

## Dementia Caregiving



# ARE YOU CARING FOR A PERSON WITH MEMORY LOSS?

**Attend a virtual workshop series for help!**

This Dementia Caregiving series is 3-session webinar for those caring for a person with dementia or Alzheimer's. It assists with reducing caregiving stress by providing useful tools and information.

## Learn how to:

- Understand basic information about dementia and its impact on brain function
- Communicate more effectively with someone who has dementia
- Recognize stages of dementia
- Provide meaningful daily activities based on your loved one's interests and abilities
- Better understand and address dementia-related behaviors
- create a positive caregiving environment
- Learn strategies and benefits of self-care
- Build your network of support



## DEMENTIA CAREGIVING WORKSHOP VIA ZOOM

**Tuesday Afternoons: JUNE 3, 10, & 17, 2025 1:00 pm - 2:30 pm**  
**TO REGISTER: call (517) 592-1974 or email [livingwellprograms@wellwiseservices.org](mailto:livingwellprograms@wellwiseservices.org)**

**This workshop is available in part through funding from the Older American's Act and Michigan Department of Health & Human Services Bureau of Aging, Community Living, and Supports**