a better place.

OLDER ADULTS, INCARCERATION & HOUSING

This justice and housing focused workshop will keep you thinking as Dr. Sneed discusses justice-system involvement among older adults and the factors that contribute to the more than 280% increase over the last 2 decades. She will describe factors that contribute to this increase; while describing the barriers that justice-involved older adults face upon community reentry; along with probably solutions for consideration.

THE PREPARED PEOPLE

This workshop highlights innovative yet affordable housing solutions for the unhoused and those facing such a situation. This session will consider these solutions as to how they affect seniors and their unique housing needs. This session will highlight: Intergenerational housing, the Home Sharing model and Tiny Home Communities.

SENIOR STAR SPONSOR



I Am Senior Strong Award Sponsor

PACE SOUTHEAST MICHIGAN
Keeping Seniors Independent

PACESEMI.ORG | (855) 445-4554



Providing comprehensive, coordinated care to aging adults who wish to remain in their own home and the community through:

- Primary Care
- Transportation
- Day Centers
- Home Care
- Physical and Occupational Therapy
- Behavioral Health
- Medications
- Socialization
- And much more!

CARING FOR AGING ADULTS IN
WAYNE, OAKLAND, AND
MACOMB COUNTIES



LIVING AT HOME: YOUR GOAL, OUR PRIORITY

SENIOR STAR SPONSOR



BRINGING WELLNESS TO LIFE

Welcome to All Well-Being Services! At All Well-Being Services (AWBS), we are committed to improving the lives of the people we serve. We provide a variety of therapeutic, prevention, and vocational experiences to adults, children and their families. At AWBS we are committed to helping people by offering them quality health and human services.

OUR MISSION

To meet the needs of individuals, families, and communities by providing integrated health services which foster well-being and self-sufficiency.

SENIOR STAR SPONSOR



COMPANY PROFILE



ABOUT COMMONWEALTH CARE ALLIANCE

Headquartered in Boston, Commonwealth Care Alliance® (CCA) is a not-for-profit, integrated care system influencing innovative models of complex care nationwide. Mission-based and person-centered, CCA is singularly focused on sustainable and evidence-based healthcare breakthroughs that fill important gaps in care and improve the health and well-being of people with significant needs.

The CCA *uncommon care*® model is consistently recognized as one of the best in the country at finding and engaging traditionally hard-to-reach individuals. It includes a community focus to ensure the most appropriate site of care, seamless integration of care coordination, care delivery, and innovation to address members' unmet needs, particularly related to social factors that impact care, such as food, housing, and transportation.



ESTABLISHED IN
2003



HEADQUARTERED IN
BOSTON, MA



1,967
EMPLOYEES
62.5% clinical



100,000+
INDIVIDUALS SERVED



\$2.5B
ANNUAL REVENUE
(projected 2022)

SENIOR STAR SPONSOR



Presbyterian Villages of Michigan

REPOSITIONING COMMUNITIES FOR THE FUTURE

Serving over **7,500** seniors!

OPERATIONS



COMMUNITIES

Presbyterian Villages of Michigan manages and/or own **29 communities** through Michigan's lower peninsula.

HOUSING SERVICES

- ✓ Independent Living
- ✓ Memory Care
- ✓ Assisted Living
- ✓ Skilled Nursing
- ✓ Life Plan Community
- ✓ Green Houses
- ✓ Service Coordinators

COMMUNITY EXPANSIONS

The Birches
Perry Farm Village

Harbor Inn
The Village of East Harbor

CAMPAIGN FOR THE AGES

An innovative model of housing and services

FLINT
McFarlan Villages

WESTLAND
The Village of Westland

PONTIAC
The Village of Oakland Woods

FORT GRATIOT TOWNSHIP
The Village of Lake Huron Woods



WEBINAR CHAMPION SPONSORS

CEO Networking Breakfast



Serving Detroit, Hamtramck,
Harper Woods, Highland Park
and the five Grosse Pointes

QPR Suicide Prevention Training Continuing Education

URBANAGING NEWS
Urban Aging L3C FREE Issue 22 | FALL 2020
Info, Insight & Inspiration for Metro Detroit's Maturing Adults

- See past issues
- Discover elder care resources
- Sign up for new issue alerts
- Explore advertising

Visit Our Website
www.URBANAGINGNEWS.COM

NATIONAL CAREGIVER MONTH

National care Celebrated every November, National Family Caregivers Month (NFCM) is a time to recognize and celebrate family caregivers across the nation. It provides an opportunity to raise awareness that comes with caregiving and obstacles that come with caring for someone

Caregiver Resources

**Detroit Area Agency on
Aging
Crystal White, Caregiver
Support
Coordinator
313-446-4444, ext. 5288
313-920-4153,
whitecr@daaa1a.org**

***Hannan Center
Melissa Draughn, LMSW,
Director of Social Work
313-833-1300, ext. 40
mdraughn@hannan.org
www.nextshiftdetroit.com***

**Henry Ford Health System
C.A.R.E.
Program
Veronica Bilicki, R.N.,
Shawn Bennis MSN, RN
C.A.R.E. Program Specialists
(866) 574-7530
www.henryford.com/family
caregivers**

**Universal Dementia Caregivers
Paula Duren, PhD, Director
248-509-4357
info@universaldementia.org
www.universaldementia.org**



Introducing Exhale – The Family Caregiver Initiative

WHAT IT IS: Exhale is a training and funding opportunity for organizations to reimagine and create family caregiver respite programs that are caregiver-informed and community-based.

WHAT'S HAPPENING: Register now for the Exhale workshop series that begins January 25th! Info sessions on Dec. 12 and Jan. 8 will help organizations assess their interest in Exhale participation, find out more about the program, hear from current Washtenaw County Exhale teams, and get ready for the workshop series (required to be eligible for project funding).

WHY MICHIGAN: Michigan has a rapidly growing aging population. More than 25% of our population is over age 60; residents who are over the age of 85 are the fastest growing age group. Together, here in Michigan, we're reimaging and increasing the supply of caregiver respite to better support our state's caregivers who are essential to caring for older adults.

WHO IT'S FOR: Nonprofit organizations serving older adults and caregivers based in Southeast Michigan (Wayne, Monroe, St. Clair, Oakland, Macomb, Livingston, and Washtenaw counties) who want to reimagine and develop respite opportunities that are more meaningful to caregivers.

HOW TO JOIN: Register for the workshop series and information sessions at www.ExhaleforCaregivers.org



Let's reimagine respite care.

Family caregivers of all ages are essential to providing older adults in the community with the extra support and compassion they need. But to effectively fill this role, caregivers must also care for themselves. Relief or respite care can improve caregiver well-being, leading to better health, better social-emotional outcomes, and even lower costs of care. But caregivers need support to find time to clear their minds, take a breath, and take care of their own health and well-being.

That's why we're launching Exhale – the Family Caregiver Initiative in Southeast Michigan.

Join us.

Exhale is an opportunity for organizations, communities, and businesses to work together to find innovative solutions that give caregivers an opportunity to breathe a little easier. **Through in-depth training and a unique grant funding opportunity, eligible organizations will get the support they need to develop a caregiver respite program.**

We are offering a [series of virtual and in-person workshops](#) to support those interested in joining Exhale. In these workshops, organizations based in eligible Southeast Michigan counties – Wayne, Monroe, St. Clair, Oakland, Macomb, Livingston, and Washtenaw – will receive free training in creative problem solving, technical assistance throughout the grant application process, and a one-time organizational stipend of \$500 to support participation in the workshop series.

The workshops begin January 25, 2024. After completing the series, participants will be eligible to apply for Exhale funding to bring their projects to life.

Learn more.

Want to know more? Attend one of our virtual information sessions to learn more about Exhale, the workshop series, and the grant opportunity.

December 12, 2023 | 10–11am ET

[Register now](#)

January 8, 2024 | 10-11am ET

[Register now](#)

CHANGING THE CARE CONVERSATION (CTCC)

CAREGIVER COALITION



CALLING ALL FAMILY CAREGIVERS

The SRC's Caregiver Coalition centers the voice of the caregiver and highlights the impact that diversity has on the caregiving space. It addresses issues in caregiver policy and provides resources and benefits.



Do you help someone by doing the following?

- Taking them to their doctors appointments
- Grocery shopping for the individual
- Helping with household tasks
- Assisting with medications, dressing, toileting, etc

Then you are a caregiver!

The CTCC Caregiver Coalition envisions 6 areas of focus:

1. Respite
2. Education
3. Funding
4. Resources/Support
5. Mental Health Support
6. Advocacy



Scan the QR code
call 1-888-341-8593
or email

ctcc-caregivercoalition@miseniors.org
to learn more about the coalition



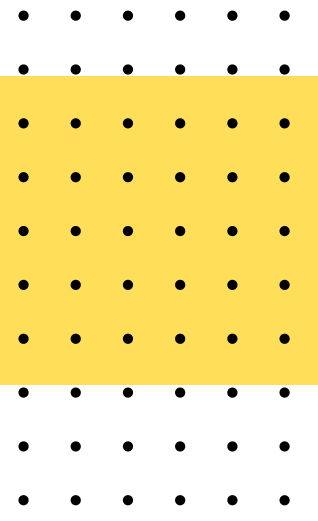
I Am Senior Strong Award Nominees

The Southeast Michigan Senior Regional Collaborative honors local seniors who are everyday heroes serving the community with true strength and continue to do great work across our state with no intentions of slowing down - making our corner of the world a better place.

They are SENIOR STRONG!

click **[HERE](#)** to read each nominee's application

I AM SENIOR STRONG NOMINEES



Bill Maxey

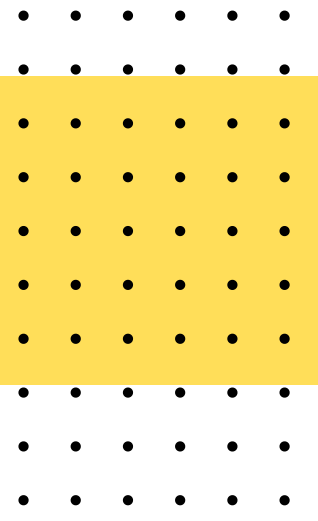


Jacqueline Rone



**Shirley L.
Mayland**

I AM SENIOR STRONG NOMINEES



Mary Luevanos

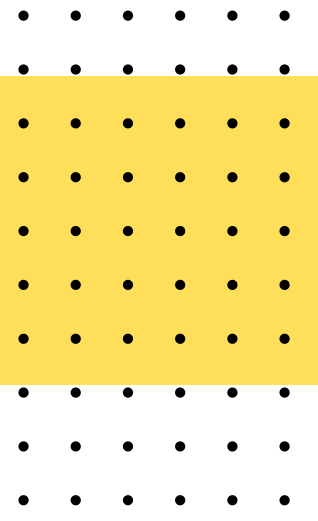


Karen Walker



Terri Robertson

I AM SENIOR STRONG NOMINEES



Alethia Carr

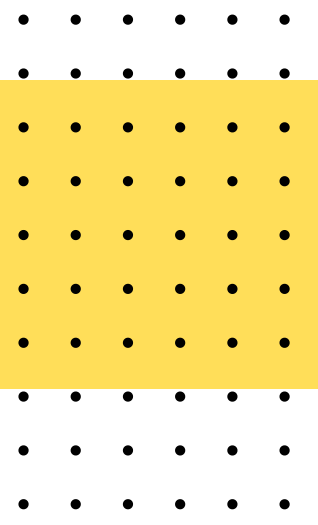


Thomas Jankowski Sr.



Chue Hom

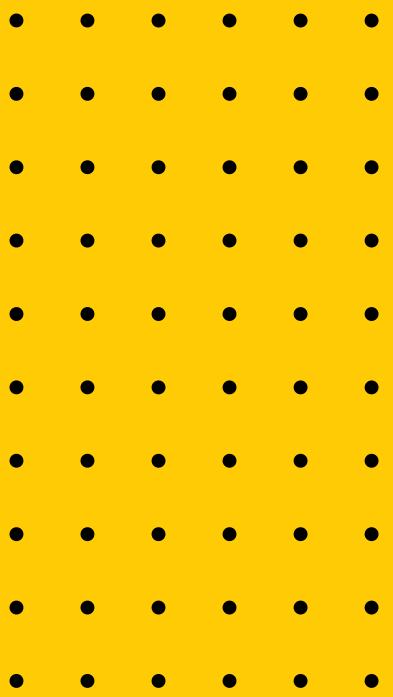
I AM SENIOR STRONG NOMINEES



Sharron Solomon

Seniors have built businesses, tackled social problems, fought wars, raised families and served our communities. It's time Michiganders heard about the seniors who continue to do great work across our state with no intentions of slowing down. Through the Senior Strong campaign we celebrate seniors across Michigan who continue to serve their communities with the goal of raising awareness of this powerful generation.

IASS WINNER CHUE HOM





I Am Senior Strong Award

Inspiration starts here. More than 2.2 million strong, Michigan seniors built the communities we call home, raised a generation and each day they continue to grow, learn and serve. Volunteers, mentors, leaders, elders, teachers, artists, students, athletes, advocates—Now is the time to tell their stories.

Read Mr. Hom's nomination here



★ **2023 Winner**

Chue Hom ★

We are leading the charge to collect and feature stories of our everyday heroes through the Senior Strong Campaign. Do you know a senior with true strength? Someone who is making our corner of the world a better place? If you know someone who should be featured, nominate them today! We want a wide array of submissions that represent the richness and diversity of Michigan!

Visit: <http://www.semisrc.org/iamseniorstrong.html>

FACILITATORS AND PANELISTS

Terrance R. Campbell

As a published Assistant Computer Science and Information Technology Professor at Trine University, Terrance R. Campbell has: (a) 35+ years of senior-level IT management experience across several business sectors and 5 countries; (b) two master's degrees (information systems management and adult & distance education), and (c) assists individuals prepare for several IT certification exams – including A+, Network+, Security+ and CySA+. During this time, Terrance has also obtained 25+ years of experience building under-resourced minority communities' capacity to digital resources to enhance their resilience to behaviorally triggered biological and electronic infections – i.e. some forms of cancer, diabetes, HIV/STIs, malware, obesity and ransomware.

These partnerships have supported the: (a) publication of 50+ peer-reviewed articles; (b) placement of 500+ individuals in IT careers; and (c) acquisition of \$600+ million dollars for technical capacity research. As an Ed.D. in Educational Leadership graduate teaching assistant at Tennessee State University, he engages students and leaders at 46+ HBCUs and in three African countries design digital resources that operationalize institutional factors in ways that enhance students' cybersecurity career readiness. He also serves as a(n): (a) cyber researcher for the National CyberWATCH Center; (b) member of the leadership team for APHA's Health Informatics and IT subcommittee; (c) co-chair of the NIST/NICE K – 12 Education Community of Interest and (d) a member of the Education Law Association.

Dr. Jean Wright

Dr. Wright retired after 35 years of teaching in public schools. Currently, she is a member of the American Association of Christian Counselors and the American Association of Black African American Christian Counselors. Dr. Wright is licensed and certified by the QPR Suicide Prevention Institute as a Community Gatekeeper Instructor. In 2016, Dr. Wright established the Virtual Dialysis Support Center, Inc. (VDSC), a 501c3, community-based nonprofit whose mission it is to raise the quality of life for dialysis patients, transplant patients, and caregivers. Dr. Wright has certified over 20 Peer Mentors, and the VDSC services eight area dialysis clinics and 16 senior citizen complexes, providing peer support, community health guidance, and resource information.

Lakeshore Legal Aid

Lakeshore Legal Aid is a not-for-profit law firm providing a range of free civil legal services to people who are low-income, seniors, and survivors of domestic violence and sexual assault in our communities. Lakeshore. Lakeshore Legal Aid practices family law, provides protection from abuse, and assists with housing. These are only a few of the resources among the various services they provide.

FACILITATORS AND PANELISTS

Phyllis J. Edwards, LMSW

Phyllis J. Edwards is the former executive director for Bridging Communities Inc. and current Project Development Consultant. Currently she is the Finance Committee chair for the national board of Self Development of People and national board member for the National Community Reinvestment Coalition. Locally, she is the current board chair for the Southeast Michigan Senior Regional Collaborative, member of the Advisory Board for Detroit Area Agency on Aging, board member for 360 Detroit, board member for the Just Ask Foundation, and Administrative Assistant for Bailey Temple.

Tonya Phillips

Tonya Myers Phillips is a dedicated attorney and public policy advocate with a strong commitment to equitable development. As the Community Partnerships & Development Director at the Sugar Law Center for Economic & Social Justice, she secures funding and promotes community benefits agreements. Tonya also advises Michigan Legal Services on housing policies for low-income families and is a prominent member of the Detroit Right to Counsel Coalition. With extensive legal and public service experience, Tonya has earned multiple awards for her community advocacy and is a part-time faculty member at Wayne State University Law School.

Matthew A. Tommelein

Matthew has been employed at CHS (Community & Home Supports) since February 2014. As the Coordinated Entry Programs Manager, he is responsible for the oversight of six government funded housing assistance programs that provide supportive services to homeless Detroiters living in emergency shelters and on the streets.

Matthew's expertise lies in utilizing programming language to analyze system data to enhance system capacity, increase system performance measures, and end homelessness. His most notable successes have been developing a script and logic to track and identify emergency shelter households aging into chronicity. He has recently determined a logic to generate the age a person was when they first entered HMIS (Homeless Management Information System). This information will be used to advocate for young adults who first became homeless as a minor and demonstrate the need to end family, youth, and senior homelessness.

He is passionate about using data to prevent and end chronic homelessness and leveraging Housing Choice Vouchers to house homeless households living in the streets, shelter, and in RRH (Rapid Re Housing).

FACILITATORS AND PANELISTS

Donald Rencher

Donald Rencher is the Group Executive for Housing, Planning & Development at the City of Detroit, a position he has held since January 2021. In this role, he leads the coordination of neighborhood investments throughout Detroit, including the deployment of the Strategic Neighborhood Fund. With 13 years of experience in housing finance, urban planning, and real estate law, Rencher is committed to increasing affordable housing and driving economic prosperity for all Detroiters. Over seven years in progressive leadership roles at the City of Detroit, he has developed and implemented policy and investment strategies that have resulted in over \$2 billion in neighborhood revitalization, housing, and commercial development.

Before joining the City of Detroit, Rencher served as Senior Counsel for the Michigan State Housing Development Authority (MSHDA). At MSHDA, he built unique expertise in housing and development financing, which, combined with his legal training, enables him to adeptly utilize public and private resources to orchestrate and fill critical gaps in complex deals.

Laurie Arora

Laurie Arora is currently the VP Public Affairs, Philanthropy & Organizational Development at PACE Southeast Michigan. Prior to that, she served as the Director of Member Relations at The Greater Detroit Area Health Council from January 2012 to January 2015. Laurie has also served on the Grosse Pointe Park City Council from November 2009 to November 2017. In addition, she has worked as an Evaluator at the US Government Accountability Office from January 1990 to November 1995 and as a Financial Analyst at General Motors from January 1989 to January 1990.

Laurie Arora has a fellowship from Michigan State University in the Michigan Political Leadership Program. Laurie also has an MBA in finance from the University of Detroit Mercy and a B.S. in human ecology from Michigan State University. Lastly, she pursued liberal arts at Wayne State University.

Dr. Rodlescia Sneed

Dr. Sneed is an Assistant Professor at Wayne State University, jointly appointed in the Institute of Gerontology and the Department of Psychology. Her work is focused on advancing health equity in diverse populations of older adults. She has a particular interest in the needs of older adults with a history of criminal justice system involvement. She is a recent recipient of a 5-year Career Development Award from the National Institute on Aging to identify better strategies for implementing chronic disease self-management programming in state prisons. Dr. Sneed earned her PhD in Social Psychology at Carnegie Mellon University and her Master of Public Health degree in Epidemiology at Columbia University.

FACILITATORS AND PANELISTS

Whitney Moyer

Named one of Modern Healthcare's Top 25 Emerging Leaders in 2023, Whitney Moyer is a public health and health policy leader with 10+ years supporting populations requiring complex care and long term services and supports (LTSS). She currently serves as the National Vice President of LTSS for CCA Health, where she establishes the vision and strategy of LTSS across all markets and products, and drives evolution in the care model to ensure integrated approaches that enhance individual choice and independence.

Prior to joining CCA Health, Whitney served as the Chief of LTSS for Massachusetts. In this role, she oversaw the \$6.3B Massachusetts Medicaid LTSS portfolio serving 350,000 beneficiaries across Fee For Service and managed plans. Previous positions included Division Chief for the Maryland Department of Health, as well as a Program Specialist in the White House Office of Management and Budget (OMB). Whitney holds a Master of Public Policy from Johns Hopkins Bloomberg School of Public Health.

Erica Thrash-Sall

Erica Thrash-Sall is the new CEO of Horizon House a 60+ year CCRC in Seattle, Washington serving 500+. Erica has deep experience with senior living communities, most recently as an executive director at Presbyterian Villages of Michigan (PVM), McFarlan Villages in Flint, MI. During her tenure at PVM's McFarlan Villages, Erica was responsible for initiating a \$50 million campus improvement project, grew residency from 70% to 90%, and improved resident programs.

Erica was the 2021 recipient of the LeadingAge Robert Woods Johnson Award for Health Equity, a 2022 recipient of the Women Who Shape the State and the 2023 recipient of the LeadingAge Michigan, Chair Citation Award. Erica holds a BA in history from the University of South Carolina, a MBA from Lawrence Technological University, and is credentialed as a Fellow of the American College of Healthcare Executives (FACHE). Erica is a native of Michigan and has been married for 23 years. She has three children: Nafi (21) a senior at Wheaton College in Norton, MA. Amadou (19) sophomore at Bowdoin College in Brunswick, ME. Zeyna (10) 5th grade. Erica enjoys drinking coffee, reading, mentoring young people, watching foreign language films, and spending time with her family.

Tom Woodman

Tom is the Founder and President of Citizen Robotics. Unlike a gadget freak that drools over all shiny, silicon-based objects, Tom is attracted to tech that solves a real human need. Is there a greater need than housing security with its deep connections to health and happiness? An MIT-educated technologist, Tom knows that humans can solve the puzzle that is attainable housing. He's implemented cutting-edge technology in other industries plagued by a low-productivity workplace. What's needed now is tech adoption, steeped in human-centered design. We need to expand the construction workforce by including those previously left out. We need to learn to build with the tools of advanced manufacturing; precision automation, robotics, and digital fabrication. We need to embrace high-productivity collaboration approaches like lean construction, rapid prototyping, and inclusive design.

Thank You!

**Special thanks to the 2022 SRC
Executive Conference
Committee & SRC Interns**

Kristie King

Niquelle Harvey

Micaela Brown

Octavia Smith

Al Ojeda

Fawzia Alom

Rehana Sultan

Thank You!

**Special recognition to the 2022
Conference Planning
Committee**

Audra Frye

Laurie Arora

Phyllis Edwards

Angela Wilson

Judy Lewis

Callie Allen-Boone

Dr. Jean Wright

Satrice Coleman-Betts

Patricia Rencher

Margaret Blohm

Bernadette Hudgins

SRC Initiatives

Eldercaring Coordination

Suicide Prevention

Quality Aging Matrix

Caregiving

Oral Health

Connect with
the SRC!



www.semisrc.org



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[@seniorregionalcollaborative](https://www.instagram.com/seniorregionalcollaborative)



[@semisrc](https://www.facebook.com/semisrc)



[Southeast Michigan Senior Regional Collaborative](https://www.linkedin.com/company/southeast-michigan-senior-regional-collaborative)



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or scan the QR code to
access our website and to
follow us on social media