

Caregiver Support Resources

			
<ul style="list-style-type: none"> • Caregiver Education Classes, evidence based and non-evidence based • Information & Assistance for Resource connection • Website, Social Media Information • Tailored Care Caregiver Assessment & Referral • Caregiver Events • Grandparents Raising Grandchildren Committee <p>Detroit Area Agency on Aging Crystal White, Caregiver Support Coordinator 313-446-4444, ext. 5288 313-920-4153, whitecr@daaa1a.org www.detroit seniorsolution.org</p> <p>COVID Support: Emergency Meals On Wheels, phone/email wellness checks, See website and Facebook for updates and virtual caregiver webinar trainings.</p>	<ul style="list-style-type: none"> • Dealing with Dementia workshop for caregivers • Adult Day Program for older adult care recipients • Individual emotional and resource support for caregivers • Weekly Friendly Reassurance Phone Calls • Caregiver Support Group <p>Hannan Center Melissa Draughn, LMSW, Director of Social Work 313-833-1300, ext. 40 mdraughn@hannan.org www.nextshiftdetroit.com</p> <p>COVID Support: Resources, Email and Follow up Phone Calls Monthly Department of Health Presentations including COVID updates</p>	<ul style="list-style-type: none"> • Education, training and coaching for caregivers, families and communities supporting loved ones living with Alzheimer's/Dementia diseases. • Virtual and Facebook Live training and resources on concerns/issues of caregivers • Facebook Live Caring & Sharing Discussions with other Caregivers • Individual coaching/support by telephone • Resource connections • CEU training available <p>Universal Dementia Caregivers Paula Duren, PhD, Director 248-509-4357 info@universaldementia.org www.universaldementia.org</p> <p>COVID Support: <i>Call to Arms</i>, a Facebook Live discussion for caregivers to reduce isolation</p>	<ul style="list-style-type: none"> • Free civil legal services for adults 60 and older in Wayne County • Legal advice, education to caregivers and elder abuse. • First Tuesday monthly event on Zoom at 2 pm. Program covers life planning documents. ELAC can prepare documents. • Registration required, join online or phone. • Screening hours for new clients 9:30am to noon, Monday - Friday. • Free remote presentations on legal issues. Contact office for details. <p>Wayne County Neighborhood Legal Services-Elder Law & Advocacy Center 313-937-8291 elderlaw@wcnls.org www.nlsmichigan.org</p>



- Monthly 2nd Thursday meetings: 1:00-3:00PM and 6:00–8:00PM., virtual and dial-in
- Education, guidance and resources to systematically manage loved one's custodial care/business affairs
- Address well-being and support services for caregivers
- Communications between meetings.
- **Private Consulting:** Customized“ plan-of-care” to address/resolve identified and anticipated needs of care-partners. Serve local and out-of-state clients.

Eldercare & Caregiver Solutions,
Marilyn Lawson, Founder,
Family Caregiving Consultant
(313)289-9672-Cell
EldercareSolutions@Outlook.com
www.ElderCaregiverSolutions.org

COVID Support:
• Apprise members of vaccine/food sites, industry news, training classes

- Education programs, care consultations, support groups, social engagement activities and resources for those living with Alzheimer's, their caregivers and the general community.
- Free 24/7 Helpline at 800.272.3900 or helplinegmc@alz.org
- More information at alz.org/gmc

Alzheimer's Association Michigan Chapter
Treena Horton, Program Coordinator
(248) 996-1058
thorton@alz.org

COVID Support:
The health and safety of our constituents, volunteers and staff remain our driver as we address the COVID-19 outbreak and as we continue to pursue our mission, today and in the longer term. We offer free support groups, education programs and care consultations. Visit alz.org/gmc to learn more about our offerings or call our 24/7 Helpline at 800.272.3900.

- Webpage resources for all caregivers
- Phone and Email access for caregivers to ask questions
- Support groups and educational classes for caregivers throughout the community
- FACEBOOK Support Groups
- E-newsletter

Henry Ford Health System C.A.R.E. Program
Veronica Bilicki, R.N.,
Shawn Bennis MSN, RN
C.A.R.E. Program Specialists
(866) 574-7530

www.henryford.com/familycaregivers
CaregiverResources@hfhs.org
Facebook Group- search "Henry Ford Health System Family Caregivers"

COVID Support:
Connect precious support group attendees via telephone/email
•Website updated with more caregiver telephonic support and COVID-19 info
•Providing quick phone support, enhanced office hours

- Program for Comprehensive Assistance for Family Caregivers offers clinical support and financial compensation for eligible Veterans with serious injuries
- Program for General Caregiver Support Services offers education, training, support groups and resources to eligible veterans
- Caregivers can participate in VA home and community-based care.

John D. Dingell VA Medical Center Detroit Caregiver Support Program

Sarah Thiefels, LMSW, General Caregiver Support Program Coordinator
Deborah Thomas, Program Manager
Caregiver Support Central Line:
313-576-1069

Sarah.Thiefels@va.gov
Caregiver.va.gov

Urban Aging News a free, quarterly community newspaper connecting seniors, family caregivers, and aging services providers to resources, programs, and tools to facilitate aging mastery and aging challenges in metro Detroit.

Paper is available in print and digitally at urbanagingnews.com.

To learn where to pick up paper copies, call **313.204.5140**.



**Detroit Area Agency on Aging
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