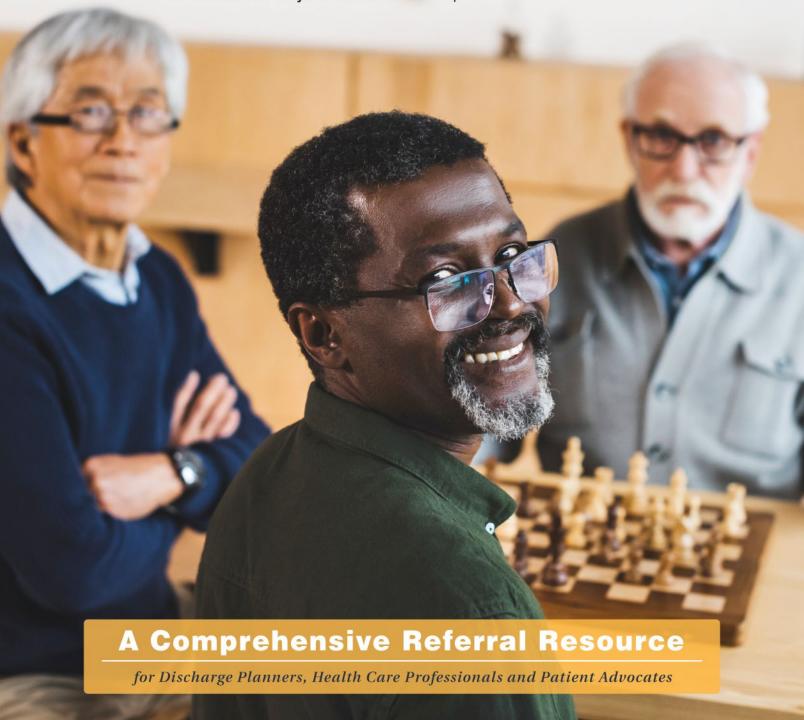
## SOUTHEAST SENIOR RESOURCE GUIDE

# Series 2020-21 Offices Preferences

Serving Livingston, Monroe, Oakland, Washtenaw & Wayne Counties

SeniorPreferences.com



# Anthology Senior Living

Your Michigan Communities



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# **HEALTHCARE**

### **ADULT DAY SERVICES**

**EHM Senior Solutions: Dottie Crim** Adult Day and Education Center

734-429-1155

101 Brecon Dr., Saline, MI 48176 www.EHMsolutions.com

Service: Day program with home-like environment for older adults with memory loss. Supports the health, nutritional, social, and daily living needs of adults in a professionally staffed, group setting. See our ad on page 17.

### Frenchtown Center for Active Adults - Dementia Specific **Adult Day Care**

734-243-6210

2786 Vivian Rd., Monroe, MI 48162 www.frenchtownsenior.com Service: Caring help for frail older adults and their caregivers: Professionally staffed. Eligibility: 60+ diagnosed with dementia, Alzheimer's disease. VA funding for qualifying veterans.

Hours: 6 AM - 6 PM, M-F.

### **Generations Together**

734-426-4091

2801 Baker Rd., Dexter, MI 48130 www.generationstogether.org Service: A unique program providing care, activities and social interaction with other adults.

### **Livingston County Catholic Charities**

517-546-9910

2020 E. Grand River, Ste. 103 Howell, MI 48843 www.livingstoncatholiccharities.org Service: Be Our Guest Adult Day Service. M-F 8 AM-6 PM. Call Suzi for information

Eligibility: Individuals with Dementia or Dementia related diseases.

### The Oaks-Catholic Social **Services of Washtenaw County**

734-662-4001

2500 S. Main St., Ann Arbor, MI 48103 Service: Structured weekday program for adults over 21 with memory loss, physical challenges and other needs.

### **United Methodist Retirement Communities - Huron Valley PACE**

734-572-5777

2940 Ellsworth Rd., Ypsilanti, MI 48197 www.HuronValleyPACE.org **Service**: Alternative to nursing home care, healthcare and adult day services supporting seniors to live at home. Program of All-inclusive Care for the Elderly. Eligibility: 55 and over, meet MI criteria for nursing home level care, be safe at home with PACE services, living in service area.

### **United Methodist Retirement Communities Thome PACE-Jackson**

517-768-9791

2282 Springport Rd., Jackson, MI 49202 www.umrc.com/communities/thome-pace **Service**: Participants may receive medical and supportive services in our Day Center. Transportation is available.

Eligibility: Thome PACE serves Jackson, Lenawee and Hillsdale Counties.

### **Woodhaven Adult Day** Services in Livonia

734-261-9000

29667 Wentworth St., Livonia, MI 48154 www.woodhaven-retirement.com Service: Adult Day, 7 days/week from 5 AM to 11 PM with funding from Senior Alliance, Older Americans' Act. Eligibility: Wayne and Oakland County residents, funding for Wayne County only.

### **COUNSELING SERVICES**

### Audrey M. Hering, Ph.D.

734-645-5163

202 E. Washington St., Ste. 401 Ann Arbor, MI 48104

Service: Assessment/short-term counseling for seniors with depression, anxiety, loss, retirement/aging issues and health problems. Eligibility: Washtenaw, Livingston and Monroe county residents age 60 and over and caregivers to seniors of any age.

**Detroit Area Agency** on Aging (Region 1A)

313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

www.detroitseniorsolution.org

**Service**: Elder abuse prevention programs, outreach, and reporting methods. PREVNT - Prevent Elder and Vulnerable Adult Abuse, Exploitation, Neglect Today. Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.

### Need a 2020 Senior Preferences?

Contact those listed below or call any of our advertisers.

Bloomfield Township Senior Center 4315 Andover Rd. Bloomfield Township 248-627-64477

> Clawson Senior Center 509 Fisher Ct., Clawson 248-583-6700

Detroit Area Agency on Aging 1A 1333 Brewery Park Blvd., Ste. 200 Detroit 313-446-4444

**Huntington Woods Senior Center** 26325 Scotia, Huntington Woods 248-541-3030

Living Independence for Everyone (LIFE) 2307 N. Monroe St., Monroe 734-242-6800

Monroe County Commission on Aging - Stoner Kemmerling Building 29 Washington St., Monroe 734-240-7358

> Next - Your Place to Stay **Active & Connected** 2121 Midvale, Birmingham 248-203-5270

Richardson Senior Center 1485 Oakley Park Dr., Commerce 248-926-0663

The Elder Care Firm 8550 W. Grand River, Ste. 200, Brighton 888-390-4360

> WellBridge of Brighton 2200 Dorr Rd. Howell 517-947-4400

### **Detroit Wayne Mental Health Authority**

313-833-2500

707 W. Milwaukee Ave., Detroit, MI 48202 www.dwmha.org

Service: An integrated care safety net for adults with mental illness.

### James Karagon P.C.

313-720-6577

29900 Franklin Rd., Unit 107 Southfield, MI 48034

Service: Mental Health counseling in the

# How are Your parents doing?

Find solutions for seniors, caregivers and adults with disabilities for living in their own homes with dignity and independence. Known as The Senior Solution, a single call to this non-profit agency will provide information, services and options for the help you need.

SERVING DETROIT, HAMTRAMCK, HARPER WOODS, HIGHLAND PARK & THE 5 GROSSE POINTES

# Programs & Services

Adult Day Services
Advocacy/Outreach/Volunteers
Care Management (In-Home Services)
Caregiver Support, Education & Training
Community Wellness Service Centers
Elder Abuse Education & Prevention
Health & Wellness Classes
Home Delivered Meals/Congregate Meal Sites
Housing Resources
Information & Assistance
LGBTQ Resources
Medicare-Medicaid Assistance Program
Nursing Facility Transition Services
Senior Community Service Employment Program
Transportation Resources



1333 Brewery Park Blvd. Suite 200 Detroit, MI 48207 313-446-4444 www. DetroitSeniorSolution.org



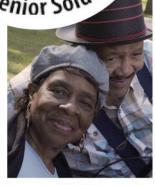


















seniors home. Reimbursed by Medicare. Eligibility: Medicare; Medicaid, plus Blue PPO.

### **LACASA Business**

### 517-548-1350

2895 W. Grand River, Howell, MI 48843 www.lacasacenter.org

Service: Free and confidential services to individuals who have experienced elder abuse, domestic violence, sexual assault. Eligibility: All persons who have experienced elder abuse, domestic violence, sexual assualt or child abuse.

### Micheline Sommers, LLC

### 248-434-8227

1460 Walton Blvd., Ste. 20 Rochester Hills, MI 48309 www.rochestercounselingservices.com Service: Counseling and telehealth counseling for anxiety, depression, and aging concerns.

Eligibility: Auburn Hills, Rochester, Rochester Hills, and Oakland Twp.

### Michigan Geriatric Care **Management Services/Social Work Services of America**

### 313-231-0008

24589 Summers, Livonia, MI 48154 www.mgcms.com

Service: In home social work counseling, advocacy and healthcare management. Eligibility: Medicare, BC/BS, HAP, other third party providers, and private pay.

### **DIAGNOSIS AND EVALUATION**

### Michigan Alzheimer's **Disease Center**

### 734-936-8803

2101 Commonwealth Blvd., Ste. D Ann Arbor, MI 48105 www.med.umich.edu/alzheimers Service: Promote memory and aging research, enhance clinical care, and provide wellness programs.

### Michigan Heart, PC

### 810-844-7750

7575 Grand River Dr., Ste. 206 Brighton, MI 48114

### 734-712-8000

5325 Elliott Dr., Ypsilanti, MI 48197 www.michiganheart.com Service: We provide comprehensive cardiovascular care.

### NorthStar Palliative Care

### 855-249-5678

2366 Oak Valley Dr., Ann Arbor, MI 48103 www.arborhospice.org

Service: Home-based service that helps with advance care planning and alleviating symptoms of serious illness.

Eligibility: Patients need assistance with advance care planning or pain and symptom relief from a serious illness. See our ad on page 13.

### **EMERGENCY SERVICES**

### **OLHSA**

### 517-546-8500

2300 E. Grand River, Ste. 107, Howell, MI 48843 www.olhsa.org

Service: Assistance with energy related emergencies such as utility shut-off notices and emergency food boxes.

### **FOOD AND NUTRITION PROGRAMS**

### Ann Arbor Meals on Wheels, UMHS

### 734-998-6686

2025 Traverwood, Ste. F, Ann Arbor, MI 48105 www.med.umich.edu/aamealsonwheels Service: Nutritious meals delivered to Ann Arbor's homebound who are unable to shop/cook for themselves.

### **Detroit Area Agency** on Aging (Region 1A)

### 313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

### www.detroitseniorsolution.org

Service: Nonprofit supporting homedelivered hot/frozen or liquid nutrition to eligible homebound seniors; and lunchtime meals at 23 community settings. Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.

### DETROIT AREA AGENCY **ON AGING - MEAL SITES:**

### **Western Locations:**

### **Adams Butzel Recreation Center**

313-628-0990

10500 Lyndon, Detroit, MI 48238

### **Detroit Indian Center**

313-535-2966

22720 Plymouth Rd., Detroit, MI 48239

### LA SED

313-841-8840

7150 W. Vernor, Detroit, MI 48209

### **Sacred Heart Major Seminary**

313-883-8500

2701 W. Chicago, Detroit, MI 48206

### **Delray United Action Council**

313-297-7921

275 W. Grand Blvd., Detroit, MI 48216

### Hartford Memorial Baptist Church

313-861-1285

18700 James Couzens, Detroit, MI 48235

### **Patton Recreation Center**

313-628-2000

2301 Woodmere, Detroit, MI 48209

### **Williams Recreation Center**

313-628-2039

8431 Rosa Parks Blvd., Detroit, MI 48206

### **Eastern Locations:**

### Bethel Baptist Church, East

313-923-3060

5715-33 Holcomb, Detroit, MI 48213

### **Butzel Senior Center**

313-628-2100

7737 Kercheval, Detroit, MI 48214

### **Farwell Recreation Center**

313-628-2028

2711 E. Outer Dr., Detroit, MI 48234

### **Franklin Wright Settlements**

313-579-1000

3360 Charlevoix, Detroit, MI 48207

### L&L Adult Day Care

313-366-1100

1485 E. Outer Dr., Detroit, MI 48234

### **People's Community Services**

313-656-6260

2339 Caniff, Hamtramck, MI 48212

### **Vernon Chapel AME Church**

313-893-5275

18500 Norwood, Detroit, MI 48234

### **Downtown/Central Locations:**

### 8330 On The River "Belle Maison"

313-331-7780

8330 E. Jefferson, Detroit, MI 48214

### **Bicentennial Towers**

313-494-0217

313-502-5448

4 E. Alexandrine, Detroit, MI 48201

### Friendship Meadows

313-832-7708

313-832-9908

3930 Rivard, Detroit, MI 48207

### **Parkview Place**

313-567-7999

1401 Chene, Detroit, MI 48207

### **River Towers Apartments**

7800 E. Jefferson, Detroit, MI 48214 313-824-2244

### St. Patrick Senior Center

313-833-7080

58 Parsons, Detroit, MI 48201

### Woodbridge Senior Village

313-831-4910

1231 Selden, Bldg. 503L Room 106 Detroit, MI 48201

### **Focus: HOPE**

### 313-494-4600

1300 Oakman, Detroit, MI 48238 www.focushope.edu

Service: Provide 42,000 low income seniors a monthly food package. Also help to obtain health screenings, income support, tax preparation and utility assistance. Eligibility: 60 and older and meet the income requirements under the USDA guidelines.

### **Fowlerville Senior Center**

### 517-223-3929

203 N. Collins St., Fowlerville, MI 48836 Service: Noon lunch, call for reservations 24 hours prior. Also home-delivered meals. Eligibility: 55+ \$5.00 suggested donation. Hours: 8 AM - 2 PM, M-F.

### LIFE-Meals

734-242-6800

### LIFE-Frenchtown

2307 N. Monroe, Monroe, MI 48161

### LIFE-Orchard

924 E. Second St., Monroe, MI 48161

### **LIFE-River Park Plaza**

20 N. Roessler St., Monroe, MI 48161

### LIFE-Sullivan

13613 Tuttlehill Rd., Milan, MI 48160

### **LIFE-Water Tower Park**

11346 Harold Dr., Luna Pier, MI 48157 www.lifemeals.org

**Service**: Nutrition site. Suggested donation is \$3.00 per meal. Call day before for registration.

**Eligibility**: Senior 60 or older. Call about home delivered meals.

Hours: 10 AM - 2 PM, M-F.

### Livingston County Senior Nutrition Program – Western Oakland Meals on Wheels

### 810-632-2155

9525 E. Highland Rd., Howell, MI 48843 www.womow.org

**Service**: Provides nutritious meals to homebound seniors and senior centers in Livingston County and Western Oakland County. Suggested donation \$3.00. **Hours**: 7:30 AM - 4 PM, M-F.

### **HEARING RESOURCES**

### Advanced Hearing Care, Inc.

### 810-494-4327

8023 W. Grand River #400, Brighton, MI 48114 Service: Serving Livingston County for 27 years. Caring and affordable hearing services, home visits available.

### **Benson Hearing**

### 734-475-9109 or 800-543-1965

134 W. Middle St., Chelsea, MI 48118 www.bensonhearing.com

**Service**: Full audiometric services; testing, hearing aid sales, repairs and service. Full line of assisted living devices.

### **Deaf & Hearing Impaired Services**

### 248-473-1888

25882 Orchard Lake Rd., #100 Farmington Hills, MI 48336 www.dhisonline.org

**Service**: Links deaf, hearing impaired seniors to community-based services & socialization.

### **Fluke Hearing Instruments**

### 866-334-7712

4025 Carpenter Rd., Ypsilanti, MI 48197

### 866-334-7712

455 E. Grand River Ave., Ste. 203 Brighton, MI 48116 www.FlukeHearing.com

**Service**: Free hearing screenings, accept most insurances, we make house calls.

### **Jade Hearing Instruments**

### 248-922-5600

5629 Sashabaw Rd., Clarkston, MI 48346 jadehearing.com

Service: Free hearing screening, manufacture and sales of hearing aids. Eligibility: Major credit cards accepted. 0% financing available.

### Michigan Assistive Technology Loan

### 800-828-2714 Option 2

1325 S. Washington Ave., Lansing, MI 48910 www.ucpmichigan.org

**Service:** Low-interest loans to purchase hearing/other assistive devices. Home & auto modifications.

### Michigan Hearing, LLC

### 734-285-3770

18800 Eureka Rd., Southgate, MI 48195

### 586-759-5776

Located inside Binson's Home Health Care Center 26834 Lawrence Ave., Center Line, MI 48015

### 248-556-5988

Located inside Binson's Home Health Care Center 30475 Woodward Ave., Royal Oak, MI 48073

### 586-566-7220

43900 Schoenherr Rd. Sterling Heights, MI 48313

### 248-813-0533

6475 Rochester Rd., Troy, MI 48085

### 734-261-1808

Located inside Binson's Home Health Care Center 13450 Farmington Rd., Livonia, MI 48150

### 888-432-7036

6445 Citation Dr., Ste. E, Clarkston, MI 48346 **Service**: Free hearing screenings and consultations with Licensed Hearing Specialists and Audiologists.

### **Superior Hearing Solutions**

### 517-547-6863

17575 US 223, Ste. A, Cement City, MI 49233 **Service**: Hearing tests, hearing aids, protection, enhancement, repairs. 0% financing available. We make house calls!

# HOME CARE (NON-MEDICAL)

### **A Caring Hand**

### 877-732-9528

1055 Professional Dr., Bldg. C, Ste. 4 Flint, MI 48532 midmichiganhc.com **Service:** Private duty nursing, personal care services, homemaker services, concierge services.

### **Acti-Kare Home Care**

### 313-437-8749

**Service**: Companionship, meal preparation, medication reminders, light housekeeping, errands and more.

### **Action Home Health Care**

### 810-227-4868

100 Summit, Brighton, MI 48116 Service: Non-profit organization serving individuals faced with illness or diminished ability to care for themselves.

### **Adele's Caring Angels Caregiver Service**

### 313-414-0065

19467 Mendota St., Detroit, MI 48221 www.adelescaringangelscaregiver.com Service: Provides non-medical home care services to older adults in the comfort of their own homes.

### Affordable HomeCare

### 248-419-5010

### www.affordablehomecare.org

Service: Since 1989, we've helped seniors stay independent and in their home. Hourly or Stay-In including companionship, personal care, light housekeeping, meal preparation, medication reminders, and errands. We are the future of home care! See our ad on page 7.

### All Ways Caring HomeCare

### 866-835-3385

2766 W. 11 Mile Rd., Ste. 3, Berkley, MI 48072 www.AllWaysCaring.com Service: Providing personal care, housekeeping, meal preparation, companionship and transportation services.

### **Alliance Senior Care**

### 248-274-2170

2242 S. Telegraph Rd., Ste. 206 Bloomfield Hills, MI 48304 www.allianceSRcare.com **Service**: We are an in-home private duty home care company for seniors.

### **Arcadia Home Care & Staffing**

### 248-352-7530

20750 Civic Center Dr., Ste. 100 Southfield, MI 48076 www.arcadiahomecare.com

### **Area Agency on Aging 1-B**

### 800-852-7795

29100 Northwestern Hwy., Ste. 400, Southfield, MI 48034

### 800-852-7795

39090 Garfield, Ste. 102 Clinton Twp, MI 48038 www.aaalb.org

Service: A nonprofit organization offering government-funded programs that provide direct care services. Must meet financial and level-of-care eligibility requirements. Eligibility: Serving Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

### Assurant Care, Inc.

### 313-563-0226

2222 Beech Daly Rd., Ste. 1, Dearborn Heights, MI 48127 www.assurecareinc.com Service: Affordable non-medical in-home care. Companionship, homemaking, personal care, med-reminders.

### BrightStar Care of Troy/Royal Oak

### 248-422-3600

550 Stephenson Hwy., Ste. 480, Troy, MI 48083 www.brightstarcare.com/troy

**Service**: Private duty, companion, personal home care services with nurse oversight. Eligibility: Pediatric to Geriatric.

### CareOne Senior Care

### 248-308-2777

41850 11 Mile Rd., Ste. 108, Novi, MI 48375 www.careoneseniorcare.com

Service: Companion Care, personal care, housekeeping, meal prep and respite care, up to and including 24/7.

Eligibility: Serving Livingston, Oakland, Washtenaw, Wayne, and Macomb counties.

### Caring Alternatives Inc.

### 734-242-8711

1004 St. James Park Ave., Monroe, MI 48161





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### What Makes Us Different Than Other Companies:

Highest Google Ratings – Trusted and reputable
In-Person Oversight – Ensures quality care
Family App – Real time updates anywhere, all the time
Wellness Monitoring – Avoids hospitalizations
Care Protect Program – Superior infection control
Dementia Care Specialists – Unique expert support



Service: Holistic focus also provides social, physical, mental and spirtual stimulation. Eligibility: Monroe County resident.

### **Caring Partners Home Health**

### 734-769-5758 or 877-971-4200

34505 W. 12 Mile Rd., Ste. 100 Farmington Hills, MI 48331 Service: A collaboration of Glacier Hills and United Methodist Retirement Communities.

### ComForCare Home Care

### 248-956-7836

2000 Oakley Park Rd., Ste. 208 Commerce Township, MI 48390 comforcare.com/michigan/western-oakland

### ComForCare Home Care - Plymouth

### 734-414-1981

127 S. Main St., Ste. 3 & 5, Plymouth, MI 48170 www.washtenaw.comforcare.com

Service: Companion care, personal care and respite care, up to and including 24/7. See our ad on page 6.

### ComForCare Home Care

734-344-5577

9035 Lewis Ave., Temperance, MI 48181

www.comforcare.com

Service: Companionship, homemaking, personal care, respite and live-in care from two hours/week up to 24/7.

### ComForCare Home Care - Oakland

### 248-745-9700

2520 S. Telegraph Rd., Ste. 105, Bloomfield Hills, MI 48302

www.comforcare.com

Service: Personal care, med reminders, meal prep, errands, transportation, respite care. Eligibility: Private pay, VA benefits, Long-Term Care Insurance, Workers Comp., Auto Insurance.

### **Comfort Care Home Care**

810-225-2003

10524 E. Grand River, Ste. 107 Brighton, MI 48116 www.comfortcarehome.com

Service: 24 hour care, light housekeeping, Alzheimer's, dementia, medication reminder, companionship, meal preparation and bed bound assistance.

### **Comfort Keepers**

### 734-397-1111

981 N. Mill St., Plymouth, MI 48170 homecareplymouth.com



At Comfort Keepers®, we provide in-home care that helps seniors and others live safe, happy and independent lives in the comfort of their own homes.

### In-Home Care Services

- · In-home care services
- Transportation
- Meal preparation
- · Fall prevention
- · Bathing, grooming, and hygiene
- · Alzheimer's and Dementia care

(734) 217-4788

### ComfortKeepers.com

Service: In-Home Care: Dementia care, personal care, meal preparation, housekeeping. Eligibility: Private pay, VA benefits, Long-Term Care Insurance, Auto Insurance, Worker's Comp.

### **Comfort Keepers**

### 734-676-6643

3133 Van Horn Rd., Trenton, MI 48183 comfortkeepers.com/offices/Michigan/

Service: Providing home care services by trained caregivers with compassion and dignity.

### **Comfort Keepers**

### 517-481-2177

125 Irwin St., Brooklyn, MI 49230 www.Comfortkeepers.com/Jackson-MI

Service: In-Home care such as Companionship, Dementia, Respite, and Personal care; light housekeeping, errands and transportation. Trained, insured, bonded, screened, background checked. See our ad on this page.

### **Comfort Keepers**

### 248-504-4974

1130 Tienken Ct., Ste. 203 Rochester Hills, MI 48306 www.comfortkeepers.com

Service: Companionship, personal care, or in-home safety solutions that improve quality of life and enables independent living.

### **Comfort Keepers**

### 517-518-8303

714 E. Grand River, Ste. 3, Howell, MI 48843 www.comfortkeepers.com

### **Comfort Keepers**

### 248-957-9717

32985 Hamilton Court, Ste. 202, Farmington Hills, MI 48334 www.farmingtonhills-1005. comfortkeepers.com

Service: In-home care services and living assistance. Homemaking, errands and more.

### **Comfort Keepers In-Home Care of Farmington**

### 248-919-8760

33312 Grand River Ave., Ste. 200, Farmington, MI 48336 www.cklivingston.com

Service: Senior care services and in-home assistance. Companionship, homemaking, errands, personal care, and meal prep.

### Compassionate Care Home Health Services, Inc.

### 877-308-1212

6165 Bay Rd., Ste. B, Saginaw, MI 48604 www.compassionatecaremi.com
Service: HHA's, CENA's and nurses available 24/7 to meet your needs.

### Detroit Area Agency on Aging (Region 1A)

### 313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

### www.detroitseniorsolution.org

Service: Nonprofit organization offering government-funded, clinical care management programs. Financial and level-of-care eligibility requirements must be met. Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.

### EHM Senior Solutions: Shared Care Services - Private Duty Home Care

### 734-222-4037

400 W. Russell Dr., Saline, MI 48176 ehmsolutions.org

Service: Comprehensive personal care services (not-for-profit provider). Light housekeeping, assistance with activities of daily living (ADLs), medication reminders, transportation to appointments, and more. In your home, assisted or independent living facility.

See our ad on page 17.

# FirstLight Home Care of Greater Lansing

### 517-483-2784

4125 Okemos Rd., Okemos, MI 48864 www.LansingFirstLightHomeCare.com Service: We provide help for seniors, people with disabilities, Alzheimer's and Dementia care.

Eligibility: Anyone age 18 and over.

### **Golden Heart Senior Care**

### 248-469-0021

145 S. Livernois, #210 Rochester Hills, MI 48307

### 248-469-0021

671 E. Big Beaver, Troy, MI 48083 www.goldenheartrochesterhills.com **Service**: In-home care giving assistance, personal/hygiene care, household help, transportation and companionship.

### **Griswold Home Care**

### 586-254-0672

8344 Hall Rd., Ste. 114, Utica, MI 48317 www.griswoldhomecare.com/troy-macomb-2

**Service**: Companionship, Personal Care, and Homemaking services. Remain safe and independent in your home.

Eligibility: All seniors or disabled veterans.

### **Guardian Angels Home Health Care**

### 734-879-1766

1051 Studebaker Ave., Ypsilanti, MI 48189 **Service**: We provide non-medical private duty care.

Eligibility: Wayne, Washtenaw, residents.

### Helping Hand Nursing Service, Inc.

### 810-606-8400

G-8305 S. Saginaw St., Ste. 1 Grand Blanc, MI 48439

### 248-658-0100

26862 Woodward Ave., Ste. 100 Royal Oak, MI 48067, MI 48446 www.helpinghandhealthcare.com Service: Providing personal care, homemaking and nursing 24/7. ACHC Accredited.

**Eligibility**: Accepting many private insurances including auto, VA and long term.

### **Home Instead Senior Care**

### 734-971-9023

2160 S. Huron Pkwy., Ste. #4 Ann Arbor, MI 48104 Service: Non-medical homecare services. Bonded and insured caregivers. Eligibility: Washtenaw and Livingston counties.

### **Home Instead Senior Care**

### 248-886-7300

5758 Cooley Lake Rd., Waterford, MI 48327 www.homeinstead.com/408
Service: Personal care, housekeeping, companionship, bathing, meals, transportation, medication, dementia, hospice.
Eligibility: Northern Oakland County residents.

### **Home Instead Senior Care**

### 866-472-0530

31102 Haggerty Rd., armington Hills, MI 48331 www.homeinstead.com/546 **Service**: Personal care, housekeeping, companionship, meals, transportation, medications, and more. **Eligibility**: Southwest Oakland

County residents.

### **Home Instead Senior Care**

### 734-525-5300

16013 Middlebelt Rd., Livionia, MI 48154 www.homeinstead.com/430 Service: Provide assistance with bathing, hygiene, grooming, dressing, incontinence, medication reminders.

# Homewatch Caregivers of Ann Arbor

### 734-622-8190

315 E. Eisenhower Pkwy., Ste. 9B Ann Arbor, MI 48108 www.homewatchgivers.com/annarbor Service: We provide customized home care services to seniors, children, veterans and the chronically ill.

Eligibility: Washtenaw and Livingston, people of all ages.

### **Housekeeping Associates**

734-741-8822

### 810-220-0229

www.HousekeepingAssociates.com
Service: Thorough cleaning throughout
house. Quality references are fully insured
and bonded.

**Eligibility**: Washtenaw and Livingston counties.

### **Innovations HomeCare**

### 810-227-7544

2155 Pless Dr., Ste. C, Brighton, MI 48114 www.hcinnov.com
Service: Medication reminders, bathing, dressing, personal care, exercises, meal preparations, light housekeeping.

### **Interim Healthcare**

### 734-468-3746

2010 Hogback Rd., Ste. 2-A
Ann Arbor, MI 48105
www.interimhealthcare.com
Service: Our non-medical personal care
services include: bathing, dressing,
hygiene, transferring.
Eligibility: Available to all age groups.

### **Kennedy Care**

### 734-657-3528

150 S. 5th Ave., Ste. 205, Ann Arbor, MI 48104 www.kennedycare.com

**Service**: Transportation, bathing, toileting, skin care, in-home exercises, and more!

### **Lativahs Home Health Care Services**

### 313-571-3530

15200 E. Jefferson, Ste. 108A Grosse Pointe Park, MI 48230 www.lativahsvc.com Service: We assist people with their daily life of living. Eligibility: Oakland County resident, age 60 and over.

## Loving Care Private Duty LLC

### 248-289-6256

573 Victoria Ct., Rochester HIlls, MI 48307 **Service**: Meal preparation, light housekeeping, medication assistance, errands.

### **National Staffing and Home Care**

### 734-449-9050

P.O. Box 160, Whitmore Lake, MI 48189 www.nationalstaffingandhomecare.com **Service**: Private duty home care. Specializing in 24/7 care for Alzheimer's and dementia, brain trauma and spinal injury.

### **Nothing But Us Care**

### 833-705-2273

31700 W. 13 Mile Rd., Ste. 212
Farmington Hills, MI 48334
www.nothingbutuscare.com
Service: Personal and emotional care
with companionship services, short or
long-term non-medical in the home.

### Our Family Friend, LLC

### 734-649-6603

www.ourfamilyfriend.net Service: Companion care-client advocate, daily task assistance, transportation, meals, bills, med reminders, housekeeping.

### Right At Home of Central Michigan

### 810-225-4724 or 888-997-4724

734 W. Grand River Ave., Brighton, MI 48116

### 517-220-0073 or 888-997-4724

325 E. Grand River Ave., Ste. 317
East Lansing, MI 48823
www.RAH-MI.com
Service: In-home care and assistance,
companionship, homemaking, errands,
transportation and med reminders.

### Right at Home of Washtenaw

### 734-971-5000

2355 E. Stadium Blvd., Ste. 3 Ann Arbor, MI 48104 www.rightathome.net/washtenaw/ Service: Personal in-home care. Alzheimer's/dementia, hospice and respite care. Custom care plans. 24/7.

### Safe and Secure Home Health Care

### 248-602-0939

19001 E. 8 Mile Rd., Ste. 202

Eastpointe, MI 48021 www.safeandsecurehhc.com Service: Providing homemaking services in your home. Specializing in Alzheimer's, Autism and Traumatic Brain Injury. Eligibility: Medicaid, Veteran Benefit, Long Term Insurance, Private Pay.

### **Senior Helpers**

### 734-927-3111

4130 Varsity Dr., Ste. C, Ann Arbor, MI 48108 www.homehealthcareannarbor.com
Service: We provide in-home personal care services, at a moments notice.

### **Senior Helpers**

### 248-865-1000

30701 W. 10 Mile Rd., Ste. 300 Farmington Hills, MI 48336

### 248-795-1500

691 N. Squirrel Rd., Ste. 255 Auburn Hills, MI 48326 www.seniorhelpers.com Service: Professional home health care services to seniors. Companionship, medication reminders, and more.

### **Senior Service Liaison**

### 810-315-6810

9331 Wildflower Way, Davisburg, MI 48350 liveinseniorservice.com
Service: Home-share, students room/board for household services.
Insured/bonded.

# Seniors Helping Seniors of East Michigan

### 810-229-6400

1041 Chilson Rd., Howell, MI 48834 www.seniorshelpingseniors.com/owl Service: Companionship, homemaking, handyman, transportation, personal care, pet care, respite services and overnight care. Eligibility: Washtenaw and Livingston Counties, 50 years or over.

### Seniors Helping Seniors SE MI

### 734-355-4719

13 N. Washington St., Ypsilanti, MI 48197 www.seniorcarewestland.com Service: In home care for Seniors by Seniors. Eligibility: Washtenaw and Wayne County residents, 60+.

### $Synergy\ Home Care\ of\ Farmington$

### 248-919-1244

23290 Farmington Rd., Farmington, MI 48336

www.synergyhomecare.com/farmington **Service**: A leading provider of private duty care.

### Synergy HomeCare of Michigan

### 734-433-9007

140 W. Middle St., Ste. A, Chelsea, MI 48118 www.synergyhomecare.com
Service: Professional, experienced caregivers available 24/7. Serving our community since 2008.

### **Synergy Homecare of Northville**

### 734-469-4255

14800 Farmington Rd., Ste. 107 Livonia, MI 48154 www.synergyhomecare.com/agencies/mi/ northville/mi08/

### **Synergy HomeCare of Rochester**

### 248-608-3970

410 W. University Dr., Ste. 220 Rochester, MI 48307 www.synergyhomecare.com/rochester Service: Personal care, housekeeping and companionship. Bathing assistance, meal preparation and transportation.

### Tea for Two Homecare

### 734-769-4839

455 E. Eisenhower Pkwy., #40 Ann Arbor, MI 48108 Service: We provide services that allow individuals to remain independent at home.

### **Tender Care Services**

### 810-344-9496

9056 New Castle Ct., Grand Blanc, MI 48439 www.tcshomehealthcare.com
Service: Personal care, companionship, live-in, meal prep, transportation services, hospice care, housekeeping and more.
Eligibility: Any individual who may need home care services in our service area.

### **Visiting Angels of Ann Arbor**

### 734-929-9201

2860 Carpenter Rd., Ste, 300 Ann Arbor, MI 48108

### **Visiting Angels - Dearborn**

### 313-466-5514

3200 Greenfield Rd., #300 Dearborn, MI 48120

### **Visiting Angels - Detroit**

### 313-272-9401

11000 W. McNichols, Ste. 217 Detroit, MI 48221

### Visiting Angels - Downriver

734-281-8603

17735 Fort St., Riverview, MI 4893

### **Visiting Angels - Monroe**

734-344-7331

15649 S. Telegraph Rd., Monroe, MI 48161

### **Visiting Angels - Plymouth/Canton**

734-661-2850

39319 Plymouth Rd., Ste. 8, Livonia, MI 48150

### **Visiting Angels - Oakland County**

248-957-8331

36520 Grand River Ave., #103 Farmington Hills, MI 48335

### **Visiting Angels - Rochester Hills**

248-649-8890

3965 Auburn Rd., Rochester Hills, MI 48309

### Visiting Angels of S.E. Michigan

### 810-844-1210 or 248-344-1313

121 W. Grand River Ave., Brighton, MI 48116 www.visitingangels.com

**Service**: Personal care, respite and companion care to help the elderly, Veterans, or disabled live comfortably in their home.

### **Wellsbrooke Premium Home Care**

734-525-0640

14855 Galleon Ct., Plymouth, MI 48170 www.WellsBrooke.com

**Service**: Taking care of all your home health needs. Free assessment.

### **HOME HEALTH CARE**

### **Accredited We Are Home Care**

734-904-0878

27733 Schoenherr Rd., Warren, MI 48169 www.accreditedhomecare.com

**Service**: Skilled home care agency with over 10 years experience.

Eligibility: Patient must be homebound and a physicians order.

### AdvisaCare

248-649-5150

3290 W. Big Beaver, Troy, MI 48084 Service: Nurses, physical therapy, occupational therapy, speech therapy, medical social work.

### Aegis Health Perspectives, Inc.

248-615-1730

38019 Schoolcraft Rd., Livonia, MI 48150 www.aegishp.com

 $\textbf{Service} \hbox{: } \textbf{The spinal cord injury home}$ 

care specialists.

Eligibility: Insurance and private pay.

### **Agape Care LLC**

313-633-9577

9364 Reeck Rd., Allen Park, MI 48101

www.agapecaremi.com

**Service**: Loving in-home care.

Eligibility: Elderly.

### Amber Home Health Care., Inc.

313-730-8500

17000 Executive Plaza Dr,. Ste, 207,

Dearborn, MI 48126

**Service**: Our services include RN's, PT's, OT's, MSW, speech and language pathologists, as well as home health aides.

### At Home Doctors, P.C.

517-708-2001

2193 Association Dr., Ste. 600

Okemos, MI 48864

www.athomedoctors.com

Service: Primary care physicians that can

care for you in your home.

Eligibility: Must be home bound and meet certain criteria in order for home visits.

### **At Home Health Services**

248-242-4720

8898 Commerce Rd., Ste. 2B Commerce Township, Mi 48382

Service: RN's, PT, OT, ST, Medical Social Workers, Dietitions, home health aides, more. Eligibility: Medicare, Medicare Advantage, Medicaid, worker's compensation, auto insurances and 23 other plans.

### Best Choice Senior Services, Inc.

248-281-3411

27177 Lahser Rd., Ste. 206 Southfield, MI 48034

bestchoiceseniorservices.com

**Service**: Home aid services, hospice care,

medical supplies.

Eligibility: Home bound, care at home,

family relief.

### **Best Private Duty Health Care LLC**

248-701-9607

6632 Telegraph Rd. Bloomfield Hills, MI 48301 bestprivateduty.com

**Service**: Custom care options for everything except windows.

Eligibility: Elderly & auto clients in

home or assisted living.

### **BrightStar of Howell**

810-225-4000

2300 Geona Business Park Dr. Ste. 290, Brighton, MI 48114 www.brightstarhealthcare.com **Service**: Medical and non-medical in-home care. RN overnight. 24/7 availability. No minimums.

### **CNS Homecare & Hospice**

248-649-6200

1920 Livernois, Troy, MI 48083 **Service**: Nursing services, therapy, speech, social work that comes to your home. **Eligibility**: 100% covered by Medicare - most insurances accepted.

### Compassionate Daughters Home Care

734-369-0649

www.compassionatedaughtershomecare.com **Service**: 4-24 hours. Client advocate and caregiver coordination available. Personal care, bonded and insured.

Eligibility: Persons in need of assistance

with A.D.L.'s.

### Complete Home Health Care, LLC

734-672-7765

30642 Triangle, Gibralter, MI 48173 www.complete-mi.com
Service: Nurse owned and operated with a wide variety of skilled services.
Eligibility: 100% covered by Medicare.
Most insurances accepted.

### **Comprehensive Homecare LLC**

313-791-7094

7105 Allen Rd., Allen Park, MI 48101 www.homecarecomprehensive.com Service: In home physical therapy, skilled nursing, and social services. Eligibility: Home bound medicare beneficiaries.

### **Custom Home Health**

248-629-2880

888 W. Big Beaver Rd., #900, Troy, MI 48084 www.customhomehealth.com
Service: Skilled in home care for patient rehabilitation.
Eligibility: We accept Medicare, Medicare

Advantage, Workers Compensation and Auto Insurance.

### Diamond Home Health Care Inc.

248-349-9595

851 Penniman Ave., Plymouth, MI 48170 www.diamondhomecare.com
Service: Medical and non-medical home care.
Eligibility: Under physician care.

### **Dobson Home Care** & Staffing Services, Inc.

866-866-8984

3741 Wilder Rd., Ste. B, Bay City, MI 48706

### **EHM Senior Solutions: Shared** Services Home Health Care

734-222-4037

400 W. Russell Dr., Saline, MI 48176 ehmsolutions.org

Service: Medicare-certified home health care provider, CHAP accredited and overseen by a board-certified physician in partnership with a registered nurse. Therapy and nursing services (not-for-profit provider). Licensed, trained, and bonded professionals. See our ad on page 17.

### **Elara Caring**

### 800-379-1600

Elara.com

Service: Skilled nursing, therapies, and hospice care where ever you call home.

### Friends of the Family **Home Health Care**

734-586-0770

15555 S. Telegraph Rd., Ste. 6 Monroe, MI 48161

### 734-548-8647

2035 Hogback Rd., Ste. 204 Ann Arbor, MI 48105 www.trustingcare.com Service: Offering 1-24 Hour Care. We guarantee all of our shifts. Eligibility: Serving Monroe, Wayne, Lenawee and Washtenaw Counties.

### Friman Home Health Services

### 734-254-0092

42000 Koppernick Rd., Ste. A-7 Canton, MI 48187 www.frimanhomehealth.com **Service**: Nursing, physical, occupational and speech therapists. Social work and private duty services.

### HealthCall Home Care

248-395-3777

www.healthcallhomecare.com **Service**: We provide a wide range of skilled home care services.

### Heartland Home Care, Hospice, IV

### 800-690-6643

26211 Central Park Blvd., Ste. 600 Southfield, MI 48076 www.heartlandhomehealth.com **Service**: Provider of health care at place of residence.

Eligibility: Appropriate for a person who has experienced an illness, hospitalization or surgery which require recovery or healing.

### Heartland Home Health and Hospice

### 734-677-8140

3840 Packard St., Ste. 240 Ann Arbor, MI 48108 **Service**: We specialize in home care, rehabilitation and hospice care.

### HomeCare Connection

### 734-240-8940

1070 N. Monroe St., Ste. A, Monroe, MI 48162 www.mercymemorial.org Service: Providing skilled nursing,

therapists, home health assistants and medical social workers.

### **Houston Home Health Care LLC**

### 248-552-9556

23077 Greenfield Rd., Ste. 282 Southfield, MI 48075 www.h3careproviders.com Service: Home Health Care Services. Eligibility: Home bound individuals.

### Life Touch Home Health Care

28003 Center Oaks Ct., Ste. 103

248-308-3524

Wixom, MI 48393 www.lifetouchhomehealthcare.com Service: Nurses, physical therapists, occupational therapists, speech therapists, medical social workers, and more. Eligibility: Medicare/Medicaid, BCBS, commercial insurance, private pay, workers compensation, and auto insurance.

### Michigan Community VNA

### 800-852-1232

30800 Telegraph Rd., Ste. 1728 Bingham Farms, MI 48025 www.vna.org

Service: VNA offers a full range of services including nursing, physical, occupational and speech therapy.

### **Michigan Visiting Nurses**

### 734-677-1515

2850 S. Industrial Hwy., Ste. 75 Ann Arbor, MI 48104 www.uofmhealth.org Service: Ranging from minimal assistance with personal care to highly technical and specialized nursing support.

### New Life Home Health Care, LLC

### 517-586-4013

5860 Sterling Dr., Ste. 360, Howell, MI 48843 www.newlifehhc.com

Service: Skilled nursing, physical,

occupational, speech therapy, social work, private pay.

Eligibility: Skilled care requires physicians order.

### New Vision Homecare, Inc.

### 313-533-7350

26065 W. 6 Mile Rd. Redford Township, MI 48240 newvisionhomecare.com Service: Nursing, physical therapy, personal care, speech therapy, social services. Eligibility: Medicare, Blue Cross.

### **Progress At Home**

### 248-438-1503

Milford, MI 48381 progessathome.com Service: Skilled nursing, wound care, infusion therapy, physical/occupational/ speech therapy/CNAs, Social Worker. Eligibility: Services require a physician's order/prescription.

950 Corporate Office Dr., Ste. 300

### **Rehab Pathways Group**

### 248-528-6667

2800 Livernois, Bldg. E, Ste. 162 Troy, MI 48083 www.rehabpathways.org Service: Non-medical home health care including respite care, meal prep, transportation and companionship.

### **Renew Care Home Health**

### 586-747-3431

30020 Schoenherr Rd., Warren, MI 48088 www.renewcarehh.com Service: Skilled nursing, physical, occupational, and speech therapy, social workers and HHA's. Eligibility: Patients unable to leave their home unassisted.

### **Residential Home Health**

### 866-902-4000

5440 Corporate Dr., Ste. 400 Troy, MI 48098 www.residentialhomehealth.com Service: Michigan's leading provider of inhome nursing and therapy care for seniors. Eligibility: 100% covered by Medicare for eligible beneficiaries.

### **Spectrum Home Care**

### 800-956-8773

28050 John R, Madison Heights, MI 48071 www.spectrumhomehealthcare.com **Service**: Our staff develops a plan of care, coordinates services and instructs patient, caregiver and family members. Eligibility: Homebound.

# The Care Team Home Health & Hospice

### 833-483-2273

30600 Northwestern Hwy. Farmington Hills, MI 48334 www.careteammi.com

**Service:** Skilled Nursing, PT, OT, ST, HHA, hospice care, hospice massage, music therapy, volunteer, veterans.

**Eligibility**: Downriver, Greater Detroit, Saginaw, Lansing, Flint, Livingston, Oakland, Macomb, and Washtenaw Counties.

### The Medical Team, Inc.

### 810-239-3000

4400 S. Saginaw St. #1300, Flint, MI 48507 www.medicalteam.com

**Service**: Medicare-certified home health agency, providing a full range of home health, private duty and personal care services. **Eligibility**: Southeastern Michigan.

### Trustiva Health

### 248-220-4052

3285 Middlebury Ln.
Bloomfield Hills, MI 48301
www.trustivahealth.com
Service: Experienced, compassionate
caregivers, 4 hours to 24/7. All ADL's,
homemaker services, transportation, more.

### **Visiting Physicians Association**

734-975-5000 or 888-742-0298

2755 Carpenter Rd., Ann Arbor, MI 48108

### 810-230-9500 or 888-742-0286

4444 W. Bristol Rd., Ste. 150, Flint, MI 48507 www.visitingphysicians.com

Service: In-home physician, lab and diagnostics services. We now have balance assessment.

### Wellsbrooke Premium Home Care

### 734-525-0640

14855 Galleon Ct., Plymouth, MI 48170 www.WellsBrooke.com
Service: Taking care of all your home health needs. Free assessment.

### **HOSPICE CARE**

### **Arbor Hospice**

### 888-992-2273

2366 Oak Valley Dr., Ann Arbor, MI 48103 www.arborhospice.org

**Service**: End-of-life care for patients with pain and symptom management in the patient's home or in-residence.

See our ad on this page.

### The Residence of Arbor Hospice

### 888-992-2273

440 W. Russell St., Ste. 100, Saline, MI 48176 www.arborhospice.org

Service: End-of-life care for patients with pain and symptom within an inpatient setting.
See our ad on this page.

### **Beacon Hospice of Michigan**

### 248-480-4440

30700 Telegraph Rd., Ste. 3650 Bingham Farms, MI 48025 www.beacon.life

**Service**: Every Life, Every Moment, Matters. "WE GO THE EXTRA MILE" **Eligibility**: Serving Oakland, Wayne and Macomb counties.

### **Compassionate Care Hospice**

### 888-983-9050

5730 N. Lilley Rd., Ste. A, Canton, MI 48187 **Service:** A community based organization providing hospice care.

Eligibility: Patients suffering from life-limiting illness.

### Compassus

### 800-888-0803

801 S. Waverly Rd., Ste. 200 Lansing, MI 48917 www.compassus.com

**Service:** We provide end of life care with care, comfort and compassion for the whole family.

### **Evangelical Home-Saline**

### 734-429-9401

440 W. Russell St., Saline, MI 48176 www.ehmsolutions.org

**Service**: Multi-disciplinary approach providing care focusing on wholeperson wellness.

See our ad on page 17.

### **Hospice Compassus**

### 800-888-0803

www.compassus.com

**Service**: Our clinical team relieves symptoms, manages pain, and provides support.

### First Health Hospice, Inc.

### 248-423-3096

322 N. Old Woodward, Birmingham, MI 48009 www.firsthealthmi.com

**Service**: Large staff ready to serve those that meet the criteria of Hospice Care.

### **Grace Hospice**

### 596-879-9164

2755 Carpenter Rd., Ste. 1W Ann Arbor, MI 48108 www.ghospice.com

### **Hospice of Michigan**

### 888-247-5701

400 Galleria Officentre, Ste. 400 Southfield, MI 48034

### 888-247-5701

43097 Woodward Ave., Ste. 102 Bloomfield Hills, MI 48302

### 888-247-5701

3200 Greenfield Rd., Ste. 250 Dearborn, MI 48120

### 888-247-5701

39531 Garfield Rd. Clinton Township, MI 48038

### www.hom.org

Service: With the patient and family at the center of care planning, we provide comprehensive end of life care. See our ad on page 14.

### **Hospice of Monroe**

### 734-240-8940

1070 N. Monroe St., Ste. B, Monroe, MI 48162 www.mercymemorial.org



Service: Home, hospital or facility, end of life care in Monroe and Southern Wayne County.

### **Hospice of Northwest Ohio**

### 734-568-6801

8132 Secor Rd., Lambertville, MI 48144 www.hospicenwo.org Service: Hospice and palliative care. Bereavement and caregiver support. Licensed in Ohio and Michigan. Eligibility: Anyone living with an end-stage illness.

### **Kindred Hospice**

### 248-356-5070

25925 Telegraph Rd., Ste. 102 Southfield, MI 48033 www.kindredathomehospice.com Service: We treat all symptons, physical, spiritual and emotional, and provide support for families.

### Michigan Community VNA

### 800-852-1232

30800 Telegraph Rd., Ste. 1728 Bingham Farms, MI 48025 www.vna.org

**Service**: VNA Hospice provides professional medical care to people in the home or home-like setting. Eligibility: Call for information.

### **Michigan Premier Hospice**

### 800-893-5493

312 E. Houghton Ave., West Branch, MI 48661 www.MichiganPremierHHC.com Service: Certified, compassionate symptom relief, pain management and end of life care wherever your residence in MI-24/7. **Eligibility**: Anyone with a life expectancy of six months or less that has chosen to

focus on comfort care and relief from pain.

### NorthStar Palliative Care

### 855-249-5678

2366 Oak Valley Dr., Ann Arbor, MI 48103 www.arborhospice.org

Service: End-of-life care for patients with pain and symptom management in the patient's home or in-residence. See our ad on page 13.

### St. Marie's Hospice

### 248-421-8998

24555 Southfield Rd., Southfield, MI 48075 www.stmarieshospice.org

Service: To restore honor, dignity, and respect to end of life services. Eligibility: All insurances welcome.

### HOSPITALS

### **ProMedica Monroe** Regional Hospital

### 734-240-8400

718 North Macomb St., Monroe, MI 48162 www.promedica.org/monroe

Service: PMRH provides services including surgical, cancer care, homecare, hospice, physical rehabilitation and women's services.

### St. Joseph Mercy Chelsea

### 734-593-6000

775 S. Main St., Chelsea, MI 48118 www.stjoeschelsea.org

Service: We are a non-profit, acute care facility providing high-quality care.

### St. Joseph Mercy Hospital

### 734-712-3456

5301 E. Huron Dr., Ypsilanti, MI 48197 www.sjmercyhealth.org

### St. Joseph Mercy Livingston

### 517-545-6100

620 Byron Rd., Howell, MI 48843 www.sjmercyhealth.org

# The sooner you call, the more we can help. 24/7 Support 888-247-5701 Our State. Our Town. or hom.org Our Hospice. the northstar Care Communit

Service: 24-hour emergency department, inpatient/outpatient surgery, radiology/ imaging, cardiac/pulmonary rehabilitation, laboratory and med flight.

### St. Joseph Mercy Saline

### 734-429-1500

400 W. Russell, Saline, MI 48176 www.sjmercyhealth.org Service: Specializing care for the aging patient by board-certified Geriatrician. Referral by primary care provider.

### **INFORMATION AND REFERRAL**

### A New Place to Call HOME

### 989-915-0801

P.O. Box 733, Clarkston, MI 48347 Service: Assisting families with senior housing options.

Eligibility: Servicing Oakland, Macomb, or Genesee counties.

### **AARP Michigan**

### 866-227-7448

309 N. Washington Sq., Ste. 110 Lansing, MI 48933 aarp.org/mi

Service: AARP provides information and resources across the country.

### **ACCESS**

### 313-842-7010

2651 Saulino Ct., Dearborn, MI 48120 www.accesscommunity.org **Service**: Arab-American community organization with focus on health and socio-economic issues.

### **Alzheimer's Association**

### 800-272-3900

564 S. Main St., Ste. 200, Ann Arbor, MI 48104 www.alz.org/mglc

Service: 24/7 helpline, Information and referral for support groups, caregiver education programs, brochures and lending library, care planning, emotional support. See our ad on page 34.

### Area Agency on Aging 1-B

### 800-852-7795

29100 Northwestern Hwy., Ste. 400 Southfield, MI 48034

### 800-852-7795

39090 Garfield, Ste. 102 Clinton Twp, MI 48038 www.aaalb.org

Service: A nonprofit organization providing trusted information and assistance on local programs and services to help seniors remain living at home. We are the first place to call when needing help.

**Eligibility**: Serving Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

See our ad on outside back cover.

### Assisted Living Locators Metro Detroit

### 248-702-1492

6632 Telegraph Rd. #149 Bloomfield Hills, MI 48302 www.AssistedLivingLocators.com/ MetroDetroit

**Service**: Providing seniors with expert advice on senior living options.

### Assisted Living Locators Southeast Michigan

### 734-274-9903

2911 Lakehurst Ct., Ann Arbor, MI 48105 www.168.assistedlivinglocators.com
Service: An Eldercare Advisor will help you in making the right choice for you and/or your loved one.
Eligibility: Adults of all ages.

### Association of Chinese Americans - Detroit

### 313-831-1790

4750 Woodward Ave., Ste. 211
Detroit, MI 48201
www.acadetroit.org
Service: Physical and mental health
prevention programs for Chinese
American seniors.

### **Choice Connections**

### 517-262-1899

205 Birdsell St., Jackson, MI 49203 www.choice-connections.com Service: Reduce time and stress, educate on options, help with financial resources available and personal assistance on tours.

### **Creative Eldercare Consultants**

### 248-842-4980 or 800-355-8932

1641 S. Milford Rd., Ste. C-101 Highland, MI 48357 www.creativeeldercare.com Service: We offer free personalized eldercare placement.

### Detroit Area Agency on Aging (Region 1A)

### 313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207 www.detroitseniorsolution.org

**Service**: Live call center assistance: housing, transportation, nutrition, adult day services,

wellness centers, senior employment training, options counseling and more. Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.

### **Hartland Senior Activity Center**

### 810-626-2135

9525 Highland Rd., Howell, MI 48843 www.hartlandseniorcenter.org
Service: We provide programs and services for seniors age 50 and over.

### **Loving Hearts Senior Services**

### 586-246-3108

5031 Coshocton Dr., Waterford, MI 48327 www.lovingheartsseniorservices.com Service: A free senior living referral service. Eligibility: 55 and older. From no-care to high-levels of care resources.

# **Monroe County Commission on Aging**

### 734-240-3290

965 S. Raisinville Rd., Monroe, MI 48161 www.co.monroe.mi.us

**Service**: Provide information and referral regarding Monroe County senior services.

### **Neighborhood Senior Services**

### 734-712-7775

5361 McAuley Dr., Ann Arbor, MI 48106 www.NSSweb.org

**Service**: Provides a comprehensive evaluation of senior's resources, needs and ability to function independently. **Eligibility**: Washtenaw County resident, 60+.

### **Parents Changing Spaces**

### 248-895-2052

145 Livernois Rd., Rochester Hills, MI 48307 www.parentschangingspaces.com Service: Free senior living referral and placement service. Eligibility: 55+.

### **The Information Center**

### 734-282-7171

20400 Superior Rd., Taylor, MI 48162 www.theinfocenter.org

**Service**: Connects the community with free services and programs.

**Eligibility**: Services available to anyone in the community.

# The Senior Alliance - Area Agency on Aging 1C

### 800-815-1112

5454 Venoy Rd., Wayne, MI 48184 www.TheSeniorAlliance.org Service: Connects individuals to programs and services to meet their needs. Eligibility: Western and Southern Wayne County Residents.

### **MEDICAL CLINICS**

### Geriatric Center at University of Michigan

### 734-764-6831

4260 Plymouth Rd., Ann Arbor, MI 48109 www.med.umich.edu/geriatrics
Service: Provides primary care, geriatric assessments, specialy clinics, therapy groups, supprot groups, counseling.

# Huron Valley PACE Program of All-Inclusive Care for the Elderly

### 734-572-5777

2940 Ellsworth Rd., Ypsilanti, MI 48197 www.HuronValleyPACE.org

Service: Alternative to nursing home care, healthcare and adult day services. Program of All-inclusive Care for the Elderly.

Eligibility: 55 and over, meet MI criteria for nursing home level care, be safe at home with PACE services, live in service area.

### **VA Ann Arbor Healthcare System**

**734-769-7100 or 800-361-8387** 2215 Fuller Rd., Ann Arbor, MI 48105

### 517-764-3609

4238 Page Ave., Michigan Center, MI 49254

### 810-720-2913

2360 S. Linden Rd., Flint, MI 48532

### 419-259-2000

1200 S. Detroit Ave., Toledo, OH 43614 www.annarbor.va.gov

**Service**: Inpatient and outpatient medical care for Veterans in SE Michigan and NW Ohio.

**Eligibility**: Depends on variables for Veterans. Contact the Health Benefits Unit at 734-845-5275.

### **MEDICAL EQUIPMENT**

### Advanced Medical Solutions, Inc.

### 517-223-8243

5059 E. Grand River Ave. Fowlerville, MI 48836

### 810-225-7701

Woodland Health Center 7575 Grand River Ave., #106, Brighton, MI 48114

### 517-548-1443

106 W. Grand River Ave., Howell, MI 48843

### 734-528-2522

Reichert Health Center

5333 McAuley Dr., Ste. 1106 Ann Arbor, MI 48197 www.amsdme.com

**Service**: We deliver home medical equipment and have 24-hour

emergency service.

Eligibility: Most insurances.

### **Amigo Mobility Center**

### 989-777-2060

6693 Dixie Hwy., Bridgeport, MI 48722 www.amigomobilitycenter.com
Service: Sales and service. Look good, feel good and be fully functional in the mobility equipment that fits you.

### **Batteries Plus of Ann Arbor**

### 734-975-2441

3120 Packard Rd., Ann Arbor, MI 48108 **Service**: Replacement batteries for wheelchairs, scooter, lift chairs, hearing aid and medical alert.

### Binson's Home Medical

734-477-0202 or 888-246-7667

2770 Carpenter Rd., Ypsilanti, MI 48104

### 810-229-9200

455 E. Grand River Ave., #206 Brighton, MI 48116 www.binsons.com

### **Brighton Care Center**

### 800-420-0202

455 E. Grand River, Ste. 206 Brighton, MI 48116

**Service**: Home oxygen and sleep therapies, home medical equipment, diabetic supplies, home delivery or Walk-In Care Centers.

# CareLinc Home Medical Equipment & Supply

734-525-4399

13450 Farmington Rd., Livonia, MI 48150

### 616-249-2273 or 888-810-5462

89 54th St. SW, Grand Rapids, MI 49548 Service: Oxygen, respiratory equipment, medical supplies, scooter and wheel chair rentals, medical and hospital equipment rentals, CPAP and CPAP supplies.

### **Freedom Creators**

### 616-931-0886

124 Walnut St., Holland, MI 49423 www.freedomwand.com **Service**: A personal hygiene device that holds toilet paper, shaver, ointment pad and loofah.

### **Hart Medical Equipment**

248-241-9290 or 888-606-8778

5701 Bow Pointe Dr., Ste. 105

Clarkston, MI 48346

**Service**: Oxygen/Respiratory supplies, orthopedic supports, beds, pillows and cushions, diabetic supplies/shoes, bath safety products, sleep therapy products.

### **HOMETOWN Pharmacy**

### 734-243-5656

15483 S. Dixie Hwy., Monroe, MI 48161

### 734-242-2966

1144 N. Monroe St., Monroe, MI 48162

### 734-747-8080

2355 E. Stadium Blvd., Ann Arbor, MI 48104

### 734-428-8393

128 E. Main St., P.O. Box 399 Manchester, MI 48158

### 734-475-1188

1125 S. Main St., Chelsea, MI 48118

### 517-851-7575

110 S. Clinton St., Stockbridge, MI 49285 www.HomeTownPharmacy.com Service: Your HomeTown source for medical equipment and supplies. Medicare and most other insurances accepted.

### **Intelli Home Systems**

### 248-504-9110

297 Tamarack Dr., Saline, MI 48176 www.intellihomesystems.com

**Service**: Using assistive technology to help seniors remain comfortable in their home.

### Michigan Disability Rights Coalition

### 517-333-2477

3498 E. Lake Lansing Rd., Ste. 100 East Lansing, MI 48823

www.atxchange.org

**Service**: Free web-based classified ads to sell/buy used medical equipment (assistive technology). Post items to sell. Look for items you need. Some items are free!

### **Nexus Home Medical Equipment**

### 248-632-1700

1352 Combermere Dr., Ste. A, Troy, MI 48083 www.nexusmedicalequipment.com Service: Mobility equipment, ramps and home safety, CPAP, incontinence and diabetic supplies.

### **Phoenix Medical Supply**

### 248-354-1206

21455 Melrose Ave., Ste. R9 Southfield, MI 48075 **Service:** We supply oxygen and medical equipment to Livingston

and Washtenaw counties.

### **Wright & Filippis**

### 734-975-6800

4585 Washtenaw Ave., Ann Arbor, MI 48108

### 313-386-3330

4050 Fort St., Lincoln Park, MI 48146

### 248-347-2365

26750 Providence Pkwy, Ste. 125 Novi, MI 48374

### 616-249-1807

2225 Main St., Ste. 150, Wyoming, MI 49519 www.firsttoserve.com

**Service:** Prosthetics, orthotics, home medical equipment, respiratory, diabetic supplies.

# MEDICAL EQUIPMENT LOAN CLOSETS

### **Great Lakes Loan Closets**

www.LoanClosets.org

**Service**: Above website will help you find free or low-cost home medical equipment in your community.

### **World Medical Relief**

### 313-866-5333

21725 Melrose Ave., Southfield, MI 48075 www.worldmedicalrelief.org
Service: Life-saving goods, equipment for people in need.

# PERSONAL EMERGENCY RESPONSE SYSTEMS

### Critical Signal Technologies your Link To Life

### 888-557-4462

27475 Meadowbrook Rd., Novi, MI 49377 www.criticalsignaltechnologies.com
Service: Personal alert button for connection to family or emergency services.
Eligibility: No eligibility requirements for affordable private pay options. Assistance may be available through local Area Agency on Aging programs which may require eligibility.

### **Guardian Medical Monitoring**

### 888-349-2400

18000 W. 8 Mile Rd., Southfield, MI 48075 GuardianMedicalMonitoring.com Service: A recognized leader in Personal Emergency Response Systems and monitoring. Eligibility: Assistance from Area Agency on Aging if eligible.

### **EMS LifeLink**

### 866-824-4413

1200 State Circle Dr., Ann Arbor, MI 48108 www.hva.org/our.services/ems-lifelink Service: In-home 24/7 medical monitoring. Answered locally by emergency medical dispatchers.

**Eligibility**: Residents of Livingston, Monroe, Oakland, and Washtenaw Counties.

### **Intelli Home Systems**

### 248-504-9110

297 Tamarack Dr., Saline, MI 48176 www.intellihomesystems.com **Service**: Using assistive technology to help seniors remain comfortable in their home.

### **LifeChoice Solutions**®

### 734-295-9292

400 W. Russell Dr., Saline, MI 48176 www.ehmsolutions.org

Service: Certified Aging in Place specialists provide the right technology for you.

See our ad on this page.

### **Medical Care Alert**

### 248-946-8172

43334 7 Mile Rd., Ste. 400 Northville, MI 48167 www.MedicalCareAlert.com Service: Medical Alert Systems with 24/7 Monitoring by EMT/ EMD-Certified Operators.

Eligibility: 50-State coverage. No long-term commitments. Mostly private pay with some covered by insurance for auto no-fault or through AAA agencies.

### Monroe Community Ambulance - EMS Lifelink

### 866-824-4413

1598 W. Seventh St., Monroe, MI 48161 www.mca-ems.org/our-services-mca/emslifelink

**Service**: In-home 24/7 medical monitoring. Answered locally by emergency medical dispatchers.

### **PHARMACIES**

### **United Specialty Pharmacy**

### 313-558-9448 or 844-355-6337

25205 Trowbridge St., Dearborn, MI 48124 www.UnitedMedRx.com Service: We cater to how client's medications are packaged,Electronic MARS, or specific times.

# REHABILITATION RESOURCES

### **Brostrom Physical Therapy**

### 248-446-0155

22180 Pontiac Trl., Ste. E South Lyon, MI 48178

Service: Outpatient, hands-on physical therapy customized to your needs. Eligibility: South Lyon and surrounding communities. Most insurances accepted.

# Comprehensive Physical Therapy Center

### 313-875-4645

9800 Conant, Hamtramck, MI 48212 www.compptc.com

**Service**: Physical therapy services

for all age groups.

Eligibility: All insurances including Medicaid, Medicare and HMO's.

### EHM Senior Solutions: Redies Center for Rehabilitation and Healthy Living

### 734-429-9401

440 W. Russell St., Saline, MI 48176 www.EHMsolutions.org

Service: Post-acute rehabilitation center with specialized physicians, nurses, therapists, dieticians, and social workers. We craft a personalized care plan that emphasizes independence and a smooth transition home.

See our ad on this page.

# EHM Senior Solutions: Redies Outpatient Therapy Center

### 734-429-9401

400 W. Russell St., Saline, MI 48176 www.EHMsolutions.org

**Service**: Extend therapy received during a hospital or nursing home stay. Physical,

occupational, and speech therapists can help you build your strength, endurance, flexibility and cognitive functioning with customized therapy programs.

See our ad on this page.

# Outpatient Rehabilitation at Glacier Hills

### 734-929-6721

1200 Earhart Rd., Ann Arbor, MI 48105 www.glacierhills.org

**Service**: Provides outpatient services including physical and occupational therapy to adults of all ages.

**Eligibility**: Ann Arbor and surrounding communities. Most insurances accepted.

### The Care and Rehabilitation Center at Glacier Hills

### 734-929-6922

1200 Earhart Rd., Ann Arbor, MI 48105 www.glacierhills.org

**Service**: Offering skilled nursing care, long-term and memory care programs.

### **IHM Senior Living Community**

### 734-241-3660

610 West Elm St., Monroe, MI 48161 www.ihmsisters.org

Service: IHM Senior Living Community views therapy as a vital link in maintaining your independence. Our therapy team specializes in customized care to address each individuals unique needs.

See our ad on page 19.

### **Motus Rehabilitation**

### 313-791-0616

22731 Newman, Ste. 100B Dearborn, MI 48124 motusheals.com

**Service**: Providing outpatient physical and occupational therapy services in 9 local clinics.

# Experience Our Continuum of Care

**EHM Senior Solutions** has been providing high quality health and wellness services since 1879. We offer a full continuum of care, so no matter where you are on life's journey, we are there for your evolving health needs.

Independent Living
Assisted Living
Memory Support Care
Long Term Care
Skilled Nursing

Post Acute Rehabilitation Outpatient Therapy Home Health Care Adult Day Care Handyman Services



SENIOR SOLUTIONS

734.295.9292 EHMsolutions.org

### The Redies Outpatient Center

### 734-429-1660

400 W. Russell St., Saline, MI 48176 www.EHMsolutions.com

Service: Comprehensive physical, occupational, and speech therapy services. See our ad on page 17.

**United Methodist Retirement** Communities - Kresge **Rehabilitation & Skilled Nursing** - Chelsea Retirement Community

### 734-475-7310

Located on the campus of Chelsea Retirement Community 805 W. Middle St., Chelsea, MI 48118 www.umrc.com/communities/chelsearetirement-community

Service: Providing a wide range of short-term medical, nursing rehabilitative services. See our ad on page 36.

### **Ypsilanti Rehab Physical Therapy**

### 734-485-4544

6055 Rawsonville Rd., Belleville, MI 48111 www.ypsirehab.com

Service: Service to individuals to develop, maintain and restore maximum movement and functional ability.

Eligibility: Cash, credit cards, and most insurances accepted.

### RESPITE RESOURCES

### Affordable HomeCare

### 248-419-5010

### www.affordablehomecare.org

**Service**: Since 1989, we've helped seniors stay independent and in their home. Hourly or Stay-In including companionship, personal care, light housekeeping, meal preparation, medication reminders, and errands. We are the future of home care! See our ad on page 7.

### **Comfort Keepers**

### 517-481-2177

125 Irwin St., Brooklyn, MI 49230 www.Comfortkeepers.com/Jackson-MI

Service: In-Home care such as Companionship, Dementia, Respite, and Personal care; light housekeeping, errands and transportation. Trained, insured, bonded, screened, background checked. See our ad on page 8.

### **Comfort Keepers**

### 248-504-4974

1130 Tienken Ct., Ste. 203 Rochester Hills, MI 48306 www.comfortkeepers.com

Service: Companionship, personal care, or in-home safety solutions that improves a senior's quality of life and enables independent living at home.

### **IHM Senior Living Community**

### 734-241-3660

610 W. Elm St., Monroe, MI 48161 www.ihmsisters.org

Service: In the heart of beautiful Monroe lies IHM Senior Living Community offering a full continuum of health care and will soon offer new residential living for anyone 62 and better.

See our ad on page 19.

### Silver Maples of Chelsea

### 734-475-4111

100 Silver Maples Dr., Chelsea, MI 48118 www.silvermaples.org

Service: Short term respite stays offer day-to-day personal support, and social engagement that is desired, while giving a main caregiver a break. Stays can range from one week to several months. See our ad on page 37.

### Summerville at Brighton

### 810-229-9190

833 E. Grand River Ave., Brighton, MI 48816 www.emertius.com

### **Synergy HomeCare of Chelsea**

### 734-433-9007

140 W. Middle St., Ste. A, Chelsea, MI 48118 www.synergyhomecare.com Service: Professional, experienced caregivers available 24/7. Serving our community since 2008.

### Vicinia Gardens

### 810-354-8136

4016 Vicinia Way, Fenton, MI 48430

### 269-694-1621

700 Eley Street, Otsego, MI 49078 www.viciniagardens.com

Service: Embracing the desires, independence, and belonging of our residents is what we are about. We provide all-inclusive services and amenities. Each of our private suites includes a bedroom, sitting area and a spacious ADA accessible bathroom.

See our ad on page 40.

### Wellsbrooke Premium Home Care

### 734-525-0640

14855 Galleon Ct., Plymouth, MI 48170 www.WellsBrooke.com

Service: Taking care of all your home health needs. Free assessment.

### SUPPORT GROUPS

### **Alzheimer's Association**

### 734-369-2716

564 South Main St., Ste. 200 Ann Arbor, MI 48104 www.alz.org/mglc

Service: Includes support, education, early-stage social engagement for people living with dementia, and problem solving for caregivers and family members, respite available at some groups. Online support groups available at alzconnected.org. See our ad on page 34.

### **Area Agency on Aging 1-B**

### 833-262-2200

29100 Northwestern Hwy., Ste. 400 Southfield, MI 48034 www.aaalb.org

### 833-262-2200

39090 Garfield, Ste. 102 Clinton Twp, MI 48038 www.aaalb.org

Service: Nonprofit offering six-week classes to help family caregivers learn to take care of themselves while caring for their loved one.

Eligibility: Serving Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

See our ad on outside back cover.

### **Catholic Social Services of** Washtenaw County - "Grandparents As Parents" (GAP)

### 734-712-7774

5361 McAuley Dr., Ypsilanti, MI 48197 www.csswashtenaw.org/gap Service: Grandparents As Parents. Catholic Social Services, free support groups throughout Washtenaw. Contact lgdaniec@csswashtenaw.org or call.

### **Detroit Area Agency** on Aging (Region 1A)

### 313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

www.detroitseniorsolution.org

**Service**: Support to lesbian, gay, bisexual and transgender older adults to reduce isolation and improve care.

Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.



Enjoy an independent, purpose-driven lifestyle with the complete spectrum of services.

- Meaningful connections activities and outings in a nurturing, faith-based setting
- Rich, natural landscape beautiful 108-acre campus with amazing views
- Well-being and fitness walking trails, support for healthy lifestyle
- Sustainable lifestyle stewardship of the environment

With this new expansion, **IHM provides true independent living** - the valuable peace of mind that comes from knowing you'll have compassionate, person-centered support.

Assisted living | Rehabilitation and skilled nursing | Long-term care | Memory care

Visit our website **www.ihmsisters.org** or call **734.240.8230** to learn more and continue living a full and meaningful retirement.

# **HOUSING GUIDE**

### **HOUSING CARE OPTIONS**

### **Assisted Living:**

Assisted Living are non-skilled facilities that provide assistance with medications and activities of daily living, such as laundry, bathing and dressing. Assisted Living is generally private pay, but HUD subsidizes some Assisted Living facilities.

### **Continuing Care Retirement Community:**

These facilities offer a campus-style environment that may include apartments, duplexes or condos with assisted living and/or skilled nursing care available. Residents purchase their condo and pay monthly maintenance fees. Payor sources accepted are private pay in the apartments/duplexes/condos and some insurance plans in Assisted Living.

### Lifecare:

Must be a State of Michigan Registered Lifecare Retirement Community.

### **Independent Living:**

Typically designed as a studio, one-bedroom or two-bedroom rental apartments with full kitchens and private baths. Services generally include meal plans, transportation, wellness centers, housekeeping, laundry and maintenance. Generous amenities may include computers, swimming pool and social gathering halls. Rates are monthly and vary according to apartment size. Private pay and some insurance plans are accepted.

### **Skilled Nursing:**

Typically found in a nursing facility or a transitional care unit in the hospital. Daily rates generally include a furnished bedroom, private or shared bath, meals, transportation and all personal and nursing care. Payor sources typically accepted are Medicare, Medicaid, VA, some insurances and private pay.

INDEPENDENT LIVING Name, Address	Contact & Phone #	Ad On Page #	Minimum Monthly Cost (may vary)	Number of Apartments
Abbey Park at Mill River 28413 Abbey Ln., New Hudson	248-437-6550			
All Seasons of Rochester Hills 175 E. Nawakwa Rd., Rochester Hills	Claudia Mills 248-299-0700		\$3,010	144
All Seasons of West Bloomfield 5600 Drake Rd., West Bloomfield	248-237-3169			156
American House Senior Living Community – Brownstone 21400 Dix Toledo Hwy, Brownstown Twp.	734-984-2487			
American House Senior Living Community – Carpenter 3470 Carpenter Rd., Ypsilanti	888-539-0814			
American House Senior Living Community – Dearborn Heights 26600 Ann Arbor Trail, Dearborn Heights	313-202-9914			
American House Senior Living Community – Elmwood 2251 W. Auburn Rd., Rochester Hills	248-481-5432			
American House Senior Living Community – Farmington Hills 24400 Middlebelt Rd., Farmington Hills	888-655-2054			
American House Senior Living Community – Grosse Pointe at Cottage 161 Kercheval Ave., Grosse Pointe Farms	313-228-4090			
American House Senior Living Community – Hazel Park 777 E. Woodward Heights Blvd., Hazel Park	877-869-7701			
American House Senior Living Community – Livonia 11525 Farmington Rd., Livonia	734-447-5029			
American House Senior Living Community – Milford 700 Napa Valley Dr., Milford	877-573-2410			

INDEPENDENT LIVING Name, Address	Contact & Phone #	Ad On Page #	Minimum Monthly Cost (may vary)	Number of Apartments
American House Senior Living Community – Oakland 1915 Baldwin Ave., Pontiac	888-557-2248			
American House Senior Living Community – Riverview 20300 Fort St., Riverview	734-720-1159			
American House Senior Living Community – Southfield 27577 Lahser Rd., Southfield	888-454-1716			
American House Senior Living Community – Southgate 1633 Allen Rd., Southgate	734-720-9285			
American House Senior Living Community – Southland 25250 Eureka Rd., Taylor	734-720-1160			
American House Senior Living Community – Stone 3741 South Adams Rd., Rochester Hills	888-785-4676			
American House Senior Living Community – The Village 3617 South Adams Rd., Rochester Hills	888-756-4761			
American House Senior Living Community – Troy 2300 Grand Haven Dr., Troy	888-728-7139			
American House Senior Living Community – West Bloomfield 5859 West Maple Rd., West Bloomfield	888-506-0450			
American House Senior Living Community – Westland Hunter 35700 Hunter Ave., Westland	734-447-5037			
American House Senior Living Community – Westland Joy 39201 Joy Rd., Westland	734-961-4695			
American House Senior Living Community – Westland Venoy 1660 S. Venoy Rd., Westland	734-961-4782			
Ann Arbor Housing Commission – Baker Commons 106 Packard, Ann Arbor	734-794-6720		30% of Income	64
Ann Arbor Housing Commission-Broadway Terrace Apartments 1504-1508 Broadway, Ann Arbor	734-794-6720		30% of Income	20
Ann Arbor Housing Commission – Miller Manor 727 Miller Ave., Ann Arbor	734-794-6720		30% of Income	104
Ann Arbor Housing Commission – South Seventh Apts 221-253 S. Seventh St., Ann Arbor	734-794-6720		30% of Income	8
Ann Arbor Housing Commission-White State-Henry Apartments 1514-1520 White St., 701-719 Henry St., Ann Arbor	734-794-6720		30% of Income	28
Ashford Court Senior Residence 37501 Joy Rd., Westland	Liz 734-451-1155		\$2,324	143
Beehive Homes of Oxford 73 BeeHive Dr., Oxford	248-783-6288			
Beaumont Commons, Farmington Hills 21300 Archwood Circle, Farmington Hills	Cheryl Dzikowski 248-426-6903		\$1,430-\$1,795	51
Brecon Village – EHM Senior Solutions 200 Brecon Dr., Saline	Nicole Boyer 734-429-1155	17		76

INDEPENDENT LIVING Name, Address	Contact & Phone #	Ad On Page #	Minimum Monthly Cost (may vary)	Number of Apartments
Brookdale Brighton 833 East Grand River Ave., Brighton	810-229-9190		\$2,300	144
Brookdale Farmington Hills 36550 Grand River Ave., Farmington Hills	Kelly Craft 248-476-7478		\$1,400	163
Brookdale Novi 45182 W. Park Drive, Novi	Kathie Shaffer 248-669-5330		Varies	112
Brookdale Southfield 25800 W. 11 Mile Rd., Southfield	Katherine Demeter 248-4727-2000		\$1,795	217
Brookhaven Manor 401 W. Oakbrook, Ann Arbor	Dolores 734-747-8800	39	\$2,700-\$3,800	138
Cambridge Towers 19101 Evergreen Rd., Detroit	Yukita Bailey 313-533-6333		Based on Income	250
Canterbury-on-the-Lake 5601 Hatchery Rd., Waterford	Shannon Siburt 248-674-9292			74
Carpenter Place 3400 Carpenter Rd., Ypsilanti	Diana Bennett 734-973-8377		30% of Income	150
CedarBrook Senior Living of Northville 15700 N. Haggerty Rd., Plymouth	Pat Thomas 734-738-5000		\$3,495	201
Chelsea Retirement Community – Dancy House Apartments 805 W. Middle St., Chelsea	734-385-1323	36	\$2,106	129
Chelsea Retirement Community – Prairie Cottages 805 W. Middle St., Chelsea	734-385-1323	36		
Chidester Place Apartments 330 Chidester, Ypsilanti	734-487-9400		30% of Income	151
Colonial Meadows Apartments 1246 E. Walton Blvd., Pontiac	248-373-0983			82
Courthouse Square Senior Apartments 100 S. Fourth Ave., Ann Arbor	Louise Carter 734-995-5511			115
Drake Professional Home Care LLC 6722 Whispering Woods Dr., West Bloomfield Twp.	Kita Drake 248-470-5285		\$800-\$5,000	26
Eden Manor 18040 Coyle Ave., Detroit	313-653-0536			
Elmhaven Manor Senior Retirement Community 600 West Walton Blvd., Pontiac	248-451-1370			138
<b>Evangelical Manor</b> 6720 W. Outer Dr., Detroit	313-837-0450	17		
Farmington Place 32900 Grand River Ave., Farmington	248-478-8544			151
Frenchtown Place 1201 North Macomb St., Monroe	734-241-8500			
Garden City Tower Apartments 6120 Middlebelt Rd., Garden City	734-422-2500			241

INDEPENDENT LIVING Name, Address	Contact & Phone #	Ad On Page #	Minimum Monthly Cost (may vary)	Number of Apartments
Glacier Hills Senior Living Community 1200 Earhart Rd., Ann Arbor	734-913-0730		\$2,000	192
Glenwood Apartments 797 Hazelnut, Fowlerville	Jacquelyn Fisher 517-223-7215		\$520	24
Hillside Terrace Retirement Community The Orchard Apartments 1939 Jackson Ave., Ann Arbor	Nanya Litz 734-761-4451		\$2,000	9
Imperial Senior Suites 27600 Franklin Rd., Southfield	248-200-0180			
Independence Village of Brighton 7700 Nemco Way, Brighton	Community Specialist 810-207-0408		Varies	122
Independence Village of Oxford 701 Market St., Oxford	Community Specialist 248-301-2494		Varies	109
Independence Village of Plymouth 14707 Northville Rd., Plymouth	Community Specialist 734-237-3398		Varies	132
Independence Village of White Lake 935 Union Lake Rd., White Lake	Community Specialist 248-301-6125		Varies	99
Lakeland Place 2700 Elizabeth Lake Rd., Waterford	248-682-3122			
Lexington Club of Ann Arbor 2224 Golfside Rd., Ann Arbor	Mary Allen 734-572-9000		\$899	154
Lincoln Meadow Apartments 500 Lincoln St, Middleville	Joyce Domire 269-795-7715		30% of Income	50
Livingston Green Apartments 470 N. Grand Ave., Fowlerville	517-223-0144		\$429	32
Lockwood of Waterford 1407 Skipper Dr., Waterford	Leasing 248-618-0777			126
<b>Lurie Terrace Apartments</b> 600 W. Huron St., Ann Arbor	Bill Campbell 734-665-0695		\$600	132
Mable H. Kehres Apartments 15275 S. Dixie Hwy., Monroe	Kim Miller 734-241-6222		30% of Income	200
Magnolia By The Lakes North 1699 Cass Lake Rd., Keego Harbor	Nicole Beseau 248-681-8000		\$2,500	90
Magnolia By The Lakes South 1700 Cass Lake Rd., Keego Harbor	Nicole Beseau 248-681-8000		\$3,000	90
Maple Heights Retirement Community 4600 Allen Rd., Allen Park	Lori Batt 313-383-6226			145
Marian Place 408 W. Front St., Monroe	Amy Jo Compau 734-241-2414			50
Meadowcrest Senior Apartments 24200 Lathrup Blvd., Southfield	Leona Kahl 248-423-3690		Varies	83
Mill Pond Manor 460 Russell St., Saline	Belinda Booker 734-429-3838		30% of Income	47

INDEPENDENT LIVING Name, Address	Contact & Phone #	Ad On Page #	Minimum Monthly Cost (may vary)	Number of Apartments
Oakhaven Manor Retirement Community 1320 Ashebury Ln., Howell	Tammy Garrison 517-548-9870		\$1,929	112
Orion Assisted Living & Memory Care 101 E. Scripps, Orion Twp.	Michelle Hornberger 248-621-3100			72
Oxford Park Towers of Berkley 2345 Oxford, Berkley	Veronica Marlow 248-399-9300		\$890	214
Park at Franklin 28301 Franklin Rd., Southfield	248-353-2810		Varies	108
Park Place Towers 34 Park St., Mt. Clemons	586-469-6446			
Parkside of Llvonia 28115 Jamison St., Livonia	734-522-1151		\$1,300	166
Pine Ridge of Hayes Senior Living 43707 Hayes Rd., Sterling Heights	Ann Marie Broquet 586-247-0901			85
Pine Ridge of Garfield Senior Living 36333 Garfield Rd., Clinton Township	Andrea Gunn 586-723-0000			17
Pine Ridge of Plumbrook Senior Living 8350 Plumbrook Rd., Sterling Heights	Dolanda Scott 586-274-2500			118
Pomeroy Living Rochester Independent 3434 South Blvd. West, Rochester Hills	248-829-1030			123
Rolling Meadows Apartments 360 N. Ann St., Fowlerville	Tammy Kretzinger 517-223-3883		Based on Income	28
Samaritas 1131 N. Maple Rd., #125, Ann Arbor	Faith Barr 734-669-8840		30% of Income	55
Senior Suites 414 Newberry, Howell	Laura Quinn 586-242-2772		\$875	5
Silver Fox Senior Apartments 317 Silver Fox, Milan	877-257-0295			51
Silver Maples of Chelsea 100 Silver Maples Dr., Chelsea	Christina Kim 734-475-4111	37		77
St. Joseph's Village 5341 McAuley Dr., Ypsilanti	Jaci Schacht 734-712-1600		\$2,517	66
StoryPoint Saline 6230 S. State St., Saline	Community Specialist 734-418-6107		Varies	92
The Bellaire Senior Living 12621 Hale St., Riverview	734-283-8000		\$1,400-\$2,500	87
The Cedars of Dexter 411 Cedars Ln., Dexter	Sue Fickau 734-792-9702			
<b>The Cottage</b> 7340 Jackman Rd., Temerance	Molly Delucia 734-847-3217		\$4,450	10
<b>The James</b> 22111 Woodward Ave., Ferndale	248-554-3600		\$1,600-\$5,000	104

INDEPENDENT LIVING Name, Address	Contact & Ad On Page #		Minimum Monthly Cost (may vary)	Number of Apartments
<b>The Pines Senior Apartments</b> 325 Wilkinson St., Chelsea	Kristy Collins 734-433-9130			
Tonquish Creek Manor 1160 Sheridan, Plymouth	Annette Stutrud 734-455-3670		30% of Income	104
Towne Centre Place 401 W. Michigan Ave., Ypsilanti	Rochelle Chatman 734-482-5500		\$388	170
University Living 2865 South Main, Ann Arbor	Tanum Ollila 734-669-3030			66
Victoria Square Senior Apartments 1300 Electric Ave., Lincoln Park	313-381-0880		\$555	86
Villa of Shelby Senior Living 4200 West Utica Rd., Shelby Township	Joann Liccardello 586-739-5520			136
Village Manor 9501 East Highland Rd. Howell	810-632-6200			
Westhaven Manor Senior Retirement Community 34601 Elmwood Ave., Westland	734-799-0014		\$1,349-\$1,659	144
Windemere Park Senior Community 31800 Van Dyke Ave., Warren	Aaron Rodino 586-722-2576			96
Woodhill Senior Apartments 521 Galloway, Manchester	Char Harris 734-428-0555		\$555	24
Woodland Village Senior Community 7533 Grand River, Brighton	Angie Fair 810-844-7487		\$2,630	50
Woodpointe 29711 Wentworth St., Livonia	734-261-9000		\$1,800	22
<b>Zigler Place</b> 30001 St. Martins St., Livonia	248-476-2226		Based on Income	141

ASSISTED LIVING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Apts.	Memory Care	Alz./Dem.	Respite	Adult Daycare
Addington Place Memory Care 42010 W. Seven Mile Rd., Northville	Janine Rosenbergh 248-305-9600		\$5,700	80	80	•	•	
American House Senior Living Community - Carpenter 3470 Carpenter Rd., Ypsilanti	888-539-0814							
American House Senior Living Community - Dearborn Heights 26600 Ann Arbor Trail, Dearborn Heights	313-202-9914							
American House Senior Living Community - Elmwood 2251 W. Auburn Rd., Rochester Hills	248-481-5432							
American House Senior Living Community - Farmington Hills 24400 Middlebelt Rd., Farmington Hills	888-655-2054							
American House Senior Living Community - Grosse Pointe at Cottage 161 Kercheval Ave., Grosse Pointe Farms	313-228-4090							

ASSISTED LIVING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Apts.	Memory Care	Alz./Dem.	Respite	Adult Daycare
<b>American House Senior Living Community - Hazel Park</b> 777 E. Woodward Heights Blvd., Hazel Park	877-869-7701							
American House Senior Living Community - Livonia 11525 Farmington Rd., Livonia	734-447-5029							
American House Senior Living Community - Milford 700 Napa Valley Dr., Milford	877-573-2410							
American House Senior Living Community - Oakland 1915 Baldwin Ave., Pontiac	888-557-2248							
American House Senior Living Community - Riverview 20300 Fort St., Riverview	734-720-1159							
American House Senior Living Community - Southfield 27577 Lahser Rd., Southfield	888-454-1716							
American House Senior Living Community - Southgate 1633 Allen Rd., Southgate	734-720-9285							
American House Senior Living Community - Southland 25250 Eureka Rd., Taylor	734-720-1160							
American House Senior Living Community - Stone 3741 South Adams Rd., Rochester Hills	888-785-4676							
American House Senior Living Community - The Village 3617 South Adams Rd., Rochester Hills	888-756-4761							
American House Senior Living Community - Troy 2300 Grand Haven Dr., Troy	888-728-7139							
American House Senior Living Community - West Bloomfield 5859 West Maple Rd., West Bloomfield	888-506-0450							
American House Senior Living Community - Westland Hunter 35700 Hunter Ave., Westland	734-447-5037							
American House Senior Living Community - Westland Joy 39201 Joy Rd., Westland	734-961-4695							
American House Senior Living Community - Westland Venoy 1660 S. Venoy Rd., Westland	734-961-4782							
Anthology of Northville 44600 Five Mile Rd., Northville	Jennifer Marentette 248-697-2700	IFC	\$4,600	64	27	•	•	
Anthology of Novi 42400 Twelve Mile Rd., Novi	Linda Nelson 248-567-2040	IFC	\$2,995	67	39	•	•	
Anthology of Rochester Hills 1775 Rochester Rd., Rochester Hills	Kerry Henderson 248-266-7680	IFC	Varies	97	42	•	•	
Anthology of Troy 3400 Livernois, Troy	Kaitlyn Gilchrist 248-528-8001	IFC	\$4,600	55	42		•	
Ashley Court of Brighton 7400 Challis Rd., Brighton	810-225-7400		\$4,000	80		•	•	
Aspen Grove Assisted Living Residence 7515 Secor Rd., Lambertville	Lexi Ackels 734-856-4400			78	22	•	•	

ASSISTED LIVING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Apts.	Memory Care	Alz./Dem.	Respite	Adult Daycare
Atria Park of Ann Arbor 1901 Plymouth Rd., Ann Arbor	Jody Thompson 734-741-9500		\$3,035	72		•	•	
Barrett Regency 5101 N. Rochester Rd., Rochester	Sheila Leadbetter 313-478-3676		\$4,500	6		•	•	•
Beaumont Commons, Farmington Hills 1400 Archwood Circle, Farmington Hills	Cheryl Dzikowski 248-426-6903		\$3,300	62		•	•	
Bellbrook - Rochester 873 W. Avon Rd., Rochester Hills	248-656-6300			54	30	•	•	
Brecon Village - EHM Senior Solutions 200 Brecon Dr., Saline	Nicole Boyer 734-429-1155	17		32		•	•	•
Brecon Village - The Memory Support Center 101 Brecon Dr., Saline	734-295-9811	17		36	36	•	•	•
Brookdale Ann Arbor 2190 Ann Arbor-Saline Rd., Ann Arbor	Julie Craft 734-327-1350		Varies	67	19	•	•	
Brookdale Brighton 833 E. Grand River Ave., Brighton	810-229-9190		\$2,300	144				
Brookdale Farmington Hills North 27900 Drake Rd., Farmington Hills	Amie Schulz 248-489-9362							
Brookdale Monroe 1605 Fredericks Dr., Monroe	Julie Edwards 734-344-2074		Varies	38	20	•	•	
Brookdale Northville 40405 6 Mile Rd., Northville	Pamela Frayer 734-420-6104							
Brookdale Troy Assisted Living 4900 Northfield Pkwy., Troy	248-952-5533		Varies	66		•	•	
Brookdale Troy Memory Care 4900 Northfield Pkwy., Troy	248-952-5533		Varies	50	50	•	•	
Brookdale W. Eisenhower Parkway 750 W. Eisenhower Pkwy., Ann Arbor	Kate Lake 734-213-1708		Varies	36	36	•	•	
Cambrian Senior Living 52365 Ten Mile Rd., South Lyon	Denise Zebley 248-344-0001		\$3,695	58				
Cambrian Senior Living 333 N. Occidental, Tecumseh	517-423-5300							
Canterbury-on-the-Lake 5601 Hatchery Rd., Waterford	248-674-9292			72		•		
Caretel Inns of Brighton 1014 E. Grand River Ave., Brighton	Joe Whitney 810-220-5222					•	•	
Cedar Woods Assisted Living & Memory Care 44401 I-94 S. Service Dr., Belleville	Donna Lou Shaw 734-699-2900		\$2,282- \$5,000	85		•	•	
CedarBrook of Rochester 790 Letica Dr., Rochester	Michelle Miller 248-841-2850		\$5,000+	71	35	•	•	
CedarBrook Senior Living of Northville 15700 N. Haggerty Rd., Plymouth	Pat Thomas 734-738-5000		\$3,495	201	35	•	•	

ASSISTED LIVING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Apts.	Memory Care	Alz./Dem.	Respite	Adult Daycare
Chelsea Retirement Community - Towsley Village  - Memory Care 805 W. Middle St., Chelsea	Danielle Gauntlett 734-385-1323	36				•	•	
<b>Chelsea Retirement Community - Glazier Commons</b> 805 W. Middle St., Chelsea	Danielle Gauntlett 734-385-1323	36						
Chester Street Residence 1725 Chester Rd., Royal Oak, MI	Kathy 248-439-6800			54				
<b>Crystal Creek Assisted Living &amp; Memory Care</b> 8121 N. Lilley Rd., Canton	Annetta Malles 734-927-7022		\$5,350	80	80	•	•	
<b>Devonshire Manor</b> 891 Devonshire Blvd., Brighton	Mysti Root 810-220-4516			6		•	•	•
<b>Drake Professional Home Care LLC</b> 6722 Whispering Woods Dr., West Bloomfield Twp.	Kita Drake 248-470-5285		\$800- \$5,000	26	26	•	•	•
<b>Eva's House at Glacier Hills – Memory Care</b> 1200 Earhart Rd., Ann Arbor	734-913-0730			36	36	•		
<b>Farmington Hills Inn</b> 30350 W. 12 Mile Rd., Farmington Hills	Admissions 248-851-9640		\$1,925	137		•	•	
Glacier Hills Senior Living Community 1200 Earhart Rd., Ann Arbor	734-913-0730		\$4,900	128		•		
Glen Abbey Assisted Living and Memory Care 445 N. Lotz Rd., Canton	Jason Johnson 734-913-0730		\$4,625	28	13	•	•	
Hillside Terrace Retirement Community 1939 Jackson Ave., Ann Arbor	Nanya Litz 734-761-4451		\$2,822	73		•	•	
IHM Senior Living Community 610 W. Elm, Monroe	734-241-3660	19				•		
Independence Village of Brighton 7700 Nemco Way, Brighton	Community Specialist 810-207-0408		Varies	30			•	
Independence Village of Oxford 701 Market St., Oxford	Community Specialist 248-301-2494		Varies	36			•	
Independence Village of Plymouth 14707 Northville Rd., Plymouth	Community Specialist 734-237-3398		Varies	77			•	
Independence Village of White Lake 935 Union Lake Rd., White Lake	Community Specialist 248-301-6125		Varies	50			•	
Kays Heart 7004 Paige Ave., Warren	Emelin Williams 248-525-3424		\$2,000	6		•	•	•
<b>Linden Square Assisted Living</b> 650 Woodland Dr., Saline	734-429-7600		\$4,100	109	35	•	•	•
Northville Assisted Living & Memory Care 40033 W. 8 Mile Rd., Northville	Michelle Hornberger 248-349-0400			48	23	•	•	
Novi Lakes Health Campus 41795 W. Twelve Mile Rd., Novi	248-449-1655			54	38		•	
<b>Oakmont Livonia</b> 14265 Middle Belt Rd., Livonia	734-261-2884							

ASSISTED LIVING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Apts.	Memory Care	Alz./Dem.	Respite	Adult Daycare
Oakmont Northville 4200 7 Mile Rd., Livonia	248-449-1480							
Orion Assisted Living & Memory Care 101 E. Scripps, Orion Twp.	Michelle Hornberger 248-621-3100			64	42	•	•	
Orion Manor 1814 S. Lapeer Rd., Lake Orion	Janet Mazzetti 248-814-6714					•	•	•
Park at Franklin 28301 Franklin Rd., Southfield	248-353-2810		Varies	145	65	•	•	
Pineview Manor 2888 Baldwin Rd., Lake Orion	Janet Mazzetti 248-814-6714					•	•	•
Pomeroy Living of Northville 40033 W. 8 Mile, Northville	248-349-0400							
Rochester Assisted Living & Memory Care 3466 S. Boulevard West, Rochester Hills	Michelle Hornberger 248-564-2200			51	22	•	•	
Silver Maples of Chelsea 100 Silver Maples Dr., Chelsea	Christina Kim 734-475-4111	37		58		•	•	
Silverbell Manor 1241 E. Silverbell Rd., Lake Orion	Janet Mazzetti 248-814-6714					•	•	•
St. Anne's Mead 16106 West 12 Mile Rd., Southfield	Barbara Porter 248-557-1221		\$3,230	50		•	•	
St. Joseph's Village 5341 McAuley Dr., Ypsilanti	Jaci Schacht 734-712-1600		\$2,977	28			•	
Sterling Heights Asssted Living & Memory Care 200 Fifteen Mile Rd., Sterling Heights	Michelle Hornberger 586-554-7200			46	23	•	•	
StoryPoint Saline 6230 S. State St., Saline	Community Specialist 734-418-6107		Varies	66		•		
Sunrise of Bloomfield 2080 S. Telegraph Rd., Bloomfield Hills	Linda Ybarra-Bozzone 248-972-0800		\$2,100	72	27	•	•	
Sunrise of Bloomfield Hills 6790 Telegraph Rd., Bloomfield Hills	Amy Lawler 248-858-7200		Varies	83		•	•	
Sunrise of Grosse Pointe Woods 21260 Mack Avenue, Grosse Pointe Woods	313-343-0600		Private Pay	57		•	•	
Sunrise of Northville 16100 N. Haggerty Rd., Plymouth	Sylvia Palmquist 734-420-4000		\$3,500	95		•	•	
Sunrise of Rochester 500 E. University Dr., Rochester	248-939-5831					•	•	
Sunrise of Troy 6870 Crooks Rd., Troy	Chelsea Macks 248-293-1200			80		•	•	
Sunrise of West Bloomfield 7005 Pontiac Trail, West Bloomfield	Carolyn White 248-738-8101					•	•	
Sunrise on Vernier 1850 Vernier Rd., Grosse Pointe Woods	313-879-0775					•	•	

ASSISTED LIVING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Apts.	Memory Care	Alz./Dem.	Respite	Adult Daycare
Sunrise Senior Living - Brighton Gardens of Northville 15870 N. Haggerty Rd., Plymouth	Patricia DeLeeuw 734-420-7917		\$3,500	105		•	•	
Sunrise Senior Living of North Farmington Hills 29681 Middlebelt Rd., Farmington Hills	248-538-9200		\$4,500- \$7,000	75		•	•	
Superior Woods Healthcare Center 8380 Geddes Rd., Ypsilanti	734-547-7600		\$3,108	26				
The Bellaire Senior Living 12621 Hale St., Riverview	734-283-8000		\$1,400- \$2,500	87				
<b>The Gilbert Residence</b> 203 S. Huron St., Ypsilanti	734-482-9498		\$3.400	90		•		
United Methodist Retirement Communities Chelsea Retirement Community 805 W. Middle St., Chelsea	734-385-1323	36						
United Methodist Retirement Communities The Thome Rivertown Neighborhood 250 McDougall St., Detroit	Julie Szuper 313-567-8045							
University Living at Ann Arbor 2865 South Main, Ann Arbor	734-669-3030			66		•	•	
Vibrant Life Senior Living 667 W. Sterns Rd., Temperance	734-847-3217		\$2,950	43			•	•
Vibrant Life Senior Living Jackman 7342 Jackman, Temperance"	734-847-3217		\$3,950	20		•	•	•
Village Manor Retirement 9501 East Highland Rd., Howell	Susanne Blanchette 810-632-6200		\$3,180	114			•	
Vista Springs Howell 605 Pere Marquette, Howell	Carleen Rieger 517-540-1926		\$2,150	40		•	•	
<b>Waltonwood At Royal Oak</b> 3450 West 13 Mile Rd., Royal Oak	248-549-6400			80			•	
<b>Wildwoods Assisted Living</b> 1595 Parmenter Rd., Corunna	Daniel Story 989-743-6163		\$3,550	6		•	•	
<b>Windemere Park Senior Living</b> 31800 Van Dyke Ave., Warren	Aaron Rodino 586-722-2576			90		•	•	
Woodhaven Assisted Living 29667 Wentworth St., Livonia	734-261-9000		\$4,000	60		•	•	•
Woodland Village Senior Community 7533 Grand River, Brighton	Angie Fair 810-844-7487			38			•	
SKILLED NURSING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Beds	Memory Care	Alz./Dem.	Respite	Adult Daycare
<b>Beaumont Rehabilitation &amp; Continuing Care, Farmington Hills</b> 21450 Archwood Circle, Farmington Hills	Sandy Russell 248-426-6958		\$275- \$300/day	179		•	•	
Canterbury-on-the-Lake 5601 Hatchery Rd., Waterford	248-674-5300			128		•		

SKILLED NURSING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Beds	Memory Care	Alz./Dem.	Respite	Adult Daycare
Caretel Inns of Brighton 1014 E. Grand River Ave., Brighton	Joe Whitney 810-220-5222		\$290/day	60		•	•	
Cedarbrook of Bloomfield Hills 41150 Woodward Ave., Bloomfield Hills	248-629-0132							
Drake Professional Home Care LLC 6722 Whispering Woods Dr., West Bloomfield Twp.	Kita Drake 248-470-5285		\$800- \$5,000	26		•	•	•
Evangelical Home – Saline 440 W. Russell St., Saline	Amy Hein 734-429-9401	17		215		•		
Fountain View of Monroe 1971 N. Monroe St., Monroe	Heather Strazzulla 734-243-8800			119		•	•	
Heartland Health Care Center-Ann Arbor 4701 E. Huron River Dr., Ann Arbor	734-975-2600			180		•	•	
Heartland Health Care Center – Canton 7025 N. Lilley Rd., Canton	734-394-3100			150				
<b>Heartland Health Care Center – Livonia</b> 28550 Five Mile Rd., Livonia	734-427-8270			142				
Heartland Health Care Center – Livonia NE 29270 Morlock St., Livonia	248-476-0555			180				
Heartland Health Care Center – Plymouth 105 Haggerty Rd., Plymouth	734-455-0510			105				
IHM Senior Living Community 610 W. Elm St., Monroe	734-241-3660	19				•		
Kresge Rehabilitation & Skilled Care Center on the Campus of Chelsea Retirement Community 805 W. Middle St. Chelsea	Chris Knight 734-475-7310	36				•	•	
MediLodge of Farmington 34255 Grand River Ave., Farmington	Admissions 248-477-7373			124		•	•	
MediLodge of Howell 1333 W. Grand River Ave., Howell	Natasha Cook 517-548-1900			219		•		
MediLodge of Livingston 3003 West Grand River Ave., Howell	Admissions 517-546-4210			149		•	•	
MediLodge of Milford 555 Highland Ave., Milford	248-685-1460							
MediLodge of Monroe 481 Village Green Lane, Monroe	734-242-6282			103		•	•	
MediLodge of Rochester Hills 1480 Walton Blvd., Rochester Hills	248-651-4422							
MediLodge of Shoreline 14900 Shoreline Dr., Sterling Heights	Salina Tiernan 586-247-4700			112		•	•	
MediLodge of Southfield 26715 Greenfield Rd., Southfield	248-557-0050			191		•	•	
Mercy Memorial Hospital System 700 Steward Rd., Monroe	734-240-1820							

SKILLED NURSING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Beds	Memory Care	Alz./Dem.	Respite	Adult Daycare
Pomeroy Living Skilled Rehabilitation 3500 W. South Blvd., Rochester Hills	248-852-7800			182		•	•	
Regency at Bluffs Park 355 Huronview Blvd., Ann Arbor	734-887-8669			71			•	
Regency at Livonia 14900 Middlebelt Rd., Livonia	734-425-4200			136		•	•	
Regency at Whitmore Lake 8633 Main St., Whitmore Lake	Brittney Jackson 734-449-4431			135		•	•	
Samaritas 6257 Telegraph Rd., Bloomfield Hills, MI	248-723-6275							
Sanctuary at White Lake 10770 Elizabeth Lake Road, White Lake	248-618-4100							
SKLD 2975 N. Adams Rd., Bloomfield Hills	248-645-2900							
SKLD 29270 Morlock St., Livonia	248-476-0555			180				
SKLD 105 Haggerty Rd., Plymouth	734-455-0510			105				
SKLD 6950 Farmington Rd., West Bloomfield	248-661-1700							
South Lyon Senior Care & Rehab Center 700 Reynold Sweet Pkwy., Brighton	Lorraine Hart 248-437-2048		\$230- \$260/day	74		•	•	
Sterling Heights Asssted Living & Memory Care 200 Fifteen Mile Rd., Sterling Heights	Michelle Hornberger 586-554-7200			176		•	•	
Superior Woods HealthCare Center 8380 Geddes Rd., Ypsilanti	734-547-7600			94		•	•	
The Care and Rehab Center at Glacier Hills 1200 Earhart Rd., Ann Arbor	Admissions 734-929-6922		\$360/day	88		•		
The Gilbert Residence 203 S. Huron St., Ypsilanti	Doreen Mannino 734-482-9498		\$229/day	32		•		
The Manor of Farmington Hills 21017 Middlebelt, Farmington Hills	Andrea Kulik 248-476-8300							
The Manor of Novi 24500 Meadowbrook Rd., Novi	Kayshia Wourman 248-477-2000		\$9,150	140		•	•	
The Redies Center for Rehabilitation and Healthy Living 440 W. Russell St., Saline	734-429-9401	17						
The Villa at Parkridge 28 S. Prospect, Ypsilanti	Teresa 734-714-5600		Varies	144				
<b>The Villa at Sillverbell Estates</b> 1255 W. Silverbell Rd., Orion	Jenny 248-391-0900		Varies	90		•	•	
WellBridge of Brighton 2200 Dorr Rd., Howell	517-947-4400			88		•	•	

SKILLED NURSING Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Beds	Memory Care	Alz./Dem.	Respite	Adult Daycare
WellBridge of Clarkston 5655 Clarkston Rd., Clarkston	248-707-3400			100		•	•	
WellBridge of Fenton 901 Pine Creek Dr., Fenton	810-616-4100			100		•	•	
WellBridge of Grand Blanc 3139 E. Baldwin Rd., Grand Blanc	810-445-5300			128		•	•	
WellBridge of Novi 48300 11 Mile Rd., Novi	248-662-2300			100		•	•	
WellBridge of Pinckney 66 S. Howell St., Pinckney	734-954-6700			100		•	•	
WellBridge of Rochester Hills 252 Meadowfield Dr., Rochester Hills	248-218-4800			100		•	•	
<b>WellBridge of Romeo</b> 375 S. Main St., Romeo	586-589-3800			124		•	•	
West Hickory Haven 3310 W. Commerce Rd., Milford	Clare Olson 248-685-1400			101		•		
Windemere Park Senior Living 31800 Van Dyke Ave., Warren	Kim Jannuzzi 586-722-2615 Ext. 2275			92		•	•	
<b>Woodhaven Skilled Nursing of Livonia</b> 29667 Wentworth St., Livonia	734-261-9000		\$8,500	32		•	•	•

CONTINUING CARE RETIREMENT COMMUNITY Name, Address	Contact / Phone #	Ad on page #	Minimum Monthly Cost (may vary)	# of Beds	Alz./Dem.	Respite	Adult Daycare
<b>Beaumont Commons, Farmington Hills</b> 21400 Archwood Circle, Farmington Hills	248-477-7400						
Brecon Village – EHM Senior Solutions 200 Brecon Dr., Saline	Nicole Boyer 734-429-1155	17		32			
Canterbury-on-the-Lake 5601 Hatchery Rd., Waterford	248-674-9292						
Chelsea Retirement Community 805 W. Middle St., Chelsea	734-385-1323	36					
Glacier Hills Senior Living Community 1200 Earhart Rd., Ann Arbor	734-913-0730			381			
IHM Senior Living Community 610 W. Elm St., Monroe	734-241-3660	19					
Windemere Park Senior Community 31800 Van Dyke Ave., Warren	Kim Jannuzzi 586-722-2615			278	•	•	
Woodhaven CCRC of Livonia 29667 Wentworth St., Livonia	734-261-9000		\$1,800	115			



At the Alzheimer's Association Walk to End Alzheimer's®, people carry flowers representing their connection to Alzheimer's — a disease that currently has no cure. But what if one day there was a flower for Alzheimer's first survivor? What if there were millions of them? Help make that beautiful day happen by joining us for the world's largest fundraiser to fight the disease. Register today at alz.org/walk.



To find a walk near you, or if you have questions about memory loss, contact:

#### **VISION RESOURCES**

#### **Anklin Eye Care**

#### 517-423-7447

904 W. Chicago Blvd., Ste. A Tecumseh, MI 49286 Service: Comprehensive eye care for seniors including eyeglasses, treatment of eye diseases and surgical comanagement.

## Greater Detroit Agency for the Blind & Visually Impaired

#### 313-272-3900

16625 Grand River, Detroit, MI 48227 www.gdabvi.org

**Service**: Adult services including Vision Rehabilitation, Therapy, and Mobility Vision Rehabilitation.

#### L.O. Eye Care

www.loeve.com

#### 517-337-1668 or 800-292-1668

2790 W. Grand River, Ste. 200 Howell, MI 48843

**Service**: We provide routine eye exams, and advanced surgical procedures, diagnose eye diseases and eye emergencies.

#### **Specialty Eye Institute**

#### 877-852-8463

2350 E. Stadium Blvd., Ste. 10 Ann Arbor, MI 48104

#### 877-852-8463

1600 Commerce Park, Ste. 100 Chelsea, MI 48118 www.specialityeyeinstitute.com Service: Specializing in medical eye care needs, cataracts, glaucoma, diabetic eye care, & laser vision correction.

#### University of Michigan Kellogg Eye Center

#### 734-647-9000

325 Briarwood Circle, Bldg. 5 Ann Arbor, MI 48105

#### 734-764-5106

1000 Wall St., Ann Arbor, MI 48105

#### 810-227-2357

5728 Whitmore Lake Rd., Brighton, MI 48116

#### 734-434-0404

4870 Clark Rd., Ste. 102, Ypsilanti, MI 48197 www.kellogg.umich.edu

**Service:** We provide comprehensive opthalmology care, including medical and surgical care for conditions of the eye.

## RESIDENTIAL

#### **ADULT FOSTER CARE**

#### **A Plus Quality Home Care**

#### 248-938-3386

 $21885~S.~Tuller~Ct., Southfield, MI~48076\\www.aplusqualitycare.com$ 

Service: RN & PT owned and operated focusing on "person-centered care".

Eligibility: Seniors, private pay, long term care insurance and Veterans Aid and Attendance Benefits.

#### **Agape Residential Care**

#### 313-633-9577

10130 Reeck Rd., Allen Park, MI 48101 www.agapecaremi.com

**Service**: Provides 24 hour care in our loving home.

**Eligibility**: Elderly.

#### **Essence Memory Care**

#### 248-506-1634

20800 E. Chigwidden St., Northville, MI 48167 www.EssenceMemoryCare.com Service: Memory Care 6 bed, 1 to 3 staff ratio. Eligibility: Persons living with

#### Golden Acre Residential Care, LLC

#### 734-547-5058

Dementia/Alzheimer's.

8253 Stoneham Dr., Ypsilanti, MI 48197 Service: Specializing in Alzheimer's, dementia, elder care and closed head injuries. Wheel chair accessible. Eligibility: Patients requiring basic to moderate care. Must be able to stand and transfer self.

#### **Kays Heart**

#### 248-525-3424

7004 Paige Ave., Warren, MI 48091 **Service**: Semi-independent home. Room and board, personal care, housework, activities.

#### **Orchard Hills Manor**

#### 734-709-3993

2139 Georgetown Blvd., Ann Arbor, MI 48105 **Service**: Private rooms, three meals plus snacks daily, medication administration, housekeeping and laundry. **Eligibility**: 50+.

#### **Standish Home for Elder Care**

#### 248-674-4026

3375 W. Walton Blvd., Waterford, MI 48329 Service: State licensed, 24 hour care. Activities, family home-like atmosphere. Eligibility: Age 60 and older.

#### The Wish-U-Well Inn

#### 313-525-2309

21005 Mada Ave., Southfield, MI 48075
Service: 24-hour supervision, medication schedules, personal care/hygiene, meal preparation and laundry service.
Eligibility: Ambulatory and Non-Ambulatory, Alzheimer and Dementia, male and female 60 years and older.

#### **Thrive Assisted Living**

#### 248-308-9607

2195 S. Hammond Lake Rd. West Bloomfield, MI 48324 www.thriveassistedliving.com Service: Memory Care Specialty. 6 beds 1 to 3 staff ratio. Eligibility: Persons living with Dementia/Alzheimer's.

#### True Tender Loving Care Adult Fostering LLC

#### 586-459-8679

45492 Lone Pine Ln., Macomb, MI 48044 www.truetlcafc.com

Service: Licensed, 24 hour care, meals, activities, outings, transportation, medication reminders and more.
Eligibility: 55 and over in need of memory care.

#### ASSISTED LIVING

#### **Anthology of Northville**

#### 248-697-2501

44600 Five Mile Rd., Northville, MI 48168 www.anthologyseniorliving.com

Service: Experience a caring environment that allows you to thrive in mind, body and spirit. Offering Assisted Living and Memory Care, Anthology of Northville welcomes you home.

See our ad on page inside front cover.

#### **Anthology of Novi**

#### 248-567-2040

42400 Twelve Mile Rd., Novi, MI 48377 www.anthologyseniorliving.com

Service: Experience a caring environment that allows you to thrive in mind, body and spirit. Offering Independent Living, Assisted Living and Memory Care, Anthology of Novi welcomes you home. See our ad on page inside front cover.

#### **Anthology of Rochester Hills**

#### 248-266-7680

1775 Rochester Rd., Rochester Hills, MI 48307 www.anthologyseniorliving.com

**Service**: Experience a caring environment that allows you to thrive in mind, body and



## Healthy Living Award

## Recognized as Retirement Resort for providing Retirement Living at its Healthiest®

Chelsea Retirement Community in Chelsea, MI has been recognized for its ability to provide *Retirement Living at its Healthiest*® and has been certified as a *Retirement Resort* by SENIOR HOSPITALITY INTERNATIONAL.

The top priority of the new generation of Seniors is staying healthy. Because retiring at home can become unhealthy due to loneliness and boredom, a growing number of Seniors are looking for communities with healthy lifestyle options for the body, mind, soul, and spirit. To help Seniors in their search for comprehensively healthy environments, a select group of communities is being recognized by SENIOR HOSPITALITY INTERNATIONAL as *Retirement Resorts* for their commitment to providing *Retirement Living at its Healthiest*®.

Chelsea Retirement Community has distinguished itself by earning this recognition for the healthy lifestyle residents can enjoy there. To receive this recognition, the community demonstrated a commitment to providing residents comprehensively healthy lifestyle options:

- · Healthy Campus Amenities (Facilities, Staffing & Programming)
- · Healthy Resident Activities (for Body, Mind, Soul & Spirit)
- Healthy Community Engagement (Resident Clubs & Groups)



"Chelsea offers an impressive array of healthy lifestyle options for residents to enjoy," said J. Keesey Hayward of SENIOR HOSPITALITY INTERNATIONAL. "Management and staff are relentlessly focused on helping their residents enjoy the many Dimensions of Healthy Living: Physical, Intellectual, Emotional, Social, Nutritional, Spiritual, Cultural, and Vocational."

Communities recognized as *Retirement Resorts* represent the paradigm shifts changing the focus and nature of the Senior Hospitality industry in recent years:

- · A shift from "Caring for the Elderly" to "Serving Seniors"
- A shift from "Getting Well" (cure) to "Staying Healthy" (prevention)
- · A shift from "Institutionality" to "Hospitality"

All Retirement Resorts offer an Independent Living Service-Level.

Some also offer additional Service-Levels: one or more Levels of on-site Healthcare Services (Assisted Living Services, Memory Care Services, and Nursing Care Services). Chelsea Retirement Community offers four Service-Levels: Independent Living and three Healthcare Service-Levels.

SENIOR HOSPITALITY INTERNATIONAL was founded in 1999 to "serve Seniors by guiding them to great communities where they can enjoy *Retirement Living at its Healthiest*®."

**Sounds interesting** ... Want to know more about the healthy lifestyle available at Chelsea Retirement Community? Visit www.ChelseaRetirementCommunity.com, call 734.275.2650 or email us at TheChelseaDifference@umrc.com.



spirit. Offering Assisted Living and Memory Care, Anthology of Rochester Hills welcomes you home.

See our ad on page inside front cover.

#### **Anthology of Troy**

#### 248-528-8001

3400 Livernois, Troy, MI 48083 www.anthologyseniorliving.com

Service: Experience a caring environment that allows you to thrive in mind, body and spirit. Offering Assisted Living and Memory Care, Anthology of Troy welcomes you home. See our ad on page inside front cover.

#### Brookdale Ann Arbor Assisted Living & Memory Care

#### 734-327-1350

2190 Ann Arbor-Saline Rd. Ann Arbor, MI 48103 www.brookdale.com Service: Personalized assisted living and memory care. Offering exceptional care, amenities & programs.

#### **Brookdale Brighton**

#### 810-229-9190

833 E. Grand River Ave., Brighton, MI 48816 www.brookdale.com

**Service**: Dressing and bathing assistance, medication reminders, daily meal preparation and housekeeping are available.

#### Brookdale W. Eisenhower Parkway

#### 734-213-1708

750 W. Eisenhower Pkwy. Ann Arbor, MI 48103 www.brookdaleliving.com **Service**: Personalized memory care. Offering exceptional amenities, programs and care.

#### **Cambrian Assisted Living**

#### 517-423-5300

333 N. Occidental Hwy., Tecumseh, MI 49286 www.CambrianSeniorLiving.com
Service: Comfortable elegance, gentle care and peace-of-mind define the 58 barrier-free private apartments.

#### **Cambrian Memory Care**

#### 517-423-5300

1415 Short St., Tecumseh, MI 49286 www.CambrianSeniorLiving.com Service: This state-of-the-art setting specializes in caring for those living with Alzheimers, dementia and memory loss.

#### **Cambrian Senior Living**

#### 248-344-0001

52365 Ten Mile Rd., South Lyon, MI 48178

www.CambrianSeniorLiving.com

**Service**: Our community is family owned and operated which insures you receive a very personalized experience.

**Eligibility**: Seniors aged 60 or older. Private pay. Long term care insurance and Veterans Aid and Attendance Benefits accepted.

#### EHM Senior Solutions: Brecon Village Primrose Place

#### 734-429-1155

200 Brecon Dr., Saline, MI 48176 www.EHMsolutions.org

Service: Offering comforts of home and peace of mind. Caring and compassionate staff provide individualized services and support promoting each resident's maximum independence. A full schedule of activities and programs available.

See our ad on page 17.

#### EHM Senior Solutions: The Memory Support Center at Brecon Village

#### 734-429-1155

101 Brecon Dr., Saline, MI 48176 www.EHMsolutions.org

Service: Comfortable, peaceful living environment with innovative technologies and caregivers trained in the widely recognized Best Friends™ approach. Support through all stages of memory loss. Secure setting with relaxing garden courtyards.

See our ad on page 17.

#### **IHM Senior Living Community**

#### 734-241-3660

610 W. Elm St., Monroe, MI 48161 www.ihmsisters.org

Service: With the help of our well-trained colleagues, residents in memory care at IHM Senior Living Community, will experience specially designed activities and programs unique to their strengths, interests, and needs.

See our ad on page 19.

#### **Independence Village of Brighton**

#### 810-207-0408

7700 Nemco Way, Brighton, MI 48116 www.IndependenceVillages.com **Service**: Premium apartments, dining and activities, personal care services daily.

#### **Independence Village of Oxford**

#### 248-301-2494

701 Market St., Oxford, MI 48371 www.IndependenceVillages.com **Service**: Premium apartments, dining and activities, personal care services daily.

#### **Independence Village of Plymouth**

#### 734-237-3398

14707 Northville Rd., Plymouth, MI 48170 www.IndependenceVillages.com
Service: Premium apartments, dining and activities, personal care services daily.

#### ${\bf Independence\,Village\,of\,White\,Lake}$

#### 248-301-6125

935 Union Lake Rd., White Lake, MI 48386 www.IndependenceVillages.com Service: Premium apartments, dining and activities, personal skilled care services daily.

#### **Silver Maples of Chelsea**

#### 734-475-4111

100 Silver Maples Dr., Chelsea, MI 48118 www.silvermaples.org

Service: Licensed through the State of Michigan, our all-inclusive, personalized care plan provides the assistance you need and the independence you desire with amenities and social programming just steps away. See our ad on this page.

#### United Methodist Retirement Communities - Chelsea Retirement Community

734-385-1323

805 W. Middle St., Chelsea, MI 48118





For Discharge Planners, Health Care Professionals & Patient Advocates

Since 2003, Senior Preferences is the one publication that compiles a comprehensive list of community organizations and businesses that cater to the specific needs of seniors. Our six regional editions cover 44 counties in lower Michigan and achieves over 100,000 impressions.

Distributed free, Senior Preferences gets in the hands of those professionals who assist seniors who need healthcare, a residential community, or other services such as legal or financial. Copies are available through:

AREA AGENCIES ON AGING
HOSPITAL DISCHARGE PLANNERS
SOCIAL WORKERS
SENIOR CENTERS



Region 2 Area Agency on Aging is proud to have been a partner in the creation of Senior Preferences. It is now the most inclusive resource guide available and we take it everywhere we go.

TRACY JAMES

COMMUNITY OUTREACH / MARKETING COORDINATOR



To include your organization in Senior Preferences, go to SeniorPreferences.com or contact us at 1-800-837-2637.

#### www.umrc.com/communities/chelsearetirement-community

Service: Independent Living, Assisted Living, Rehabilitative Care & Memory Care all on one campus.

See our ad on page 36.

#### United Methodist Retirement Communities – The Thome Rivertown Neighborhood

#### 313-567-8045

250 McDougall St., Detroit, MI 48207 www.umrc.com/communities/the-thomerivertown-neighborhood

**Service**: Rent levels are set to be affordable for persons aged 55 years and older with limited incomes and tenants can receive Medicaid-funded services in the privacy of their own home.

#### Vicinia Gardens

810-354-8136

4016 Vicinia Way, Fenton, MI 48430

#### 269-694-1621

700 Eley Street, Otsego, MI 49078 www.viciniagardens.com

Service: Embracing the desires, independence, and belonging of our residents is what we are about. We provide all-inclusive services and amenities. Each of our private suites includes a bedroom, sitting area and a spacious ADA accessible bathroom.

See our ad on page 40.

## CONTINUING CARE RETIREMENT COMMUNITY

#### **Chelsea Retirement Community**

734-385-1323

805 W. Middle St., Chelsea, MI 48118 www.umrc.com

**Service**: Individualized continuum of care provided as resident's physical, emotional and spiritual needs change. Located in the city of Chelsea.

See our ad on page 36.

## EHM Senior Solutions: Brecon Village

734-429-1155

200 Brecon Dr., Saline, MI 48176 www.EHMsolutions.com

Service: A vibrant senior living community with a full lineup of services allowing seniors to live comfortably. Thirty-two acres of manicured grounds within a quiet neighborhood minutes from downtown Saline.

See our ad on page 17.















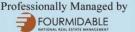
- Fitness Center
- Daily Exercise Programs
- Weekly Laundering of Bath and Bed Linens
- Senior 55 or Better
- One and Two Bedroom
- Utilities Included
- Meals Served Daily
- Weekly Housekeeping
- Many Activities & Outings

401 West Oakbrook Ann Arbor, MI 48103

PH: 734-747-8800 TTY: 711

brookhavenmanorapartments.com info@brookhavenmanorapartments.com







#### INDEPENDENT LIVING

#### Anthology of Novi

#### 248-567-2040

42400 Twelve Mile Rd., Novi, MI 48377 www.anthologyseniorliving.com

Service: Experience a caring environment that allows you to thrive in mind, body and spirit. Offering Independent Living, Assisted Living and Memory Care, Anthology of Novi welcomes you home. See our ad on page inside front cover.

#### **Brecon Village**

#### 734-429-1155

200 Brecon Dr., Saline, MI 48176 www.EHMsolutions.com

Service: Washtenaw County's premier Independent living option. See our ad on page 17.

#### **Brookdale Brighton**

#### 810-229-9190

833 E. Grand River Ave., Brighton, MI 48816 www.brookdale.com

Service: Offers seniors their own apartment in a senior-oriented community.

#### Brookhaven Manor

#### 734-747-8800

401 W. Oakbrook, Ann Arbor, MI 48103 www.brookhavenmanorapartments.com

Service: At Brookhaven Manor you will enjoy a classic lifestyle of elegance and beauty without the upkeep. We offer spacious one-two bedroom apartments with a variety of floor plans. See our ad on page 39.

#### **EHM Senior Solutions: Brecon Village**

#### 734-429-1155

200 Brecon Dr., Saline, MI 48176 www.EHMsolutions.com

**Service**: A vibrant senior living community

with a full lineup of services allowing seniors to live comfortably. Thirty-two acres of manicured grounds within a quiet neighborhood minutes from downtown Saline.

See our ad on page 17.

#### **Evangelical Manor**

#### 313-837-0450

6720 W. Outer Dr., Detroit, MI 48235 www.EHMsolutions.com

Service: Affordable housing for seniors on fixed incomes. Holistic approach focuses on helping people live healthier and more satisfying lives.

Eligibility: 62+. See our ad on page 17.

#### **Independence Village of Brighton**

#### 810-207-0408

7700 Nemco Way, Brighton, MI 48116 www.IndependenceVillages.com Service: Retirement living, premium apartments, daily dining and activities, pet friendly.

#### **Independence Village of Oxford**

#### 248-301-2494

701 Market St., Oxford, MI 48371 www.IndependenceVillages.com Service: Retirement living, premium apartments, daily dining and activities, pet friendly.

#### **Independence Village of Plymouth**

#### 734-237-3398

14707 Northville Rd., Plymouth, MI 48170 www.IndependenceVillages.com Service: Retirement living, premium apartments, daily dining and activities, pet friendly.

#### **Independence Village of White Lake**

#### 248-31-6125

935 Union Lake Rd., White Lake, MI 48386 www.independencevillages.com

Service: Retirement living, premium apartments, daily dining and activities, Pet friendly.

#### Oakhaven Manor **Retirement Community**

#### 517-548-9870

1320 Ashebury Lane, Howell, MI 48843 www.HavenManors.com Service: Featuring 1 and 2 bedroom apartment homes with service options available. Eligibility: 55 and better.

#### **Senior Suites**

#### 586-242-2772

414 Newberry, Howell, MI 48843 www.SeniorSuites.net **Service**: Private suites in shared living house. Utilities and laundry included. Eligibility: Able to live independent but company preferred. Contracted care allowed.

#### **Silver Maples of Chelsea**

#### 734-475-4111

100 Silver Maples Dr., Chelsea, MI 48118 www.silvermaples.org

Service: Villas and apartments are designed for individuals and couples alike who value comfort, convenience and community with diverse social programming and outings. Follow us on Facebook to learn more! See our ad on page 37.

#### **United Methodist Retirement** Communities - Chelsea **Retirement Community**

#### 734-385-1323

805 W. Middle St., Chelsea, MI 48118 www.umrc.com/communities/chelsearetirement-community

Service: Independent Living, Assisted Living, Rehabilitation Care & Memory Care all on one campus.

See our ad on page 36.

#### **United Methodist Retirement Communities The Cedars of Dexter**

#### 734-792-9702

411 Cedars Ln., Dexter, MI 48130 www.umrc.com/communities/cedars-ofdexter

Service: We offer residents 60+ a refined residential community of Craftsman-style luxury cottages.

#### **United Methodist Retirement Communities - The Pines Senior Apartments**

#### 734-433-9130

325 Wilkinson St., Chelsea, MI 48118

#### Independent Living Assisted, Intermediate & Memory Care Fenton Otsego 4045 Vicinia Way 700 Eley Street Fenton, MI 48430 Otsego, MI 49078 810-936-4242 269-694-1621 www.viciniagardens.com

www.umrc.com/communities/the-pines **Service**: Apartments designed for the active senior adults looking for comfort, convenience, sociability and privacy.

#### Vicinia Gardens

#### 810-354-8136

4016 Vicinia Way, Fenton, MI 48430

#### 269-694-1621

700 Eley St., Otsego, MI 49078 www.viciniagardens.com

Service: Embracing the desires, independence, and belonging of our residents is what we are about. We provide all-inclusive services and amenities. Each of our private suites includes a bedroom, sitting area and a spacious ADA accessible bathroom.

#### **MEMORY CARE**

See our ad on page 40.

#### **Anthology of Northville**

#### 248-697-2501

44600 Five Mile Rd., Northville, MI 48168 www.anthologyseniorliving.com

Service: Experience a caring environment that allows you to thrive in mind, body and spirit. Offering Assisted Living and Memory Care, Anthology of Northville welcomes you home.

See our ad on page inside front cover.

#### **Anthology of Novi**

#### 248-567-2040

42400 Twelve Mile Rd., Novi, MI 48377 www.anthologyseniorliving.com

Service: Experience a caring environment that allows you to thrive in mind, body and spirit. Offering Independent Living, Assisted Living and Memory Care, Anthology of Novi welcomes you home. See our ad on page inside front cover.

#### **Anthology of Rochester Hills**

#### 248-266-7680

1775 Rochester Rd., Rochester Hills, MI 48307 www.anthologyseniorliving.com

Service: Experience a caring environment that allows you to thrive in mind, body and spirit. Offering Assisted Living and Memory Care, Anthology of Rochester Hills welcomes you home.

See our ad on page inside front cover.

#### **Anthology of Troy**

#### 248-528-8001

3400 Livernois, Troy, MI 48083 www.anthologyseniorliving.com

**Service**: Experience a caring environment

that allows you to thrive in mind, body and spirit. Offering Assisted Living and Memory Care, Anthology of Troy welcomes you home. See our ad on page inside front cover.

#### **Brecon Village**

#### - Memory Support Care

#### 734-429-1155

200 Brecon Dr., Saline, MI 48176 www.EHMsolutions.org

Service: Washtenaw County's premier independent living campus.

See our ad on page 17.

#### **Brookdale Brighton**

#### 810-229-9190

833 E. Grand River Ave., Brighton, MI 48816 www.brookdale.com

**Service**: Dressing and bathing assistance, medication reminders, daily meal preparation and housekeeping are available.

#### Brookdale Ann Arbor Assisted Living & Memory Care

#### 734-327-1350

2190 Ann Arbor-Saline Rd. Ann Arbor, MI 48103 www.brookdale.com

**Service**: Personalized assisted living and memory care. Offering exceptional care, amenities & programs.

#### Brookdale W. Eisenhower Parkway

#### 734-213-1708

750 West Eisenhower Pkwy. Ann Arbor, MI 48103 www.brookdaleliving.com Service: Personalized memory care. Offering exceptional amenities, programs and care.

#### **Cambrian Memory Care**

#### 517-423-5300

1415 Short St., Tecumseh, MI 49286 www.CambrianSeniorLiving.com Service: This state-of-the-art setting specializes in caring for those living with Alzheimers, dementia and memory loss.

#### **Evangelical Home-Saline**

#### 734-429-9401

440 W. Russell St., Saline, MI 48176 www.EHMsolutions.org

**Service:** Multi-disciplinary approach providing care focusing on wholeperson wellness.

See our ad on page 17.

#### **Independence Village of Brighton**

#### 810-207-0408

7700 Nemco Way, Brighton, MI 48116

www.IndependenceVillages.com

Service: Premium apartments, dining and activities, personal care services daily.

#### **Independence Village of Oxford**

#### 248-301-2494

701 Market St., Oxford, MI 48371 www.IndependenceVillages.com Service: Premium apartments, dining and activities, personal care services daily.

#### **Independence Village of Plymouth**

#### 734-237-3398

14707 Northville Rd., Plymouth, MI 48170 www.IndependenceVillages.com
Service: Premium apartments, dining and activities, personal care services daily.

#### Independence Village of White Lake

#### 248-301-6125

935 Union Lake Rd., White Lake, MI 48386 www.IndependenceVillages.com
Service: Premium apartments, dining and activities, personal skilled care services daily.

#### **SKILLED NURSING**

#### **Evangelical Home - Saline**

#### 734-429-9401

440 W. Russell St., Saline, MI 48176 www.EHMsolutions.org

**Service**: Multi-disciplinary approach providing care focusing on wholeperson wellness.

See our ad on page 17.

#### **IHM Senior Living Community**

#### 734-241-3660

610 W. Elm St., Monroe, MI 48161 www.ihmsisters.org

Service: Whether on the road to recovery or looking for a place to call home, we are the place for you or your loved one. Specializing in rehabilitation and long-term care.

See our ad on page 19.

#### United Methodist Retirement Communities - Kresge Rehabilitation & Skilled Care Center

#### 734-475-7310

Located on the campus of Chelsea Retirement Community 805 W. Middle St., Chelsea, MI 48118 www.umrc.com/communities/chelsearetirement-community

**Service**: Providing a wide range of shortterm medical, nursing and rehabilitation. **See our ad on page 36.** 

## **SERVICES**

#### CARE OR CASE MANAGEMENT SERVICES

#### **AgileCare Solutions**

734-306-0647

325 E. Grand River Ave., Ste. 317 E. Lansing, MI 48823 www.useagilecare.com **Service**: An all-in-one resource for caregivers.

#### **Area Agency on Aging 1-B**

800-852-7795

29100 Northwestern Hwy., Ste. 400 Southfield, MI 48034

800-852-7795

39090 Garfield, Ste. 102 Clinton Twp, MI 48038 www.aaa1b.org

Service: Nonprofit offering governmentfunded programs providing direct care and care coordination. Must meet financial and level-of-care eligibility requirements.

**Eligibility**: Serving Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

See our ad on outside back cover.

#### Detroit Area Agency on Aging (Region 1A)

313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

www.detroitseniorsolution.org

Service: Nonprofit offering governmentfunded programs for direct care and care coordination. Must meet financial and level-of-care eligibility requirements. Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.

#### Detroit Area Agency on Aging (Region 1A)

313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

www.detroitseniorsolution.org

Service: Michigan Long Term Care Ombudsman Program--state-wide advocacy for residents of nursing homes, homes for the aged, and adult foster care homes. www.MLTCOP.org, 877-485-9393 See our ad on page 3.

#### **Feinberg Consulting**

248-538-5425 or 877-538-5425

7125 Orchard Lake Rd., Ste. 110

West Bloomfield, MI 48322 www.feinbergconsulting.com **Service**: Feinberg Consultant's nurses and social workers assist families struggling

## Jewish Family Services of Washtenaw County

with the needs of aging.

734-769-0209

2245 S. State St., Ste. 200, Ann Arbor, MI 48104 www.jfsannarbor.org

**Service**: Provides crisis intervention counseling, transportation and case management services.

#### **NorthStar Palliative Care**

855-249-5678

2366 Oak Valley Dr., Ann Arbor, MI 48103 www.arborhospice.org

**Service**: Home-based service that helps with advance care planning and alleviating symptoms of serious illness.

Eligibility: Patients need assistance with advance care planning or pain and symptom relief from a serious illness.

See our ad on page 13.

#### DRIVER SAFETY AND REHABILITATION PROGRAMS

## Area Agency on Aging 1-B - myride2 Mobility Management

855-697-4332

3941 Research Park Dr., Ste. B Ann Arbor, MI 48108

855-697-4332

29100 Northwestern Hwy., Ste. 400 Southfield, MI 48034 myride2.com

**Service**: Nonprofit service helps older drivers understand their mobility options and plan for a time when they may no longer be able to drive.

**Eligibility**: Serving Macomb, Oakland, and Wayne counties.

See our ad on the outside back cover.

#### **Special Driving Services, Inc.**

517-349-7990

3945 Okemos Rd., Ste A-5, Okemos, MI 48805 specialdrivingservices.com

Service: Driver Rehabilitation Services for stroke, dementia, or other health issues. Eligibility: Michigan Operator Driver's License or Temporary Instruction Permit.

## EDUCATIONAL RESOURCES

#### **Adult Learners Institute**

734-433-1000 Ext. 7358

809 W. Middle St., Chelsea, MI 48118 www.adultlearnersinstitute.org
Service: We support life-long learning by offering diverse classes with topics of interest to adult learners.

#### **Area Agency on Aging 1-B**

833-262-2200

29100 Northwestern Hwy., Ste. 400 Southfield, MI 48034

833-262-2200

39090 Garfield, Ste. 102 Clinton Twp., MI 48038 www.aaa1b.org

Service: Nonprofit offering health and wellness classes for older adults. Diabetes management, fall prevention and chronic pain management. Call for dates/locations. Eligibility: Serving Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

See our ad on the outside back cover.

#### **Elderwise Red Cross Building**

734-961-3007

4624 Packard Rd., Ann Arbor, MI 48103 www.elderwiselearning.org
Service: Lifelong learning programs for seniors, in-depth learning, plus social and intellectual interaction.

#### **Epilepsy Foundation of Michigan**

800-377-6226

25200 Telegraph Rd., Ste. 110 Southfield, MI 48033 www.epilepsymichigan.org **Service**: Provides education, referrals, camp, advocacy, public awareness, support and research.

#### Michigan Attorney General Consumer Education

517-335-0855

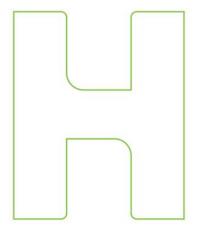
1st Floor G Mennen Williams Bldg. 525 W. Ottawa St., Lansing, MI 48933 www.Mi.gov/ce

**Service**: Free educational program to help Michigan consumers avoid becoming victims of scams and fraud.

#### Monroe County Health Department

734-240-7849

2353 S. Custer Rd., Monroe, MI 48161 www.co.monroe.mi.us/publichealth



## If you have Medicare questions, we can still help!

Through COVID-19 and beyond, meeting your Medicare needs is what drives us at Humana. We can answer your questions and review your Medicare coverage options with careful consideration. This can be done over the phone to help you stay healthy and safe.

Call a licensed sales agent Monday – Friday, 8 a.m. – 5 p.m.



## Humana.

Applicable to Humana Gold Plus HMO H6622-056. Important! At Humana, it is important you are treated fairly. Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status, or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help. 1) You may file a complaint, also known as a grievance: Discrimination Grievances, P. O. Box 14618, Lexington, KY 40512-4618If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711. 2) You can also file a civil rights complaint with the U. S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https:// ocrportal. hhs. gov/ocr/portal/lobby. jsf, or at U. S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www. hhs. gov/ocr/office/file/index. html. California residents: You may also call California Department of Insurance toll-free hotline number: 1-800-927-HELP (4357), to file a grievance. Auxiliary aids and services, free of charge, are available to you at 1-877-320-1235 (TTY: 711). Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate. Language assistance services, free of charge, are available to you at 1-877-320-1235 (TTY: 711). Español (Spanish): Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística. **繁體中文 (Chinese):** 撥打上面的 電話號碼即可獲得免費語言援助服務。 Tiếng Việt (Vietnamese): Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí. 한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오. Tagalog (Tagalog - Filipino): Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad. Русский (Russian): Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода. Kreyòl Ayisyen (French Creole): Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis. Français (French): Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique. **Polski (Polish):** Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer. Português (Portuguese): Lique para o número acima indicado para receber serviços linguísticos, grátis. Italiano (Italian): Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti. Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten. 日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話く تَصُوف مرامش اب ناگیار تروصب ینابُز تالیهست تفایرد یارب(Farsi) یسراف (Farsi) یسراف ناگیار تروصب ینابُز تالیهست تفایرد یارب (Farsi) یسراف (Navajo): Wódahí béésh bee hani'í bee wolta'ígíí bich'í hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé كتغلب ةدعاسملل ةيناجم تامدخ يلع لوصحلل هالعاً نيبملا مقرلاب لاصتالا عاجرلا (Arabic) قيب رعلا .niká'adoowoł

Service: Education and access to group counseling related to diabetes & pre-diabetes. Eligibility: Adults age 60 and over.

#### **Osher Lifelong Learning** Institute (OLLI) at the University of Michigan

#### 734-998-9351

2401 Plymouth Rd., Ste. C Ann Arbor, MI 48105 www.olli-umich.org Service: Small classes, large lectures, cultural events and trips for those over age 50.

#### Washtenaw Library for the Blind and Physically Disabled

#### 734-327-4224

343 S. Fifth Ave., Ann Arbor, MI 48104 http://wlbpd.aadl.org/

Service: Audio, braille and large print books mailed at no cost.

Eligibility: Individuals of any age who are unable to read or use standard printed materials as a result of visual or physical limitations.

#### **EMPLOYMENT AND TRAINING**

#### **Detroit Area Agency** on Aging (Region 1A)

#### 313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

#### www.detroitseniorsolution.org

Service: Senior Community Service Employment Program (SCSEP)-Skill development, training and placement for ages 55+ with limited income.

Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.

#### FINANCIAL SERVICES

#### Certified Benefit Advisors, PLLC

#### 269-979-8600

100 Country Pine Ln., Ste. 2 Battle Creek, MI 49015 www.certifiedbenefitadvisors.com Service: Our safe-money Chartered Retirement Planning Counselors/licensed agents show how to protect your accounts.

#### **Daily Management Solutions, LLC**

#### 734-470-6224

753 Pembroke Dr., Saline, MI 48176 www.dailymgmtsolutions.com Service: Personal accounts organization and management services, bill payment assistance, and basic computer assistance.

#### **Senior Benefits Group**

#### 800-724-2660

719 E. Grand River, Brighton, MI 48116 www.benefits4seniors.com Service: Estate Planning.

#### **FUNERAL PRE-PLANNING**

#### **Guardian Angel Cemetery** - Mt. Elliott Cemetery Association

#### 586-610-8916

4701 N. Rochester Rd., Rochester, MI 48306 www.mtelliott.com/guardianangel/ Service: Compassionate, professional family counselors provide families with tools to make preplanning decisions.

#### **The Monument Station**

#### 586-752-3360

296 S. Main St., Romeo, MI 48065 themonumentstation.com Service: Monuments, cemetery markers, benches, urns, cremation keepsakes, prearranging and sympathy gifts.

#### HOME REPAIRS/SENIOR **MOVE MANAGER**

#### **Caring Transitions**

#### 248-270-6822

10450 Deer Ridge Trail, Holly, MI 48442 www.caringtransitionsofNOC.com Service: Provide relocation (packing and unpacking), organizing, downsizing and liquidating services.

#### **EHM Senior Solutions: Life Choice Solutions**

#### 734-295-9292

400 W. Russell Dr., Saline, MI 48176 www.EHMchoices.org

Service: Helping seniors remain independent and stay in their homes. Your answer to home maintenance and safety modifications, handyman services, and technologies. See our ad on page 17.

#### **HOME Senior Moving Services**

www.HomeSeniorMoving.com Services: Moving, packing & unpacking, estate sale, online auctions, real estate and property management.

#### **Homeowners Services of America**

#### 734-944-3337

199 W. Michigan Ave., Saline, MI 48176 www.hsa-remodel.com

Service: Consultation and construction of home improvements so that clients can stay in their homes.

#### LifeChoice Solutions®

#### 734-295-9292

400 W. Russell Dr., Saline, MI 48176 www.EHMsolutions.org

Service: Certified Aging in Place specialists provide home handyman services. See our ad on page 17.

#### **Moving Forward**

#### 248-889-3559

272 W. Wardlow Rd., Highland, MI 48357 www.movingfwd.com

Service: Downsizing, moving, clean-outs. Sort, pack, transport, unpack, online consignment auctions.

#### Peaceful Moves, LLC

#### 734-972-1244

P.O. Box 842, Fowlerville, MI 48836 www.peacefulmoves.net Service: Supporting seniors through transitions. Moving, packing, and unpacking. Eligibility: Livingston and Washtenaw counties, age 55 and older.

#### **Senior Home Solutions**

#### 586-980-0049

42416 Mound Rd., Sterling Heights, MI 48314 Service: Home modifications including grab bars, showers, ramps, staircase lifts and much more.

Eligibility: Michigan residents 50 and older.

#### Stella Contracting, Inc.

#### 734-459-7111

1098 Ann Arbor Rd. W, #102 Plymouth, MI 48170 www.stellacontractinginc.com Service: Full service remodeling with products and services that allow homeowner's to stay in their home safely.

#### The Senior Movers

#### 800-345-1006

447 Elmwood Dr., Troy, MI 48083 www.TheSeniorMovers.com Service: Full Senior Advisor Services, Relocation, Packing, Unpacking, Downsizing, Community Placement. Eligibility: 55+ in Livingston, Lenawee, Macomb, Monroe, Oakland, Washtenaw and Wayne counties.

#### INSURANCE INFORMATION

#### **Area Agency on Aging 1-B (MMAP)**

#### 800-803-7174

29100 Northwestern Hwy., Ste. 400 Southfield, MI 48034 www.aaalb.org

Service: A nonprofit program providing free, confidential and unbiased health insurance counseling to Medicare recipients including help with understanding Medicare Part D, Medicare Advantage Plans, Medigap plans and general Medicare coverage.

Eligibility: Serving Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

See our ad on the inside back cover.

#### **Detroit Area Agency** on Aging (Region 1A)

#### 313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

www.detroitseniorsolution.org

Service: Free health-benefit counseling from the Michigan Medicaid Assistance Program (MMAP) for coverage choices and insurance needs.

Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.

#### **GH2** Benefits, LLC

#### 989-607-4121

P.O. Box 5409, Saginaw, MI 48603 www.gh2benefits.com

Service: Financial planning and insurance

services for all ages nationwide. Eligibility: Nationwide.

#### **HAP Senior Plus Medicare Plans**

#### 888-830-0855 TTY: 711

2850 W. Grand Blvd., Detroit, MI 48073 hap.org/newtomedicare

Service: Retiring soon? Turning 65? Moving? HAP Medicare plans start at \$0 per month. Dental, vision and hearing included! HAP is here to help.

Eligibility: Service area is Michigan, visit hap.org for products in your specific county. Hours: M-F, 8 A to 8 PM.

#### Humana

#### 800-649-0059 or TTY 877-833-4486

#### Humana.com

Service: Humana Inc., headquartered in Louisville, Ky., is a leading health and wellbeing company focused on making it easy for people to achieve their best health with clinical excellence through coordinated care. See our ad on page 43.

#### **U-Insured**

#### 616-498-0719

Service: Medicare Supplement and Advantage Plans. Licensed in Michigan and Indiana.

#### **United Healthcare**

#### 248-331-4242

26957 Northwestern Hwy., Ste. 400 Southfield, MI 48033 www.glhp.com

Service: Got Medicare and Medicaid? Call today.

See our ad on this page.

#### **LEGAL AND CONSUMER RESOURCES**

#### **Accettura & Hurwitz**

#### 248-848-9409

34705 W. 12 Mile Rd., Ste. 103 Farmington Hills, MI 48843 www.ElderLawMI.com

Service: Estate planning, probate & trust administration, veterans benefit,

Medicaid planning.

Eligibility: Offices in Canton, Farmington Hills, Howell and Royal Oak.

#### **Bassett Law**

#### 734-930-9200

2045 Hogback Rd., Ann Arbor, MI 48105 www.bassettlaw.com

Service: Offers full range of elder law needs, including; estate and medicaid planning, guardianship and conservatorship.



### **Got Medicaid? Got Medicare?** Get more of the help you need now.

UnitedHealthcare Dual Complete® (HMO D-SNP) includes extra benefits to help you get care and services you may be missing today. If you have both Medicaid and Medicare, that could be a big help in these uncertain times.

#### Get extra benefits for a \$0 plan premium.

Dual Complete is a Medicare plan. It works with your Medicaid plan. You'll keep all your Medicaid benefits and add more.

Got Medicaid and Medicare? Call today. 1-877-485-5531, TTY 711

#### UHCCommunityPlan.com/MI

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.

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#### **Chalgian & Tripp Law Offices**

#### 248-799-2711

26211 Central Park Blvd., Ste. 200 Southfield, MI 48076

#### 734-352-6950

250 W. Eisenhower, Ste. 110 Ann Arbor, MI 48103 www.mielderlaw.com Service: Elder law, Medicaid, estate planning, probate/trust administration, special needs planning.

#### Christopher Juillet, PLC Attorney at Law

#### 734-827-9450

2860 Carpenter Rd., Ste. 100B Ann Arbor, MI 48108 www.CJPLC.com

**Service**: Estate planning, probate and elder care legal services, including wills, trusts, powers of attorney, etc.

#### Daudi & Kroll, P.C.

#### 517-381-2663

4121 Okemos Rd., Ste. 10, Okemos, MI 48864 www.daudikroll.com

Service: Elder Law, Medicaid, probate, trust, family law, administration and estate planning.

#### **Elder Law and Advocacy Center**

#### 313-937-8291

12121 Hemingway Redford Township, MI 48239 www.nlsmichigan.org Service: Free legal workshops and services for seniors/caregivers & elder abuse prevention.

#### **Elder Law of Michigan**

#### 866-400-9164

3815 W. St. Joseph, Ste. C200 Lansing, MI 48917 www.elderlawofmi.org/benefits Service: Legal, housing counseling, pension rights, financial help, food, MiCAFE benefits. Eligibility: Varies by program, statewide. All programs are available at no charge.

#### Family & Aging Law Center

#### 248-278-1511

1100 Corporate Office Dr., Ste. 340 Milford, MI 48381 www.MIEstateLawyer.com Service: Nursing home Medicaid; Veteran's Aid & Attendance; personalized estate planning solutions & asset planning.

## Family and Elder Law of Mid-Michigan, P.C.

517-351-6222

4169 Legacy Pkwy., Ste. A, Lansing, MI 48911 www.family-elder-law.co

Service: Estate, Medicaid, and Long-term care planning, advocacy and administration. Eligibility: Mid-Michigan residents needing long-term care legal guidance.

#### **Garrison LawHouse PC**

#### 313-563-4900

1800 Grindley Park St., Ste. 6 Dearborn, MI 48124 www.law-business.com Service: Long-term care, estate and Medicaid planning; Probate/Estate Administration.

#### Glenn R. Matcun, PC

#### 517-548-7400

915 N. Michigan Ave., Ste. 6, Howell, MI 48843 www.michiganestateplans.com
Service: Estate and Medicaid Planning,
Probate, Guardianship, Conservatorship.
Eligibility: Free initial consultations.

## Great Lakes Legal, Inc. - Elder Law Division

#### 313-937-8282

12121 Hemingway, Redford, MI 48239 www.greatlakeslegal.org
Service: Practice all areas of mediation but specialize in elder mediation.

#### John A. McDermott, Attorney at Law

#### 734-433-9490

310 N. Main St., Ste. 130, Chelsea, MI 48118 www.McDermottelderlaw.com
Service: Trusts, Wills, Durable Powers of Attorney. Medicaid Planning.
Veteran's Benefits.

#### Law Offices of Michael E. Brandt, PLC

#### 734-755-0284

105 E. Front St., Ste. 102, Monroe, MI 48161 **Service**: Estate planning, wills, trusts, powers of attorney, Medicaid planning, veterans benefits, guardianship, conservatorship, probate and disability planning.

#### **Legacy Law Center**

#### 734-995-2383

 $2950\,S.$  State St., Ste. 300, Ann Arbor, MI 48104 www.legacypllc.com

**Service**: Ann Arbor law firm specializing in Estate Planning, Elder Law, Medicaid and Probate.

## Legal Services of South Central Michigan

#### 888-251-1598

1118 A S. Telegraph, Monroe, MI 48161 www.LSSCM.org

**Service**: We provide legal assistance to seniors, including power of attorney and

wills (no trusts).

**Eligibility**: 60 years old and above; Lenawee or Monroe resident.

#### **Mannor Law Group**

#### 800-990-6030

805 Oakwood Dr., Rochester, MI 48307 www.MannorLawGroup.com Service: Medicaid, Veteran Benefits, Wills, Trusts, Estate Planning, Legal and Long-Term care planning. Eligibility: Anyone in need of life planning and postmortem planning.

#### Michigan Long-Term Care Ombudsman

#### 866-485-9393

www.MLTCOP.org

**Service:** We represent the interests of residents and monitor the development of federal, state, and local laws, regulations and policies.

#### **Mobile Legal Services**

#### 734-407-7657

43144 Main St., Ste. 2300AA, Novi, MI 48375 www.movilelegalservices.com Services: Elder Law, Medicaid, Estate Planning, Special Needs Planning, Probate.

#### Monroe County Senior Legal Services

#### 734-241-7644

1126 S. Telegraph Rd., Monroe, MI 48161 www.mcsls.org
Service: Legal services for low income and needy individuals. Includes advice, drafting and representation.

Eligibility: Monroe County resident, age 60 and over.

## Nawrocki Center for Elder & Family Law

#### 810-229-0220

10299 Grand River, Ste. N, Brighton, MI 48116 Service: Estate planning, wills, trusts, power of attorney, Medicaid planning, veterans benefits, guardianship, conservatorship, probate and disability planning.

#### Rutkowski Law Firm

#### 248-792-9193

40950 Woodward Ave., Ste. 130 Bloomfield Hills, MI 48304 www.rutkowskilawfirm.com **Service**: Estate Planning, Elder Law, Asset Protection Planning, Wealth Preservation.

#### The Elder Care Firm

#### 888-390-4360

8550 W. Grand River Ave., Ste. 200 Brighton, MI 48816 3200 Greenfield Rd., Ste. 300 Dearborn, MI 48120

Americenter 28175 Haggerty Rd., Novi, MI 49377

Regus Office Center 2723 S. State St., Ste. 150, Ann Arbor, MI 48104

Americenter 7 W. Square Lake Rd. Bloomfield Hills, MI 48302

Americenter 39111 Six Mile Rd., Livonia, MI 48152

**Executive Office Suites** 2836 W. Jefferson, Ste. 105, Trenton, MI 48183 www.TheElderCareFirm.com Service: Helping seniors, veterans, and families avoid long-term care costs.

#### **RAMPS**

#### **Homeowners Services of America**

734-944-3337

199 W. Michigan Ave., Saline, MI 48176 www.hsa-remodel.com Service: We provide consulting and installation of ramps, stair glides, chair lifts, etc.

#### REAL ESTATE

#### **3DX Real Estate**

517-861-7064

421 Mill Pond Lane, Brighton, MI 48116 www.DownsizeMi.com Service: Certified Senior Real Estate Specialist-Licensed Realtor, free consultation.

#### **Brookview Realty**

586-201-5193

623 N. Main St., Rochester, MI 48307 www.seniorrealtyexperts.com Service: Senior Realty Experts focused on assisting transition to senior housing.

#### **Keller Williams Home Realty**

248-266-5628

30500 Northwestern Hwy., Ste. 300 Farmington Hills, MI 48334 www.twinborn.kw.com Service: Seniors Real Estate Specialist. Assisting seniors with housing transition decisions.

#### **SOCIAL AND RECREATIONAL RESOURCES**

### **Berlin Senior Center**

734-586-7590

8000 Swan View, Newport, MI 48166

Service: Open Tuesdays from 10:30 AM to 4 PM, hot meals served at noon. Games, cards, bunco and more.

#### **Brighton Senior Center**

810-299-3817

850 Spencer Rd., Brighton, MI 48116 Service: Located at Miller School off Spencer and Church Streets. We offer information and referral. Eligibility: 50+.

#### Care Box Co.

248-912-0020

www.careboxco.com

Service: Gift care boxes for your aging loved ones.

#### **Chelsea Senior Center**

734-475-9242

512 Washington St., Chelsea, MI 48118 www.chelseaseniors.org

Service: Join us for activities and lunch. Eligibility: Seniors age 50+.

#### **City of Huntington Woods Community Center**

248-541-3030

26325 Scotia Rd. Huntington Woods, MI 48070 www.HWMI.org

Service: Transportation, weekly luncheons, blood pressure clinics, annual health fair, pen pal program, etc. Eligibility: Huntington Woods resident, age 55 and over.

#### Civic Park Senior Center - Livonia

734-466-2555

15218 Farmington Rd., Livonia, MI 48154 www.ci.livonia.mi.us

Service: Drop-in senior citizen center. Eligibility: Residents and non-residents of Livonia. No age requirement.

#### **Detroit Area Agency** on Aging (Region 1A)

313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

www.detroitseniorsolution.org

**Service**: Nonprofit supporting Health/ Wellness classes--various locations: Caregiver education; diabetes, arthritis and chronic disease management; falls prevention, heart health, general fitness. Eligibility: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. See our ad on page 3.

#### COMMUNITY RESOURCE CENTERS OF **DETROIT AREA AGENCY ON AGING:**

#### **NSO Northwest Wellness Center**

313-864-7828

18100 Meyers Rd., Detroit, MI 48235 www.nso-mi.org

#### **People's Community Services**

313-875-5230

8625 Joseph Campau St. Hamtramck, MI 48212 www.pecose.org

#### The Helm at the Boll Life Center (formerly known as Services for **Older Citizens**)

313-882-9600

158 Ridge Rd., Grosse Pointe Farms, MI 48236 www.helmlife.org

#### St. Patrick Senior Center

313-833-7080

58 Parsons St., Detroit, MI 48201 www.stpatsrctr.org

#### **Fading World Music**

517-625-7130

3763 W. Britton, Perry, MI 48872 www.fadingworldmusic.com Service: Musicians for Clinton, Eaton, Ingham, Genesee, Ionia and Livingston counties. Eligibility: Age 65.

#### Frenchtown Center for Active Adults

#### 734-243-6210

2786 Vivian Rd., Monroe, MI 48162 www.frenchtownsenior.com Service: Recreational, exercise, and social

opportunities. Breakfast on Thursday, lunch M-F. \$3.00 each for 60+ under 60 slightly more.

Eligibility: Monroe County residents 55+. Hours: 8:30 AM - 4:00 PM, M-F.

#### **Hartland Senior Activity Center**

810-626-2135

9525 Highland Rd., Howell, MI 48843 www.hartlandseniorcenter.org **Service**: Ftness, sports, creative arts and social programs for seniors age 50+.

#### **Howell Senior Center**

517-545-0219

925 W. Grand River, Howell, MI 48843 www.howellrecreation.org Service: Penny bingo, euchre, cribbage and bridge club. Coffee hour every day, as well as active classes. Travel information also.

#### **Madison Heights Active Adult Center**

#### 248-545-3464

29448 John R, Madison Heights, MI 48071 www.madison-heights.org/279/Active-Adult-Center

Service: Transportation,day/overnight trips, health/fitness, socialization, events, classes, home assistance and more!
Eligibility: Madison Heights residents and area individuals age 50 and over. Some services for disabled individuals and service men and women.

#### **Monroe Center for Healthy Aging**

#### 734-241-0404

15275 S. Dixie Hwy., Monroe, MI 48161 www.monroectr.org

**Service**: Social, recreational, exercise and volunteer opportunities. Breakfast and lunch every day and supper four nights each week. Open 365 days a year.

**Eligibility:** Membership is open to Monroe County residents who are 55 years of age or older. Associate members pay higher fees.

#### Next - Your Place to Stay Active & Connected

#### 248-203-5270

2121 Midvale St., Birmingham, MI 48009 www.birminghamnext.org

**Service**: Education, fitness, travel, creative activities, information/referral and much more.

Eligibility: Membership open to everyone 50+.

#### Older Persons' Commission

#### 248-656-1403

650 Letica Dr., Rochester, MI 48307 www.opcseniorcenter.org Service: OPC - A Great Place to be 50+!

## Pittsfield Twp. Community/Senior Center

#### 734-822-2117

701 W. Ellsworth Rd., Ann Arbor, MI 48108 www.pittsfield-mi.gov/

**Service**: Day trips, wellness activities, social groups, educational opportunities & lunch program.

Eligibility: Pittsfield Twp. residents and non-residents, age 50 plus.

#### **Putnam Township Senior Center**

#### 734-878-1810

350 Mower, Pinckney, MI 48169 Putnamtwp.us/dept-senior-center **Service**: Social, recreational, education and nutrition programs offered. Exercise, bingo, cards, monthly parties, assistance and travel are available.

**Eligibility**: No membership fee. All 55+ welcome.

#### Resident Reach

#### 248-430-5488

19507 Chalk Dr., Macomb, MI 48044

www.residentreach.com

**Service**: Daily check-in calling service. Calls made by real people no machines.

#### **Royal Oak Senior Center**

#### 248-246-3900

3500 Marais, Royal Oak, MI 48073 www.ci.royal-oak.mi.us

**Service**: Opportunities for life-long education, fitness, nutrition and leisure activities.

#### Saline Area Senior Center

#### 734-429-9274

7190 N. Maple Rd., Saline, MI 48176 www.salineseniors.org

**Service**: Enriching seniors' lives through daily programs, educational and recreational opportunities.

#### **TRANSPORTATION**

#### Affordable HomeCare

#### 248-419-5010

www.affordablehomecare.org

Service: Since 1989, we've helped seniors stay independent and in their home. Hourly or Stay-In including companionship, personal care, light housekeeping, meal preparation, medication reminders, and errands. We are the future of home care!

See our ad on page 7.

#### **Advantage Mobility Outfitters**

#### 734-595-4400

33073 Michigan Ave., Wayne, MI 48184 www.advantagemobility.net Service: We install and deliver high quality automotive adaptive solutions that fit individual needs.

## Ann Arbor Area Transportation Authority

#### 734-973-6500

2700 S. Industrial Hwy., Ann Arbor, MI 48104 www.theride.org

**Service:** Public Transit in the cities of Ann Arbor and Ypsilanti, Pittsfield, Superior and Yspilanti Townships. Door-to-door, shared-ride services for seniors and individuals with disabilities.

#### Area Agency on Aging 1-B

#### - myride2 Mobility Management

#### 855-697-4332

29100 Northwestern Hwy., Ste 400 Southfield, MI 48034

#### 855-697-4332

39090 Garfield, Clinton Township, MI 48038 myride2.com

Service: Nonprofit service helps seniors

and people with disabilities find transportation options and arrange rides. Consultation is free, but participants must pay transportation providers directly. **Eligibility**: Serving Macomb, Oakland, and Wayne counties.

#### See our ad on the outside back cover.

#### Detroit Area Agency on Aging (Region 1A)

#### 313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

#### www.detroitseniorsolution.org

Service: Free consultation for transportation options, including rideshare arrangements for seniors and people with disabilities. Participants pay providers directly.

**Eligibility**: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. **See our ad on page 3.** 

#### **Gresham Driving Aids**

#### 269-341-9566

3237 Miller Rd., Kalamazoo, MI 49001 **Service**: We provide new and used wheelchair modified vans, driving controls and lifts for all vehicles.

## Lake Erie Transportation Commission

#### 734-242-6766 or 888-664-5984

1105 W. Seventh St., Monroe, MI 48161 www.lakeerietransit.com

Service: Public transportation - fixed routes and essential transportation services; all buses lift or ramp equipped.

Eligibility: 60+ years.

#### **Livingston Essential Transportation Service**

#### 517-546-6600

3950 W. Grand River Ave., Howell, MI 48855 www.co.livingston.mi.us/lets

**Service**: Livingston County's only Dial-aride service for all county residents. Buses are lift equipped.

#### **Loving Touch Transportation**

#### 855-312-2005

17097 17 Mile Rd., Clinton Twp., MI 48038 www.lovingtouchtransportation.com
Service: Non-Emergency wheelchair and Ambulatory transportation for seniors and their families. Statewide service.

#### Western-Washtenaw Area Value Express (The W.A.V.E.)

#### 734-475-9494

P.O. Box 272, Chelsea, MI 48118 www.RideTheWaveBus.org Service: Affordable transportation to older adults, persons with disability and other transit-dependent individuals in western Washtenaw County. Demand response and fixed routes available.

## VOLUNTEER OPPORTUNITIES

#### **Arbor Hospice**

888-992-2273

2366 Oak Valley Dr., Ann Arbor, MI 48103 www.arborhospice.org

Service: Compassionate volunteers needed to provide assistance to patients and their families. Extensive training provided.

See our ad on page 13.

## Eastern Michigan University - Elder Quest

#### 734-487-0227

215 Rackham Hall, Ypsilanti, MI 48197 www.emich.edu/elderquest

Service: Share your talents, skills and experience with students and faculty at Eastern Michigan University through our unique service opportunities available throughout campus.

Eligibility: 60 and older.

#### **RSVP of Washtenaw**

734-712-3625

Senior Health Bldg. 5361 McAuley Dr., Ann Arbor, MI 48106 www.csswashtenaw.org

**Service**: RSVP matches, places and supports people 55+ to volunteer roles in Washtenaw.

#### WELLNESS PROGRAMS

#### Detroit Area Agency on Aging (Region 1A)

313-446-4444

1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207

www.detroitseniorsolution.org

Service: Nonprofit supporting Health/ Wellness classes: Caregiver education; diabetes, arthritis and chronic disease management; falls prevention, heart health, general fitness.

**Eligibility**: Detroit, Hamtramck, Highland Park, Harper Woods and five Grosse Pointes. **See our ad on page 3.** 

### COMMUNITY RESOURCE CENTERS OF DETROIT AREA AGENCY ON AGING:

**NSO Northwest Wellness Center** 

313-864-7828

18100 Meyers Rd., Detroit, MI 48235 www.nso-mi.org

#### People's Community Services

313-875-5230

8625 Joseph Campau St. Hamtramck, MI 48212 www.pecose.org

The Helm at the Boll Life Center (formerly known as Services for Older Citizens)

313-882-9600

158 Ridge Rd., Grosse Pointe Farms, MI 48236 www.helmlife.org

#### St. Patrick Senior Center

313-833-7080

58 Parsons St., Detroit, MI 48201 www.stpatsrctr.org

#### United Methodist Retirement Communities - Chelsea Retirement Community

734-385-1323

805 W. Middle St., Chelsea, MI 48118 www.umrc.com/communities/chelsearetirement-community

See our ad on page 36.

## MARKETING TO SENIORS?



# Senior

OUR Senior Resource Guide can put YOU on Target!

- · All-Inclusive Guide to Provide Area Seniors Vital Info
- · Free Distribution through Healthcare Professionals
- · Win-Win for Advertisers, Providers and Seniors

#### —Will your business be included?—

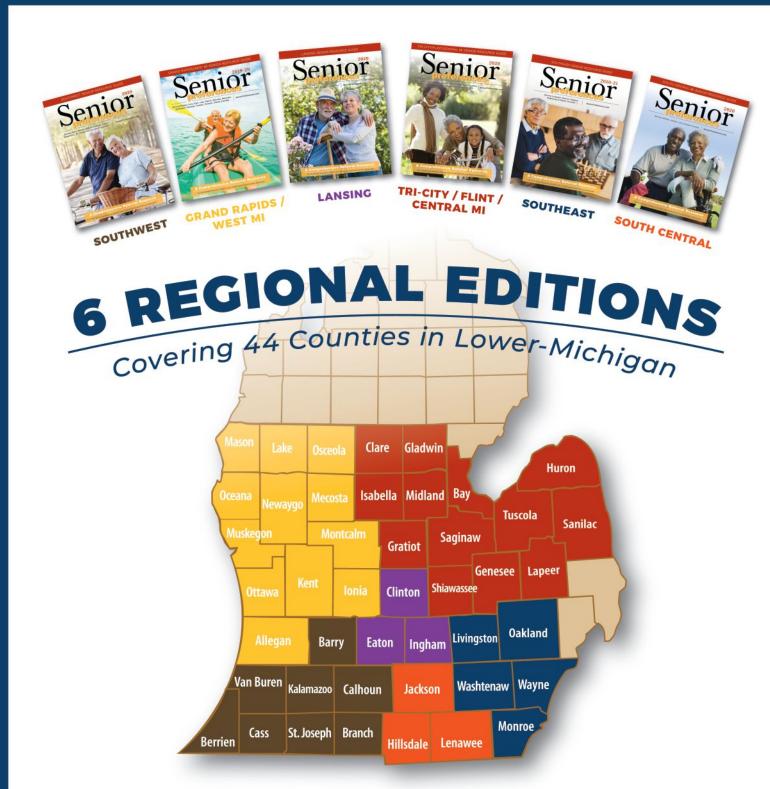
P.O. Box 1467, Jackson, MI 49204 800-837-2637 | Fax: 517-783-1288 info@seniorpreferences.com SeniorPreferences.com



These websites and toll-free telephone numbers may be of interest to older Americans and their caregivers:

AARP • www.aarp.org	888-687-2277
Adult Protective Services (Elder Abuse Hotline) • www.michigan.gov	
AIDS Hotline (Center for Disease Control) • www.cdc.gov	
Alzheimer's Association • www.alz.org	
American Cancer Society • www.cancer.org	
American Council of the Blind • www.acb.org	
American Diabetes Association • www.diabetes.org	
American Foundation for the Blind • www.afb.org.	
American Heart Association • www.americanheart.org	
American Lung Association • www.lungusa.org	
American Paralysis Association • www.paralysis.org	
American Parkinson's Disease Association • www.apdaparkinson.org	
Area Agencies on Aging Association of MI • www.n4a.org	
Arthritis Foundation (National) • www.arthritis.org	
Arthritis Foundation (State) • www.arthritis.org/chapters/mi	
Better Hearing Institute • www.betterhearing.org	
Blue Cross Blue Shield of MI Senior Helpline • www.bcbsm.com	
Cancer Information Service • cis.nci.nih.gov.	
Citizens for Better Care (Nursing home concerns) • cbcmi.org	
- Serving Clinton, Eaton, Hillsdale, Ingham, Jackson, and Lenawee Counties	
- Serving Bay, Clare, Genesee, Gladwin, Gratiot, Huron, Isabella, Lapeer, Midland and Shiawassee Counties	
- Serving Livingston, Monroe, and Washtenaw Counties	
- Serving Allegan, Berrien, Cass, Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Muskegon, Newaygo, Oceana,	000-033-9340
Osceola, Ottawa, and Van Buren Counties	800-782-2918
Do Not Call Registry • www.donotcall.gov	888-382-1222
Elder Care Locator • www.eldercare.gov	800-677-1166
Elder Law of Michigan, Inc. • elderlawofmi.org	866-400-9164
Energy Line (Info on assistance/Home Heating Credit applications) • www.michigan.gov/heatingassistance	
Eye Care America (Eye exams for non-insured seniors) • www.eyecareamerica.org	
Hear Now • www.sotheworldmayhear.org	
Internal Revenue Service • www.irs.gov	
Kidney Foundation (Michigan) • www.nkfm.org	
LeadingAge Michigan • leadingagemi.org	
Legal Hotline Michigan Seniors • www.legalhotline.org	
Medicare Service Center • www.cms.hhs.gov	
Michigan Adult Day Services Association • mimadsa.org	
Michigan Assisted Living Association • miassistedliving.org	
Michigan Association of Senior Centers • miseniorcenters.org	
Michigan Department of Treasury • www.michigan.gov/treasury	
Michigan Hospice and Palliative Care Organization • www.mihospice.org	
Michigan Long-term Care Ombudsman • www.michigan.gov/miseniors	
Michigan Medicare/Medicaid Assistance Program • www.mymmap.org	
Michigan Veterans Affairs Agency • michiganveterans.com	
Michigan's Coordinated Access to Food For the Elderly (MiCAFE)	
Multiple Sclerosis Society (Michigan) • mig.nationalmssociety.org	
National Health Information Center • www.health.gov/nhic	
National Organization of Social Security • www.nesscr.org	8NN- <i>4</i> 31-28N <i>4</i>
Parkinson's Foundation (Michigan) • www.parkinsonsmi.org	
Social Security • www.socialsecurity.gov	
The Senior Community Service Employment Program • doleta.gov/seniors	
Volunteer Opportunities: Senior Corp Hotline • www.seniorcorps.org	
Totalitoo opportunitios ocino our priotinio - www.soniorourps.org	

NOTES:		
SeniorPreferences.com		
1-800-837-2637		



The comprehensive referral resource guide used and distributed by discharge planners, social workers, case managers, Area Agencies on Aging, attorneys, physicians, and other healthcare professionals and patient advocates.



P.O. Box 1467, Jackson, MI 49204 800-837-2637 | Fax: 517-783-1288 info@seniorpreferences.com SeniorPreferences.com

IF YOUR BUSINESS SERVES THE SENIOR POPULATION, CALL TODAY FOR DETAILS ON A FREE LISTING!

# Helping you navigate your Medicare options – Call us at 800-803-7174

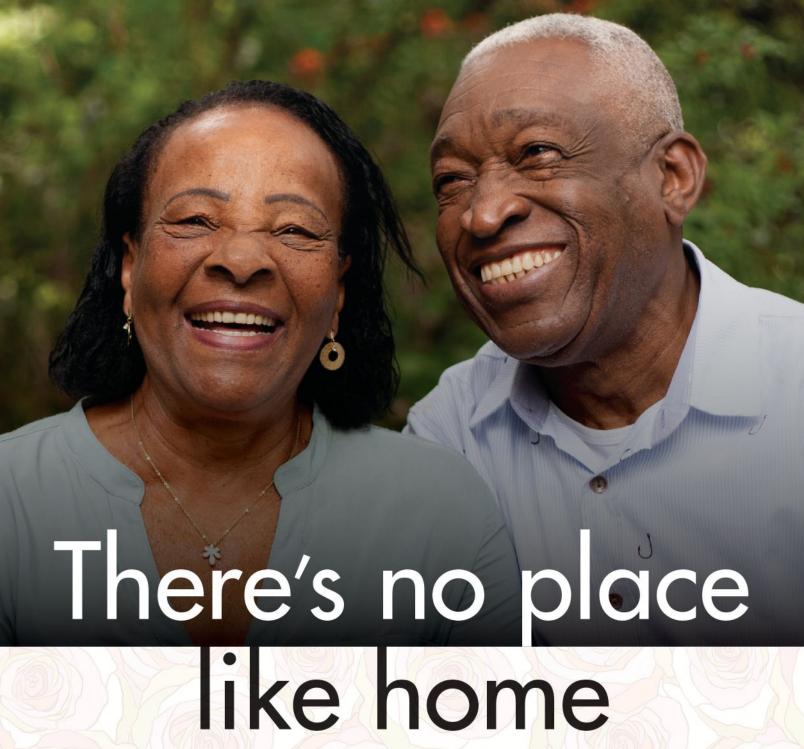


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The Michigan Medicare Medicaid Assistance Program (MMAP) is a free health-benefit counseling service, delivered by your local Area Agency on Aging, that can help you with your Medicare choices including:

- Understanding your Medicare insurance needs
- Comparing Medicare Part D Drug Plans
- Explaining Medicare Advantage Plans
- · Reviewing Medigap coverage choices
- Applying for help to pay for Medicare coverage including Extra Help for Medicare Part D, and the Medicare Savings Plan.



Helping seniors remain living at home with independence and dignity.

Connecting older adults and their families to the support they need: government-funded in-home care programs, Meals on Wheels, transportation and more.



Nonprofit serving Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

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